

# LUSITANO BULLETIN

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Lusitano Club of California*



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*The 2017 Lusitano Board of Directors*

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# President's Message

Dear Lusitano members and friends,

I would like to thank those of you who voted for me for the presidency of the Lusitano Club of California this 2017-2018 term. I look forward to your participation at our events and all your support. I will do my best and hope to gain your cooperation as we continue to promote and preserve our history, culture and heritage of the descendants of the Far East and to foster the active participation of our youth. I would like to take this opportunity to thank all the past board members for all their dedicated time and hard work, and especially thankful for Fundação Oriente for sponsoring our Lusitano Bulletin.

This winter has brought plenty of rain to keep our reservoirs filled to end our drought. We have record snow fall in the Lake Tahoe region which may keep our ski resorts open to maybe June or July. This also marks the start of Spring where the weather is nice and you can join us outdoors in a variety of events planned for the next few months.

This should be a good and exciting year. We started out by celebrating the Year of the Rooster with our Chinese New Year party in February which was enjoyed by many members and their friends and held at the Macau Cultural Center in Fremont. I read that Rooster years are rarely ever boring, so it'll be a year with a lot of action.

On March 11 we were invited as a special guest to the LAEF (Luso-American Education Foundation) Macaense Symposium which was held at San Jose State University. It was not only us but all the Casas of Macau in California. We had an excellent amount of representation where we were able to give a little background of each of the casas and about Macau with its relation to Portugal.

On March 18 we had a casino trip to Cache Creek in celebration of Portuguese Immigrant week. The bus load of us had an enjoyable time in Cache Creek where some had a chance to win some extra spending money.

Coming up on April 8 our next event will be the annual "Clambake" at Beresford Park in San Mateo serving the finest clams prepared by António "Toneco" Jorge da Silva in his special Algarve style recipe along with other Macanese dishes and desserts. As a special treat, Toneco's latest cookbook "Macaense Cuisine – Origins

and evolution” sponsored by the International Institute of Macau will also be launched at this event.

We also have some exciting events and a trip coming up in the year such as Lusitano’s very own Youth Encontro in San Francisco. Hope all our Youths 21+ participate in this function and we can show our guests the best of San Francisco and highlight the youths of our club which will be in August (*see page 8*).

This year’s trip will be for the 100<sup>th</sup> Anniversary of our Lady of Fatima Apparitions in Fatima along with a visit to Southern Portugal in September under the Auspices of the Macau Cultural Center and Braga Travel. We look forward to a fun time with members of Lusitano, Casa de Macau, and UMA.

I would like to wish you and your family a Happy Easter as well. May the spirit of Easter fill your heart with complete joy and peace.

As a reminder we encourage our youth members to take advantage of the Lusitano Scholarship Grant, participate in the LAEF Cultural Youth Summer Camp to learn about our shared Portuguese Culture and take an active role in our club functions.

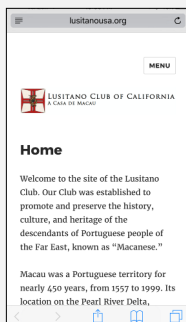
I look forward to seeing all of you at our events and functions. Please feel free to give me any suggestions and comments to help keep you and our youth involved.

Sincerely,  
Chris daRoza, President



Our newly  
revamped  
website is up.  
Our heartfelt  
thanks to  
Linda da Silva  
for volunteering  
her expertise  
and time  
in making this  
happen.

**Check it out!**  
**[www.lusitanousa.org](http://www.lusitanousa.org)**



## **Be Green!** **Go Lusitano e-Bulletin**

If you are not currently  
on our e-Bulletin list and  
would like to get your  
Bulletin a week earlier  
via email and help us  
in cutting costs, please  
contact us at  
[lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)

# 2017 Calendar of Events

## LUSITANO

**Sat, Apr 8:** Book Presentation & Signing “Macaense Cuisine Origins and evolution” - António Jorge da Silva / Annual Clambake, San Mateo Beresford Park

