## LUSITANO BULLETIN

## The Publication of the Lusitano Club of California



VOLUME 25 ISSUE No. 4

**WINTER 2015** 



The Lusitano Board of Directors and Volunteers wishes you and yours a Very Merry Christmas and a Joyous, Healthy and Prosperous New Year!

## President's Message



#### Seasons Greetings!

Dear Members,

Merry Christmas and best wishes for a Happy New Year. May all of you and your families be blessed with good health and happiness.

Here we are approaching the end of another year. It has been a very busy, yet fun year starting with the Chinese New Year celebration and ending with our annual Christmas party which was well attended with over 300 people, plus a wonderful trip to the

Azores and lots of activities in between.

We had quite a few new members joining the club swelling the numbers well over 800, even though sadly we lost a few whom we remember with fondness.

The time has also come to pick a new Board as the one year term for existing directors will end in February. I will not be running for President for the next term due to personal reasons, but will stay on as a director.

I also want to express my appreciation to all our Board members and all the volunteers who continually give their own time to make this Club as successful as it has been and is today. Thank you!

This is also the time to make "*diabo*" if you have lots of leftovers from the holidays. See recipe on page 29 of this bulletin. Enjoy! Sincerely, Dorothy

#### Be Green! Go Lusitano e-Bulletin

If you are not currently on our e-Bulletin list and would like to get your Bulletin a week earlier via email and help us in cutting costs, please contact us at lusitanoclubusa@gmail.com

## 2016 Lusitano Scholarship Grant

Lusitano offers two \$1,000 scholarship grants each year towards a trade school or college tuition for Lusitano members ages 18 & over. Applications for the school year 2016-2017 are available via email to lusitanoclubusa@gmail.com with a deadline date of July 31, 2016.

#### 2016 Calendar of Events

#### LUSITANO

**Sat, Feb 6:** Annual General Meeting & Elections/Chinese New Year Dinner Dance, Macau Cultural Center, Fremont

Sat, March 12 \*: Casino Trip to celebrate Portuguese Immigrant

Week (please call Tila at 415.6613027 for details)

Sat, April 23 \*: Annual Clambake, San Mateo Beresford Park

Sat, Jun 11: Dia de Portugal, Kelley Park, San Jose

Mon, Jun 13: Portuguese Heritage Night SF Giants, AT&T Park

Sat, July 23 \*: Annual Picnic, San Mateo Beresford Park

Aug 19-21: Russian River Camping/Canoe Trip

Sat, Oct 29: Cooking Class/Halloween Party, "MCC", Fremont

Nov 27 - Dec 3 \*: Macau Encontro Trip (with pre-side trips)

Sat, Dec 10: Annual Christmas Party, San Mateo Elks Lodge

#### MACAU CULTURAL CENTER

Sun, Mar 6: Mandarin Classes (2nd series every other Sunday)

Feb/March: Portuguese Classes (6th series every other Sunday)

Fri, May 20 \*: Conference on Macanese Identity, U.C. Berkeley

Sat, Jun 25 \*: Dia de Sao Joao Mass & Lunch, "MCC", Fremont

Sun, Oct 16: Nossa Senhora de Fatima Mass & Lunch

\* Tentative dates subject to confirmation

If you need a ride or can offer a ride to a fellow member to any of these events please let us know. It is very much appreciated.

Final call! December 31, 2015 is the last day to forward all family data to be included in the next edition of the Familias Macaenses. It is vital that our Macaense ancestry be well documented and included. Please email Dr. Jorge Forjaz now at jorge\_forjaz\_genea@hotmail.com

## **2016 Membership Dues Reminder**

All membership dues for 2016 are now due regardless when you joined except for new members approved Sept. 1, 2015 and after. Please mail your membership dues payable to Lusitano Club c/o Chris daRoza, 1120 Landing Lane, Millbrae, CA 94030

Members (ages 19-61) \$20 Seniors (ages 62 & over) \$10 Youths (ages 12-18) \$10 Canada & overseas members \$25

# LUSITANO ANNUAL GENERAL MEETING (AGM) & ELECTIONS OF DIRECTORS & OFFICERS SATURDAY, FEBRUARY 6<sup>TH</sup>, 2016 3:00PM MACAU CULTURAL CENTER

109 J St. (corner of Niles Blvd), Fremont, CA 94536

Our AGM is held once a year where a new Board will be elected for a 1-yr term with a maximum of 5 consecutive terms. Please join us and contribute your ideas. If you are unable to come, please mail in your proxy to be received by Feb. 5th as we need at least 20% of our membership to vote by ballot or proxy at the meeting to elect your new Board. Only members as of Sept. 30, 2015 and over age 18 are eligible to vote and will receive a ballot/proxy to vote. If you have not received your form, please contact one of us.

#### The nominees for the 2016 Lusitano Board are as follows:

Director & President: Maria Roliz

Director & Vice-President: Maria Joao da Cruz

Director & Secretary: Jessica Xavier

Director & Treasurer: Chris daRoza

Directors: Vic Boisseree, Michael Carion, Ricardo Collaco, Dorothy Oliveira & Leonardo Xavier

Our sincere gratitude to Nuno da Cruz and Annie Puska who have served 5consecutive terms on the Board and thus will not be eligible to run in 2016. Their dedication and time are greatly appreciated.