**Sun, May 7:** Dinner event at “UMA CASA” - New Portuguese restaurant in Noe Valley, San Francisco

**Fri, Jun 9:** Portuguese Heritage Night SF Giants, AT&T Park *(please email the Club or call Maria at 415-990-5534 for tickets in Section VR317 behind home plate. Cost: \$50)*

**Sat, Jun 10:** Dia de Portugal, Kelley Park, San Jose *(Volunteers needed to help with booth, please contact us!)*

**Jun 19-23:** Lusitano sponsorship to the LAEF Cultural Youth Summer Camp for ages 12-17, Sonoma State University

**Sat, July 29:** Annual Picnic, San Mateo Beresford Park

**Aug 14-20:** San Francisco International Macanese Youth Encontro sponsored by Lusitano for our young adults 21+.

**Aug 18-20:** Russian River Camping/Canoe Trip

**Sat, Oct 28:** Cooking Class/Halloween Party, “MCC”, Fremont

**Sat, Dec 9:** Annual Christmas Party, San Mateo Elks Lodge

## MACAU CULTURAL CENTER

**Sat, Jun 24:** Dia de São João Mass/Lunch, “MCC”, Fremont

**Sun, Oct 15:** Nossa Senhora de Fátima Mass/Lunch, Rossmoor

**Sept 1-10:** Trip to Fatima/South of Portugal with Braga Travel

**Sundays 11am-12:30pm April 2, 9, 23, 30, May 7, 14:** Mandarin Class *(Cost: Casa members \$30 for the series of 6 classes)*, “MCC”.

Please email [macauculturalcenter@gmail.com](mailto:macauculturalcenter@gmail.com) to pre-register.

**Portuguese classes:** Please email us your interest so we can schedule the next series of classes. Thank you!

*If you need a ride or can offer a ride to a fellow member to any of these events please let us know. It is very much appreciated.*

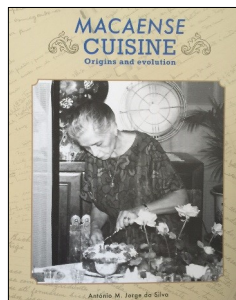
## 2017 Lusitano Scholarship Grant

Lusitano offers two \$1,000 scholarship grants each year towards a trade school or college tuition for current Lusitano members ages 18 & over. Applications for the school year 2017-2018 are now available. Email [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) to apply. Deadline is July 31, 2017.

**The Lusitano Club of California  
& Instituto Internacional Macau (IIM)**  
*cordially request the honor of your presence at a  
Book Presentation & Signing  
featuring the latest cookbook*

**Macaense Cuisine  
Origins and evolution**

**Author: António M. Jorge da Silva**  
**Saturday, April 8, 2017 12pm**  
**San Mateo Beresford Park**  
**"Picnic Shelter Area"**



**Cost: US\$30.00**

**LUSITANO  
ANNUAL CLAMBAKE**

**Saturday, April 8, 2017  
12 - 4 PM**

**San Mateo Beresford Park  
"Picnic Shelter Area"**

**Parkside Way & Parkview Way, San Mateo**  
*(off Hwy 92 Alameda de las Pulgas exit towards 28th Ave)*

**Cost per member \$20.00**

**Cost per non-member \$25.00**

*Come and spend a pleasant day in the park  
and enjoy a home-cooked Macanese feast  
with us followed by the exquisite clams*

*"Amêijoas na Cataplana a Algarvia"*

*prepared by António Jorge da Silva*

**Please RSVP by March 30th to Tila at**

**415-661-3027 or [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)**

**Please make check payable to: Lusitano Club**

**Mail to: Dorothy Oliveira,**

**3714 Martin Dr, San Mateo, CA 94403**



## A FAMILY STYLE DINING EVENT at UMA CASA

San Francisco's Modern Portuguese Cuisine

by Chef Telmo Faria

[www.umacasarestaurant.com](http://www.umacasarestaurant.com)

1555 Church Street, San Francisco, CA 94131

Sunday, May 7, 2017 5:30PM

### MENU

*Appetizer: Pasteis de Bacalhau*

*Soup: Caldo Verde*

*Entree: Arroz de Pato, Caldeirada, and Alcatra*

*Dessert: Pastel de nata*

*Tea, Coffee, or Soda*

**\$75 per person (Tax & Tips included)**

Limited seating. Please RSVP by April 10th  
to Maria at 415-9905534 or [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)



## Portuguese Heritage Night SF Giants

vs. Minnesota Twins

Friday June 9 7:15pm

*Cheer on with us at the 4th annual Portuguese Heritage Night at AT&T Park as we kick off the celebration for Portugal Day June 10th!*

Contact [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) or Maria Roliz at 415.9905534 now to purchase from our limited block of special event tickets and join in the fun with our LUSITANO group at Sec.VR317 View Reserve Infield.

**Cost \$50** (includes a limited-edition Portuguese themed Giants scarf to redeem at the park).



*The Portuguese Historical  
Museum presents...*

**Saturday, June 10,  
2017 10am-5pm**

**FREE Admission!**

# DiadePortugal

**History Park, 1650 Senter Road, San Jose, CA**  
(Home of the Portuguese Historical Museum)

***One of the largest annual events in California  
celebrating the Portuguese culture. Enjoy a day  
of entertainment for the entire family and savor a  
variety of Portuguese foods including ours at the  
LUSITANO FOOD BOOTH!***

***....and if you would like to volunteer at our booth  
please email us at [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)***

## **LAEF Cultural Youth Summer Camp** **June 19 - 23, 2017 Sonoma State U.** ***Sign-up now!***



The Luso-American Education Foundation Cultural Youth Summer Camp will take place this year from June 19 - 23 at Sonoma State University, Rohnert Park. Our four sponsored Lusitano youths had a great time and valuable experience at last year's camp. This is a great opportunity for our Macanese youth ages 12-17 of Portuguese background to learn about our Portuguese culture with other Portuguese

American youth and to experience college life for 5 days. **Lusitano** will once again sponsor all attending Lusitano youth members with the full \$450 camp cost based on space availability. As space is limited and the camp deadline has passed, please email [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) today for an application.

**Don't miss out on this invaluable opportunity!**

[www.luso-american.org/youth-cultural-summer-camp](http://www.luso-american.org/youth-cultural-summer-camp)

# **2017 San Francisco International Macanese Youth Encontro**

## **August 14 - 20, 2017**

**hosted by Lusitano Club of California**



We are excited to host our fellow Macanese youth (ages 21+) from around the world at the first outside Macau, Macanese Youth Encontro! Please join us in San Francisco on August 14-20. In order for us to plan our events during your visit, please complete our registration form asap. Deadline extended to April 15, 2017. [Registration Form](#) can be downloaded from our Facebook page or Lusitano website [www.lusitanousa.org](http://www.lusitanousa.org) and returned to us at [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)

### **Itinerary subject to changes based on participants' input:**

**Mon, Aug 14:** *Optional day depending on arriving youths*

**Tues, Aug 15:** *Lunch at a Portuguese Cafe in San Jose with a visit to the Portuguese Historical Museum. Welcome dinner at the Macau Cultural Center in Fremont. Possible get together in San Jose with YPA (other Young Portuguese Americans).*

**Wed, Aug 16:** *Guided tour of San Francisco. Lunch/Dinner.*

**Thurs, Aug 17:** *Guided tour of San Francisco. Happy hour DJ music with Kirk Harper 6-9pm Bergerac San Francisco.*

**Fri, Aug 18:** *Visit to the wineries of Russian River. Optional 2-night camping at the Lusitano Annual Camping Canoe outing or hotel stay in Forestville.*

**Sat, Aug 19:** *Canoe Trip down the Russian River. Potluck dinner at the campsite.*

**Sun, Aug 20:** *Closing gathering in San Francisco. Night at Creative IQ with Suzie Ferras painting, wine, & dinner.*

# Word Scramble

*In commemoration of the 100th Anniversary of our Lady of Fatima Apparitions, these are some words associated with this special event.*