# LUSIVANO CHINESE NEW YEAR DINNER DANCE

SATURDAY, FEBRUARY 6TH, 2016 5:30-10PM MACAU CULTURAL CENTER

Come join us for Dinner & Dancing as we welcome in the Year of the Monkey & our 2016 Board of Directors

**Cost: Members \$15.00 / Non-members \$20.00** 

RSVP to Tila at 415.6613027 or Tiladanenberg@comcast.net and mail check payable to Lusitano by Jan. 20<sup>th</sup> to Chris daRoza, 1120 Landing Lane, Millbrae, CA 94030

## **Word Scramble**

Winter is finally here! Find the words below scrambled across, backwards, diagonally, upwards or downwards of fun winter activities.

SNOWBOARDING ICE HOCKEY SNOW ANGELS SNOWBALL FIGHT ICE SKATE ICE FISHING SKIING SMORES SLEDDING SNOWSHOEING HOT COCOA GINGERBREAD

LUGE BAKING CRAFTING CAROLING SLOPES SNOWMAN

Е K Е I  $\mathbf{C}$ Η O C Y M R I Α O T S S W S L O P Е S G Α O C O C O Η N Q N Α T  $\mathbf{Z}$ Е R U G N Ī L O R C S Y O S R X Т S L E D I N G R 0 D G S G Q N O W Α N Ε N Α W Ε R Τ Ι N Α T S E  $\mathbf{C}$ Y S T Y U I J I F Q D O N Η W W Η F S N O L F T W В Α L I G Η F Α Е O G N V U В D V В N M C E Ι S N W S E G N R E Η O O W В M R I N IJ G Т I J W M I Α G Α Ε K S B F G Α Y K M 0 K R Η K R I E. N N Α K R E Η O L U G L Α R L D Η I T В Τ A E  $\mathbf{C}$ U P I J Τ I S I M P N Е Y N Y Α R Α N Т S N K G U L S E T L В O N O U D N M N P В I Y N R G N I I K S Y E E

## Halloween Party

by Vic Boisseree



Halloween, or Hallowe'en, a contraction of "All Hallows' Evening", also known as All Hallows' Eve or All Saints' Eve, is a yearly celebration observed in a number of countries dedicated to remembering the dead, including saints (hallows), and all the faithful departed believers. Halloween

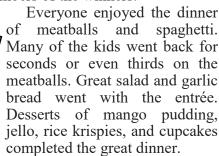
activities include trick-or-treating, attending costume parties,

decorating, carving pumpkins and games.

The Lusitano Halloween party on October 25th this year welcomed kids and their parents dressed in creative or costumes of choice. Relevant and apposite decorations completed the setting for a "spooky" party. *The kids had a great time!* They enjoyed games and musical chairs with Annie Puska controlling the music with her husband's assistance in keeping it organized and fun for all. The adults didn't want to be left out of the games and also participated in musical chairs. Quite surprisingly, no chairs were damaged by the adults. Later on, the little ones, and only the

little ones were involved in the raffle drawing. They took turns pulling and





Another year, another successful and fun party for all.



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## **Annual Christmas Party**

by Sheila Jun



Christmas cheer was in the air, from the very beginning as 300+ attendees started to stroll in early evening of December 12<sup>th</sup>. As they found their assigned tables, they were served chilicotes and calikoks by the San Mateo Elks Lodge prepared by our President Dorothy and crew.

Santa was early, due to good tailwinds from the north. Giggles, oohs and aahs as the children opened their gifts. After the American and Portuguese anthems were sung with pride by Tracy and Nuno, a sumptuous buffet was served, followed by a welcoming vanilla ice cream with chocolate sauce. The Taft Avenue Band was out of this world as they broke out with their music. The atmosphere was electric as people filled the dance floor as soon as their meal was done. As the adults danced the night away, the children were entertained with a Magic Show by Scott Brian Productions. The fun was contagious and carried on to the raffle drawing. Maria and Jessica allotted the wins more in number than just 1st, 2nd and 3rd prize, but followed by a string of gifts to the delight of the red, green and blue ticket holders.

For this very successful festive evening, once again our heartiest thanks and gratitude to our President, Board of Directors and all the hardworking elves behind the scenes. The merriest Christmas to all and a New Year filled with dreams come true and new ventures.



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#### Macau Cultural Center "MCC"

by Maria C. Roliz, President "MCC"

#### Macau Gultural Genter Update

Our ballroom hall continues to be well booked for party rentals on the weekends while not in use by our 3 USA Casas. With a steady monthly rental income from Niles Yoga, Fremont Arts Association and Niles Ice Cream, we show a positive year and finally able to apportion some funds to get our ballroom floors professionally refinished last week by National Floors. They now look beautiful and ready for use mid January when cured.

Thanks to our MCC Board of directors and volunteers for their invaluable time in keeping the MCC well maintained. Thank you also to our generous donors throughout the year in helping us in preserving our cultural legacy. Remember, for each \$100 donation or more to the MCC you will be remembered on our "Friends of the MCC" lobby plaque. Please consider making a donation today.

We wish you a joyous and healthy year ahead.

Sincerely, Maria C. Roliz, President

#### Celebration of Nossa Senhora de Fátima



On Sunday October 11, members of our three USA Casas celebrated mass at St. Anne's Church followed by a luncheon in Rossmoor hosted by the MCC in celebration of Nossa Senhora de Fátima. It was 98 years ago October 13th that our Lady made her final apparitions to the 3 children of Fatima, a day on which the extraordinary "Miracle of the Sun" occurred with 70,000 witnesses.



Mandarin is the # 1 most spoken language in the world. Since 1999, Mandarin has been gaining ground in Macau even though Portuguese and Cantonese remain the official languages. Thanks to the financial assistance from

Fundação Jorge Alvares, the Macau Cultural Center started its first series of six Mandarin

of six Mandarin classes on October 18th. Ms. Jiani Zhang, our Mandarin teacher, is full of energy and has made it a very fun and enjoyable learning experience for the class. The next series will be starting again on March 6, 2016 every other Sunday. Cost \$20. Please contact Elsa

Pertuguese Classes We have done very well with our Portuguese Language and Culture classes last two years thanks to Fundação Luso-Americana para o Desenvolvimento (FLAD) and our wonderful teachers, Prof. José Luis da Silva and Aurelio Dias-Ferreira. We plan to start back our 6th series of five Portuguese classes early 2016. This is a great opportunity to learn the language and culture especially at this subsidized cost of only \$20. Please contact Maria at macauculturalcenter@gmail.com or call 415-990-5534 if you are interested in signing up for the classes.

Denton at elsadenton@yahoo.com or 415-385-7499.

#### Macau Cultural Hall Rental Rates

Casa members: \$400/day General public: \$700/7 hrs Email macauculturalcenter@gmail.com or call 415.9905534 Maria

#### Become a "Friend of the Macau Cultural Center"

Donations are greatly appreciated to help maintain our Cultural Center owned jointly by our three USA Casas for the preservation and promotion of our Macanese Culture and Heritage. Become a "Friend of the Macau Cultural Center". Donations can be mailed to Macau Cultural Center, 582 Market St #1905, S. F., CA 94104.

## Our Lusitano Trip to the Azores September 17 - 25, 2015

By Margaret DeGraca Photos courtesy of Huitier Choi



Toronto: As we were flying from Toronto to the Azores Islands, some of us decided to arrive there a few days earlier, to sightsee and visit friends and relatives. Maria and Hunter rented a SUV and Eric as the co-pilot we were able to see this beautiful city. We were awed by the sheer size of it and unlike most big cities it was clean, orderly and easy to get around. Its past history so proudly preserved around Lake Ontario and yet seemingly completely at home with the new. Places we saw included Lake Ontario, the old whiskey distillery (now restaurants

and boutiques), the University, Chinatown, and of course the magnificent Niagara Falls. The weather was perfect and after viewing them and getting pretty wet by the spray, we continued on to see the nearby whirlpool where the river makes an abrupt 90 degree turn, and also the Floral Clock.



We were wined and dined by old friends, Aurea and Ken Meyer, who treated us to a Malaysian dinner. Lucy and Peter Zunn made us welcome in their home which we used as a resting place between meals. We saw many Asian shopping centers, and the Zunns treated us to different ethnic Chinese foods. Casa de Macau of Toronto welcomed us like family to their clubhouse and pulled out all the

stops with a delicious traditional Macanese dinner. Maria and Dorothy presented Aurea, the Casa President, with a crystal cable car as a token of our friendship and unity. It was a wonderful way to see





old friends. Thank you one and all for a most memorable evening.

Fourteen of us left Toronto on the evening of the 14<sup>th</sup> filled with anticipation and arrived at Ponta Delgada Airport, San Miguel Island in the early morning of the 15th. We were met at the airport and taken to our hotel Açores Atlântico and were able to check in early.



**Azores:** These Nine Islands are of volcanic origin and are at the meeting point of the European, African and American tectonic plates. Situated approximately in the middle of the Atlantic Ocean between Lisbon and New York. Discovered by Captain Diogo de Silves

in 1427, with a present population of about 250,000 scattered over the nine islands. Their early ancestors left war torn Europe and starvation to come to these barren islands to find a place of safety and to ply their trade. Most were fishermen and farmers, hardworking and strong, and the very first thing they had to do was clear the fields of millions of tons of volcanic rock spewed over every inch of the ground through the ages. They were resourceful and used the rocks to build stone walls to divide the fields. The rich volcanic soil could grow just about anything. Today they appear as green patchwork quilts on every acre of the islands whether in craters, on mountain slopes, and even down to the craggy coastline. Also, the fact that the Gulf of Mexico travels across the ocean to the Azores bringing with it warmer water and milder temperatures makes for an idyllic confluence of factors to make the Azores the unique place that it is today. A truly priceless string of islands almost pollution free, except for the half million cows and steers who make it their home and create their own pollution.

15<sup>th</sup> The first venture into the city of Ponta Delgada was to find a place for breakfast and the cobblestoned, black and white patterned streets led us straight to San Marco Patisserie. What a wonderful way to start our stay in the city of Ponta Delgada. San Miguel Island was first settled by Portuguese fisherman five centuries ago chosen because of its safe coves. It has been San Miguel main port ever since. It was easy to fall in love with the Ponta Delgada (long point); compact, walker friendly, clean and with a quiet confident allure. We were thrilled to be in the Azores at last, and soon knew our way around town and all the side streets shops. By the time we left, we could give directions and recommendations for restaurants to visitors from cruise ships. The architecture is magnificent with old and new comfortably side by side; it's centuries old churches, government



buildings, university, parks and the majestic sea promenade on which our hotel was located fit together like a beautiful mosaic of life. We walked off our dinner each evening by going to Los Arcos (three gates denoting the entrance to the city) to enjoy local folk dancing, music, and sit in the Matrix Plaza and watch the world go by; which reminded me of Italy, Portugal or Spain. That evening, we met a young policeman outside the local police station; he said that it was completely safe to walk around the city. He asked where we were from; we told him originally from Macau, China and England but now reside in Canada, the United Kingdom and the USA. He was surprised that some of our group could speak Portuguese and we had to tell him where Macau was and its long association with Portugal.