**FATIMA  
LUCIA  
MAY  
OCTOBER**

**SHEPHERDS  
FRANCISCA  
ROSARY  
EVERYDAY**

**CHILDREN  
FRANCISCO  
CORKTREE  
PORTUGAL**

O R C T O B E R I A C R L O W E R E  
C O Y O T R I O M A Y R A T N O E C  
T L R M E M Y I N M O N G R E R F T  
O M A O E Y T E R T I R U N T N E R  
B L S R E A R Y L A T E T K R E F O  
M G O R F A A R Y S A Y R O E R O E  
A I R O E D I R O A D O O E F D R O  
R C O P Y D E C E E C H P O L L E C  
D B C R E V I C U T E S J L O I O S  
Y O E O R C O A K L R P I V I H O I  
R V F C N R S I O N M I O C A C R C  
E F R A N C I S C O R K T R N E O N  
V A R O C T O B E R K E E I R A V A  
E F R E I S D R E H P E H S O A R R  
R O S E D A Y O C S I C N A R F E F

**The 2017 Lusitano Board of Directors & Officers  
thanks you for your continuous support and participation.**

*Director & President: Chris daRoza*

*Director & Vice-President: Maria Roliz*

*Director & Secretary: Annie Puska*

*Director & Treasurer: Dorothy Oliveira*

*Directors: Michael Carion, Maria Joao da Cruz,  
Nuno da Cruz, Ken Harper, Kirk Harper & Jessica Xavier*

# 2017 Year of the Fire Rooster

by Vic Boisseree

We celebrated the Chinese New Year on February 12<sup>th</sup> at the Macau Cultural Center in Fremont. A full house of over 130 people was in attendance.

Club Lusitano also welcomed our new President Chris daRoza, and three (3) new Board Members along with six (6) re-elected Board members.



As is customary, a scrumptious Chinese dinner consisting of multiple dishes along with a roast pig was enjoyed by all. A new DJ provided music and the dance floor was always filled. Good job DJ Matt!

Thanks to all for helping out and getting the club ready for the party, and special thanks to our volunteer cooks Dorothy and Eric Abbas, Maria Joao da Cruz, Margaret Lopes, and Lola Lopes-Szeto.

## ***“Out with the Monkey and here comes the Rooster”***

2017 is the Year of the Rooster according to Chinese zodiac. It is the tenth in the 12 year cycle of Chinese zodiac. In Chinese astrology, each zodiac year is not just associated with an animal sign, but also one of five elements: Gold (Metal), Wood, Water, Fire, or Earth. This is the Year of **Fire Rooster**.

## ***Are you born in the Year of the Rooster?***

People born in the Year of Rooster according to Chinese zodiac have many excellent characteristics, such as being honest, bright, communicative and ambitious. Most of them are born pretty or handsome, and prefer to dress up. The feisty Fire Rooster is a shameless flirt who loves attention. Let yourself be a little more flamboyant as you strut through the metaphorical henhouse. But don't mistake Rooster swagger for the real deal. Sometimes, a little tempting and teasing is just for fun, so enjoy a little “cage-free” fun for what it is. The Rooster respects those with strong opinions and good work ethic. Be thoughtful about what's in your heart and go with it. Rooster is almost the epitome of fidelity and punctuality. For ancestors who had no alarm clocks, the crowing was significant, as it could awaken people to get up and start to work.

Of course, from an epicurean perspective, if you do it right, it also taste good. We hope you have a healthy prosperous year.





*Laisees from Rooster Eric*



Event photos can be viewed from our Lusitano website by clicking on that event.

# Cache Creek Casino Bus Trip

*by Nuno da Cruz*



For some people March 18th was a lucky day abundant with winnings while for others it turned out to be a money hemorrhaging exercise.

One thing for sure; all participants got an exceptional value for their money spent on transportation. Forty or so participants each paid a bus fee of \$22.00 with \$25.00 being promptly refunded (\$20.00 in gambling credits plus a \$5.00 food coupon voucher) upon entry into the casino.

It was an entire day full of fun spent chit chatting with friends. From the outset at pickup time at 8:00 am until final drop off at 5:30 pm, club members had a full day filled with comradery and catching up with old friends.