16<sup>th</sup> We had an excellent breakfast in the hotel and as it was a day of leisure, we did our own thing, some had massages, and others rested or explored the city. We visited the old churches of Sao Peter

and Sao Sebastian and were saddened that so few people attended mass. We saw an old British style, but blue, telephone kiosk that is now a "take and return" library filled with books mostly left by tourists. Local island culture is treasured here, the old songs and dances have remained unchanged over centuries due to the isolation of the Azores from the mainland.

17<sup>th</sup> The official start of the Azores Tour. That morning, with the last arrivals of our group totaling twenty-six people now, we visited the Governor's Palace by special invitation of the local administrators of San Miguel whom Maria had met while in California. The huge mansion called the Palacio de Sant'Ana is situated high on a hill overlooking the ocean. Originally, the home of a wealthy plantation owners who made a fortune growing and shipping oranges to Portugal and Europe. When Spain took over the orange market; the Azores would not compete, who could want to pay for 800 miles of shipping costs?

Now the home of the President of the Government of the Azores, Vasco Alves Cordeiro; the huge salmon pink mansion sits high on acres of land planted with trees and plants from all over the world. Most brought to the Azores by sailing ships that plied the oceans of the old and new world. The more formal garden was designed by the same landscape architect who did the gardens at St. James Palace in London. The building itself has about 40 massive rooms with ceilings that are at least 20' high. No two rooms are alike and the ballroom could hold as many as 200 dancers. The Palacio is filled with antique treasures such as furniture from Goa, India, China, France and England and paintings and objects also reflecting the same influence and era. Fine handcrafted woodwork, very old blue and white tile murals and statuary were stunning! The grand staircase was my favorite, huge scenes of galleons, sailing ships and busy maritime activities in the port of Ponta Delgado in the 18th century adorned the walls; plus the iron sculptured/marble staircase itself was fashioned and painted with all kinds of fish, sea-life and plants, in gold leaf and glorious colors. After the private tour we were invited to a small pavilion where we formally welcomed and each given a gift bag containing post cards, and a lapel pin with the symbol of the Azores Islands; a hawk-like bird of prey which was so plentiful when the early settlers arrived. "Acores", is the Portuguese name of the bird and the islands were thus named. Maria and Dorothy presented a plaque to the Secretary of Foreign Affairs, standing in for the President who was attending a parliamentary



session on another Island, as a token of friendship, shared culture and interests from the Macanese community of California to the Government and People of the Autonomous Region of the Azores. The Secretary of Foreign Affairs said that the President would be proud to place it in his office.

Later we took an afternoon tour with a local guide who showed us the beauty of the Sete Cidades (seven towns) of San Miquel, each fiercely independent and loyal to its own. The panorama of lava rock mountains, extinct volcanos, sheer cliffs, green farmlands and very good roads lined with hedges of blue hydrangeas, belladonna, yellow ginger, and a little pink lily that blooms as the new school year starts, and is called, "Girls walking to School". We had lunch in the town of Sao Nicolau and saw two cowgirls herding a large group of cows through the town; it was a truly rare and rustic sight in this day and age. Later, we visited a pineapple plantation and learned how to grow pineapples in hot houses (very time consuming as it takes as long as four years to graft the plant and nurture them until they were ripe and ready to eat.) The sweetness and aroma surpassed any pineapple I have ever eaten.

18<sup>th</sup> We travelled north and around the Island today and saw so many natural wonders. The twin craters lakes of Sete Cidades, one green and the other blue, then on to Lagoa do Fogo a huge crater filled with rain water making it a natural reservoir, then to Furnas a spa built among smoky fumaroles, hot water springs and cooking spots. The specialty dish of the region is "Cozido", cooked by using the volcano's natural steam heat. Huge metal covered pots are buried in the earth for seven to eight hours. The food is layered as so: cabbage, kale and yams on the bottom, next the chicken, beef and rib steak, next carrots, sweet potatoes and potatoes, lastly, pork belly, blood sausage, chorizo covered with kale and cabbage leaves. We saw our pots being unearthed and it took two strong men to carry each pot. We then drove to the Hotel Saude in Terra Nova Park and ate huge portions of the delicious stew and walked it off in its stunning botanical gardens. Next stop was to Gorreana Tea Plantation where curved rows of brilliant green tea hedges grew right to the edge of the cliffs. We sampled some teas and they were delicious.





19th Was our last day in Ponta Delgado. Maria had been trying to arrange since our arrival at Ponta Delgada to dine at the restaurant "A Colmeia" owned by Fernando Neves, an old classmate and good friend of

Jose Luis da Silva, our Macau Cultural Center's Portuguese teacher. The restaurant was at Hotel da Colegia where it once used to be their old school and the neighborhood where Jose Luis grew up. Although the restaurant is usually closed that day, Fernando opened it just for our group with a special buffet luncheon where we all enjoyed our last dining experience in Ponta Delgada. With a few hours left before our departure to the next island, some took the opportunity to visit the Fort of San Francisco which is now a military museum devoted to the Angolan War; gruesome African spears still haunt my memory. Many islanders paid the ultimate price, but unfortunately, Portugal lost the war and was forced to leave its long held African colony. Our final stop was to see the oldest, and still in use, prison built in the 1600s. It sits right on the harbor and over the centuries prisoners have waved to passersby from their barred windows. A local resident told us that it will be soon named an UNESCO Heritage Site. That late afternoon we left San Miguel Island and flew to Terceira. It was dark when we arrived, the big airport impressed us; it also serves as an American Air Force Base. We sped through the center of the downtown of the city of Angra do Heroismo and arrived the hotel Terceira Mar in time for dinner.



20<sup>th</sup> Next morning we saw the beautiful grounds of the hotel, the large swimming pool adjacent to the ocean, and in the distance the once biggest Spanish Fort of Sao Joao Baptista that has played such a large part in the history of this island. Terceira (3rd in Portuguese) formerly



called Santo Christo, was the third island to be discovered, and to speak of Terceira is to speak of its capital, Angra do Heroismo which became the most important Portuguese and Spanish trade center of the 16<sup>th</sup> and 17<sup>th</sup> centuries. It was listed by UNESCO as a World Heritage Site in 1983. The treasure laden galleons that came from Asia, South America, and Africa were to make it an opulent and cosmopolitan city. Also, it beckoned pirates and privateers looking for good pickings, and many famous visitors such as Scientist Charles Darwin, Admirals Christopher Columbus and Sir Francis Drake to name a few. It was really the only strategic spot to replenish provisions and fresh water for hundreds of miles.

Today we set off on a full day tour of Terceira and saw among other things the extensive bay of Praia da Vitoria, a city which has witnessed so many historical battles. Along the rugged eastern coast we saw famous natural lava tidal pools. In the north we saw "Biscoitos" famous for its vineyards and wineries but also a family picnic area with the most popular lava swimming hole on the island; sometimes it's a beach/or pool depending on the tidal action. We ate lunch at a restaurant formerly the village grist mill; the mill stones



these clubs. Each Holy Spirit Hall is unique in style and is repainted a new color each year. Now, I understand the importance of the Holy Spirit Associations in California as most Portuguese here hail from the Azores Islands. One unique thing about Terceira is the bull ring, no fights occur, the farmers bring their bulls to congregate there and then set them loose to run havoc through the town. Much bravado is shown as young and old men try to outrun them, but finally scamper for their lives into shops, home gardens and alleys. One other beautiful custom is that the center-divide of town streets are decorated with wildflowers gathered earlier in the day, and become runner carpets.

21<sup>st</sup> Our morning walking tour of Angra (meaning mill in Portuguese, the first one was built in the 1500's) started with a visit to the City Hall/Senate where we heard about the founding of the city and the high esteem it had during the Portuguese Civil War. The city successfully backed King Pedro when his brother tried to usurp him, and sent troops to fight in the war. Angra was given many awards and honors by the Royal Family including adding "do Heroismo" to its name. Angra exudes history and splendor with every step you take. Its fine architecture, places of learning, parks and everything that makes a city great is right there. It has a refinement of its own and along with the graciousness of its people, I felt privileged to be there. Our dear friend, Dr. Jorge Forjaz, met us on the Se Cathedral steps and gave us a personal guided tour of this beautifully restored, old Franciscan church that was originally built in the early 1600s to serve as the Bishop's Seat. The Cathedral, the soul of the city was severely damaged by an earthquake on January 1, 1980. Through the generosity of many donors and benefactors throughout the Azores and beyond and much hard work, it was rebuilt to be better and safer than ever in just three years. This holy place has served the spiritual and corporal needs of its parishioner's for hundreds of years.

That evening we were the guests of the Forjaz family for dinner. When we arrived, the family welcomed us, Margarida, Jorge, daughter Ana Barbara, her husband and teenage daughter, and son Gonzalo, his wife Marta and their little boy William. The gala evening started outside in a very private patio garden complete with fountain and exotic trees, and we were served delicious appetizers and wine by a good family friend; this gave us time to socialize and meet the family. Later in the main house, we ate a sumptuous meal of the most delicious Portuguese food ever! The most touching part



of the meal was that each member of the family had personally prepared an entrée and/or a dessert. This lovely home has held five generations of Dr. Forjaz' mother's family over three centuries, and the furnishings and family collections all have their history in-tact and in-situ. I could have spent days there taking it all in. Finally, we had to say goodnight and we all left happy and a little sad the evening was over.