For those who weren't able to participate in this year's Club casino trip, be on a lookout and mark your calendars for next year's edition of this Lusitano gaming trip. It is held each year around the beginning of Spring.

Start saving and putting away your loose change.

See you there next year!



# Macau Cultural Center “MCC”

by Maria C. Roliz, President “MCC”

**Conversational Mandarin Classes** sponsored by Macau Cultural Center and Fundação Jorge Álvares with Ms. Celine are starting again for 6 consecutive Sundays 11am - 12:30pm April 2 - May 14 (with the exception of April 16) at “MCC”, 109 J Street, Fremont, CA. Cost: \$30 per member. \$180 for non-members. Please pre-register now with Maria at 415-9905534 or email [macauculturalcenter@gmail.com](mailto:macauculturalcenter@gmail.com)

**Upcoming events** - Dia de São João Celebration Mass and Lunch at “MCC”, Saturday, June 24th. Trip to Fatima & South of Portugal September 1– 10 to celebrate the 100th Anniversary of our Lady of Fatima Apparitions.

Come Join Us for a Day of Celebration on  
**Saturday, June 24, 2017**

**Dia de São João**

at the

**MACAU CULTURAL CENTER**

109 J Street (corner of 37695 Niles Blvd), Fremont, CA 94536

*Event organized by the Macau Cultural Center  
and co-sponsored by IIM of Macau*

11:00 – 12:00 PM      Mass Celebration

12:30 – 2:00 PM      Macanese Lunch

**Cost per Person:**

**\$12.00 Casa de Macau, Lusitano & UMA Members & Spouses  
\$20.00 Others**

**RSVP by June 1, 2017 to Flavia Greubel**

**Tel: 925-9308672 Email: [macauculturalcenter@gmail.com](mailto:macauculturalcenter@gmail.com)**

Please make checks payable to **Macau Cultural Center**  
and mail to 582 Market St # 1905, San Francisco, CA 94104.

Please list names of attendees and contact info  
when making your reservations. Thank you!

***Please Note: There Will Be No Refunds For No Shows***

# LAEF 41st Annual Conference

*by Nuno daCruz*

Established in 1963, the Luso-American Education Foundation (LAEF) was formed to advance the Portuguese language and culture in the United States of America.

For the first time in its history, the LAEF included the Macanese community in California in its program "A Macaense Symposium" at the XLI Annual Conference on Education and Culture at the San Jose State University on March 11 entitled RAIZES/ROOTS. Chaired by Dr. Manuel Bettencourt and Professor Duarte Pinheiro, the conference presented a vibrant and informative reflection of the Portuguese culture and heritage, past, present and future in California. The main goal of the conference was to establish dialogue and extract ideas on best ways to strategically support and expand the Portuguese community's language and culture primarily in California.

Notable invited guest participants at the conference included Congressman Dr. Jose Cesario from Lisbon and Dr. Paulo Teves, a senior member of the Autonomous Government of the Azores.

At the Macau Symposium moderated by Arthur Britto, speakers included Dr. Roy Eric Xavier (President of the International Macanese Alliance, Director of the Portuguese and Macanese Studies Project - UC Berkeley, and Portugal Macau Institute of America), Professor Ming Chan (Stanford University), Antonio Jorge da Silva (Architect/Author), Maria Roliz (President of the Macau Cultural Center), Arthur Britto (President of the Macau Arts, Culture and History Institute), Henrique Manhao (President of Casa de Macau, USA), Frederic "Jim" Silva (UMA) and Jessica Xavier (Lusitano Club of California). It was great to see several dozen Macanese make the effort to travel the relatively long distance to attend the event in San Jose on an early Saturday morning. Of special note during the symposium was the awarding of a Certificate of Merit presented to Antonio "Toneco" Jorge da Silva for his numerous achievements given by the International Institute of Macau presided by Dr. Jorge H. Rangel former deputy/acting Governor of Macau during the Portuguese administration.

The events of the day ended with a sumptuous sit down formal banquet held at the Portuguese Athletic Club in San Jose with special recognition awards to Dr. Deolinda Adao and Dr. Jose Luis Silva.