22<sup>nd</sup> We flew from Terceira to the city of Horta, Faial Island, which was our land base for the next three days at the Faial Resort. This once great city looked old, drab and completely in need of restoration. The people of course were lovely and we did eat some delicious meals. We had a guided afternoon tour and learned that the capital city, "Horta" was named after a Flemish Seafarer Josse Van Huerter who settled here and introduced windmills to the island. Like all the islands, Faial is beautiful with its bays, cliffs, farms and meadows and flowers. It is the twin sister of the Island of Pico which is just a few miles across the strait. It has one large volcano, called Cabeco Gordo, whose crater drops over 1,300' with walls covered with primitive vegetation such as cedars, junipers, ferns and mosses that are almost extinct on the other islands. It has a wide harbor and is presided over by the castle of Santa Cruz. In 1755, when Captain James Cook weighed anchor in nearby Porto Pim, Horta was already

a prosperous trade center. Repeatedly attacked by pirates in its first years, it eventually became a service port for the whaling ships from New England who re-crewed their ships with local sailors. This was also a recuperation place for Carmelite, Franciscan and Jesuit missionaries from the Americas and the Far East. They were responsible for the magnificence of the churches and convents that dominate the city, which unfortunately are now mostly locked and unused. At the western end of the island we find Ponta dos Capelinhos where an undersea eruption created the most recent Azorean volcano in 1957-1958. Houses and fields were covered in ash, making the whole area a desert landscape even today. Another claim to fame was in 1893 when a submarine telephone cable turned the town of Horta into a communications hub linking Africa, Europe and America for the first time.

After breakfast, we took a very modern Transmacor car ferry from Horta to the Island of Sao Jorge with a short stop at Pico Island to load and unload passengers. On arriving at Sao Jorge we were met by a young university student who had been born in Sao Jorge but had lived in Winnipeg, Canada; the family moved back home to become dairy farmers. Sao Jorge Island the epicenter of the milk and cheese production of the Azores. There are three cows to every human and they produce 40% of the milk and cheese sent to the mainland. Each farmer owns his own cows and they are milked in their home fields. A blue milking trailer parks in the field and two by two the cows hop up. They are fed a treat during the milking process and a line of expectant cows happily await their turn, while the herd bull was tethered to a fence so he could supervise his girls. The milk is collected into steel drums that are picked up twice a day and taken to the sterile dairy plant, (which we toured) for testing and packaging and then flown to Portugal. The world famous and gold medal, St. George sharp cheese is the product of these happy cows. In my opinion, Azorean cows live in cow heaven with blue skies, unlimited grass, fair winds and magnificent scenery. There is so much more to St. George than dairy farming however, and we got to visit some of the villages and stopped at a cottage where ladies were plying their old looms; very time consuming but producing the most fabulous cloth. Then visited the site of the last eruption on the island in 1980, when the church of Sao Joao was completely buried by lava and is now a shrine. Sao Jorge is the most natural of the island chain and has managed to protect its original vegetation. The island has a feature that are called Fajas, flat projections of land that are at the bottom of the cliffs and the houses built on them are prime



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property; most cliffs run straight down into the ocean. After dinner we walked to the Velas Port and took the ferry back to Horta, Faial.

24<sup>th</sup> We took the 7:30 am ferry from Horta to Magdalena the main port of Pico Island. Pico has the highest mountain in Portugal and most often is encircled with a

halo of white clouds. Over all, this fog shrouded island gives it a mysterious and forbidding landscape. It rises gradually from sea level to the highest peak; at its foot we found tiny areas of black lava pens, where vines are planted with Verdelho and red varietals. The plants grow on the ground and are kept constantly warm by the heat collected on lava walls during the day. The island is often fog shrouded which gives it a mysterious and forbidding landscape. We drove up to the winding road to view the cone and crater-lake. Pico has infinite lakes and pastures where wild heather covers the ground. Pico has beautiful camping areas that are used by the locals, complete with huge stone barbecue pits, restrooms and pens with Reindeer like the ones in Lapland, so the children can see wild life which is non-existent in the Azores.

Until, only a decade ago, the people of this island risked their lives hunting whales in 30' wooden boats. Lago do Pico the oldest settlement was the most important whaling center of the Island. We visited the Whalers Museum and enjoyed its collection of scrimshaw and whaling implements. The coastal area is dotted with look-out points where whale spotting was essential to the fisherman, and today to the naturalists and scientists. Dinner near the pier, and then took the ferry back to Horta for some sleep; tomorrow will be a busy travel day for us all as some returned back to the States.

The Azores are nine emerald islands floating on a blue velvet sea with an amazing unspoiled natural beauty. The group was harmonious, and everyone said they will only travel with Maria in the future. She was our money changer, tour guide, foresaw our

needs, and was so gracious to us all. Thank you Maria and Hunter. Thank you also to Bonnie of Braga Travel for the fabulous trip arrangements.



#### This and That

# THE MACANESE COMMUNITY WELCOMES U.S. AMBASSADOR KEITH DA LUZ HARPER

By Nuno Prata da Cruz

On November 8, 2015 the U.S. Ambassador for the Human Rights Council - a branch of the UN, Keith da Luz Harper, was at the Macau Cultural Center in Fremont for a sumptuous home-cooked Macanese dinner prepared by siblings Ken and Kirk Harper, mother Doreen McKissack, and Germanda Britto. Proud parents Doreen and Dave and siblings Ken and Kirk along with many friends and well wishers were present to welcome him including the presidents of various clubs: Arthur Britto - Macau Arts Culture & Heritage Institute (event organizer), Maria Roliz - Macau Cultural Center, Dorothy Oliveira - Lusitano Club, Sandy Souza - UMA, Inc., Manuel Azevedo, Sausalito Portuguese Cultural Center.

A few weeks later, parents Doreen and David made a special trip to Geneva to see the new home of their son.

vith parents en and Kirk

U.S. Ambassador Keith Harper with parents Dave and Doreen and brothers Ken and Kirk

# JESUIT PRIESTS THAT MANY OF US KNEW IN SHANGHAI WHO WERE ARRESTED IN 1953

By Oscar Collaco

John W. Clifford, Joseph Gatz, John Houle, John Baptist Palm, Thomas Leonard Phillips, Charles Joseph McCarthy, Joseph Patrick McCormack, Aeden McGrath, Alain de Terwagne, James E. Walsh, George Wong, Louis Teteau, Gustave Prevost, Francis Thery, Francis Legrand, James Motte, Joseph Vos, Luis Bolumburu, Josef Beran, George Beauregard, Marie-Claire Bergere, Louis-Marie de Besi, Lazzaro Cattaneo, Fernand Lacretelle, Josepj Jean Deymier, Anthony Riberi, Paul Faury, Octavius Briere, Jacques Guillermaz, Yves Henry, George Germain, Ignatius Kung Penmei, Jean de Leffe, Celso Constatini, Vincent Lebbe, Beda Chang, James E. Walsh, Vincent Zhu Shude, Vincent Zhu-Hongsheng, Francis X. Cai Shifang, Thaddeus Cai Liangjia, Joseph Lu Dayuan, Joseph Song Zishen, Ignatius Zhu Zuoshi, Vincent Xy Zonghai, Anthony Wang Zhe, Louis Wang Rensheng, Michael Chu (Zhu Lide).

These and many other Jesuits serviced the major parishes:

Christ the King in the north, St. Peter's just to its south, St. Ignatius in Xujiahue (Siccawei) & Aurora to the west, and Sacred Heart to the east. Others not in Parish assignments were Administrators and Official Provincial Directors to the Jesuit Missions in China.

The American and many other foreign national priests who had not left after 1949, were imprisoned to solitary confinement and hard labor, immediately after the Communist takeover. So were many of the loyal Chinese Jesuits who resisted their severe indoctrinations and attempts to reform their staunch Catholic Faith.

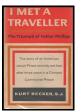
Father John W. Clifford, S.J. authored "In The Presence Of My

Enemies". The inspiring story of one American's victory over his Red Chinese captors. Father Clifford was born in San Francisco in 1917, took his M.A. in philosophy there and taught at the University of Santa Clara until 1946. He then fulfilled his ambition to go to China where he studied both language and theology in Shanghai. He was



ordained a Jesuit priest there in June 1950. He was arrested on June 15, 1953 and was thrown out of jail in June 15, 1956 by his enraged and frustrated captors, not having surrendered a confession or a single fragment of his integrity. This is a moving story of one man's resistance - it could be any man's resistance - to dehumanizing pressures. This is a primer on resistance to brainwashing.

Father Thomas Phillips, S.J. was imprisoned the same time as Fr. Clifford. His good friend, Fr. Kurt Becker, S.J. authored "I Met A



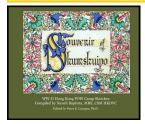
Traveller" (The Triumph of Father Phillips). The story of an American Jesuit Priest set free after three years in a Chinese Communist Prison. His tale as a man of God who was unjustly and criminally jailed, precisely because he was a man of God. It tells of his experiences in three of the most dreaded prisons in the world: the Shanghai prison of Loukawei, and Massenet, and Ward Road,

where agony is a constant companion, and death a constantly expected visitor. It is a story of a priest of God who was always of his priesthood, who fought against the obscenity that is Communism and exercised a hidden ministry which culminated in a secret conversation and a secret Mass. Fr. Phillips was released on June 15, 1956. He returned to the United States in August 1956, and was attached to the Jesuit University of San Francisco, as Student Counsellor, with occasional time off to conduct retreats for priests, religious, and laity in the San Francisco area.

#### **Books of Interest**

#### SOUVENIR OF SHAMSHUIPO

WWII Hong Kong Prisoner of War Camp Sketches compiled by Naneli Baptista Editor: Peter E. Campos, Ph D (Published October 2015)



I am pleased to announce a new publication of interest to the Macanese community. This is a photobook about Naneli Baptista and his collection of sketches by POWs during their internment at Sham Shui Po POW Camp during World War II. The book is entitled "Souvenir of Sham Shui Po" after the front

page of Naneli's journal of sketches. This is from the back cover: "This book presents a collection of sketches by Marciano Francicso de Paula "Naneli" Baptista and other prisoners of war interned by the Japanese at Hong Kong's Sham Shui Po Camp during World War 2. Naneli was a Company Sergeant-Major in the Hong Kong Volunteer Defence Corps (HKVDC) and, with members of the HKVDC as well as Canadian, British, and other Allied troops, spent four harrowing years under brutal conditions at Camp. Naneli kept a journal of sketches during his imprisonment; most were by him, but he also included other prisoners' artwork, notably fellow HKVDC members. Through these sketches the artists provide a valuable glimpse into daily camp life and memorialize those who defended the Colony. Included are memorials honoring those who fell or went missing in action, caricatures of camp activities and personnel, richly illustrated pages with signatures from fellow prisoners, and reproductions of art work from programs of the prisoners' brilliantly produced shows".

The 170 page book includes all these images as well as an introduction to Naneli and a Foreword by WW2 historian Tony Banham. It would be of interest to anyone who had a family member in Camp, and to those interested in the history of Hong Kong and of the contributions of the Portuguese in the region.

The book is available for purchase from Blurb.com:

http://www.blurb.com/books/6565502-souvenir-of-sham-shui-po

Cost: Hardcover copy at publication cost \$84.99 or instant PDF reproduction copy \$4.99. For further information, please contact the editor, Peter Campos, at pecdoc@gmail.com

# **VENTURE INTO THE UNKNOWN: LORETTO IN CHINA 1923 - 1998**

Author: Patricia Jean SL Manion (Published 2006)

One of the Loretto Sisters, Sister Patricia Jean SL Manion, wrote a 344-paged book named "Venture Into The Unknown - Loretto in China 1923-1998". The book was carefully researched and based on several of Sister's trips to Shanghai and Wuhan, on newspapers articles from that period, letters the Sisters in China wrote home to Kentucky when they could and many other sources. It's quite a masterpiece! Book normally sells for \$25, but you can purchase this directly from Eleanor Craig, S.L., Archivist, Loretto Heritage Center Archives & Museum, 515 Nerinx Rd, Nerinx, KY 40049 for only \$20. Email ecraig@gmail.com or call Eleanor at (270) 865-5811 ext. 3151.

Manion writes: "The title of this book not only speaks of the nearly 30 years Sisters of Loretto lived and worked in China, but also speaks of my experience. While writing this book my thinking in many ways was changed. I lived their lives through the more than 600 letters and memoirs that rested for years in the Loretto Archives. I



experienced with them an incredible journey. I hope you, too, take the opportunity to live for a while with these women of heroic stature."

## Recipe

#### DIABO

by Dorothy Oliveira

Ingredients: 1 whole duck 1 w 1 lb Vaca Estufada (w/gravy) 1 lb 1/2 small tin Colman's mustard 1 si

1/2 small tin Colman's mustard 5 hard-boiled eggs

1 lg bottle of Lea Perrins sauce

1 whole chicken 1 lb roast pork 1 lb *Porco Vinho d'alho (w/gravy)* 

1 small can tomato paste 3 large onions, diced

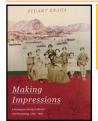
30 Kiu Taos (pickled onions)

20 preserved pickled white cucumbers

*Method:* Cut all meats about the same size. Cook onions in a little oil until golden brown. Add tomato paste and simmer for about five minutes. Add all meats including all gravies. On medium fire bring to a boil, stirring occasionally. Add *Kiu Taos* and pickled cucumbers. Add 1/2 bottle Lea Perrins. Keep stirring so as not to burn the meats. Separate the egg yolks from whites. Mash the egg yolks. Mix with mustard & the rest of the Lea Perrins. Add to pot of meat. Salt and pepper to taste. Just before serving top with diced egg whites.

#### **More Books of Interest**

The following books are available for sale and may be ordered via email to lusitanoclubusa@gmail.com or from Tila at 415.6613027. Partial proceeds benefit the Lusitano Scholarship fund or "MCC"



Making Impressions: A Portuguese family in Macau and Hong Kong 1700-1945 Author: Stuart Braga (Published October 2015)

Illustrated with many historically important maps and pictures, this is the story of a Portuguese community that lived in Macau and later in Hong Kong for

several centuries, surviving against all the odds, and often facing difficult times. It deals especially with the story of two families whose ancestors arrived in Macau nearly three centuries ago – the Braga and Noronha families. Key members made their impressions – in printing, in the Hong Kong and Japanese Mints and in politics. Others left their mark in many ways both in Macau and Hong Kong. This book is a significant contribution to our understanding of how much the Macanese people have achieved in their remarkable journey. *Cost: US\$60.00* 

The Diaspora Encounter Memoir Author: Francisco A. Cruz (Published September 2015)

The mere record of a humane experience in the politics, economics and social mores of colonial life was entrenched in the heritage of a people living

detached from the motherland to a frenzied Diaspora Encounter in China. One discussed relativity and the atom bomb; analyzed Marxism and Communism comparing both to Christianity and Democracy. The ships of Columbus pierced that veil and brought the vast continent into view. Today, it is the destiny of America to pierce another veil, the veil of the Middle Eastern peoples of the world. Our performance is to uplift these people to some decency of living. Ultimately, our ending of all wars whether for religious or other reasons is our task and our mission. As a historian in his own right, who is emerging as an author of alternative history, he has captured all his personal history in this memoir incorporating his life experiences throughout his many travels.

Cost: Paperback version US\$15.99 or e-book version US\$2.99

#### LUSITANO BULLETIN

A quarterly publication sponsored by Fundação Oriente & Lusitano Club of California (a non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately.



#### More Books of Interest ... continued



Home Cooking at Lusitano By Dorothy Oliveira (Published July 2014)

This special paperback edition cookbook contains 48 of Dorothy's favorite recipes. All proceeds benefit our Lusitano Scholarship Fund. *Cost: US\$15.00* 

Traditional Macanese Recipes from my auntie Albertina By Cintia Conceição Serro (Published July 2012) US\$20.00

The Portuguese Community in Shanghai U\$\$55.00
The Portuguese Community in Hong Kong - A Pictorial
History Vol. 1 - U\$\$60.00 Vol. 2 - U\$\$55.00
Diaspora Macaense to California - U\$\$40.00
Author: António M. Pacheco Jorge da Silva

Please email the Club for a list of other available books for sale.

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The Macanese Community Welcomes U. S. Ambassador Keith Harper, November 8, 2015 "MCC", Fremont, CA