# My Visit to Macau

*By Goretti Silveira*

Last December I went with the Lusitano Club of California on a 10-day trip to Macau, Hong Kong, and Guangzhou, formerly known as Canton. A friend of mine was going to participate in the “Encontro das Comunidades Macaenses - 2016” and I saw the opportunity of a lifetime to experience Macau from an insider’s perspective.

This was to be my first trip to a former Portuguese Colony and I felt in a quandary. I had avoided talking about that period of history which has a propensity to bring pride in some and shame in others. In my experience, those who take great pride in that period of our history, sometimes to the exemption of all others, also tend to disclaim any shame or guilt. Analogously, the shame that many of us feel supplants any rightful pride we might otherwise have felt about such a large chunk of our national identity.

I had heard Macau called the “Las Vegas of Asia” and I found myself wishing with all my heart for more than that. Fortunately for me, under the combined planning and direction of Braga Travel and the Organizing Committee for “Encontro das Comunidades Macaenses - 2016”, I believe I have experienced the cultural side of Macau.

On my way, at the airport, before I even got on the airplane, I was introduced to several members of the Lusitano Club of California and soon we were exchanging personal information about our lives in California and laughing like old friends. Upon arrival, we were welcomed with a “Chá Gordo” at Escola Portuguesa. A “Chá Gordo”, I then learned is a union, a merger if you will, of Portuguese and



*Goretti Silveira*

*Macau Encontro Opening Ceremony Dinner*



Chinese tastes, from *lacassá* to *pastéis de bacalháu*, each playing a particular role in the Fat Tea tradition. For a farewell and with the support of “Gabinete de Ligação do Governo Central da China” in Macau we visited Guangzhou, the third largest city in mainland China and adjacent to Macau and treated to a ten-course meal of Cantonese cuisine. The closing activities included lunch and live music on the 23<sup>rd</sup> Floor of the Club Lusitano, described in their own words, the home for Hong Kong’s small but active Portuguese community for 150 years, a Solemn Mass at the Cathedral and dinner at the Grand Hall, on the 4<sup>th</sup> floor of the Macau Tower.

In between, we spent a great deal of time at the Historic Center with its Portuguese and Chinese buildings, both public and residential, where I discerned the influences of East and West throughout, in perfect harmony and connected with Portuguese cobblestone lined streets, displaying names like Calçada de S. Paulo and Travessa da Sé; saw a screening of the show “A Tea for a Dream” by the Dóci Papiacám di Macau Drama Group, spoken in Patuá and I’m proud to say, I hardly needed to check the captions in Portuguese that were also available in Chinese and English; attended two Cultural Sessions, one at the University of Macau at Heng Quing and the other at The International Institute of Macau at the Macao Science Center that included a presentation of projects/works developed for the Macau SAR, the



“Fading Legacy of the Macanese” and the presentation of various books on Macau, including the Luso legacy.

I was surprised to see Chinese stone lions at the sides of the surviving facade of the ruins of Saint Paul as well as Chinese inscriptions. The guide, a Chinese energetic young woman informed us that the monument exemplified the fusion of western and eastern cultures that could be found throughout the city. Standing almost next to the ruins of Saint Paul, is the Na Tcha temple, dedicated to the worship of Na Tcha, built in homage to the child god of war, and a testament to the mutual respect and religious freedom practiced in Macau - then and now. In the square leading to the Ruins, our guide directed us to a statue, better known as The Friendship Statue, where as our guide explained, you see a Chinese girl handing over a lotus flower, a symbol of purity, to a Portuguese boy. Also, the several museums we visited, both in Macau and China, reminded us, repeatedly, of how the Portuguese in China mark the longest-lasting encounter between the West and China, 442 years of common history, from the 16th to the 20th centuries, where traders, missionaries, and many fields of learning met, exchanged ideas for their mutual benefit and that of the world.

In “What Are People For?” Wendell Berry asks, “How can we imagine our situation in our history if we think we are superior to it?” I now know, after my visit to Macau, what he means by this statement. Macau invited me to imagine that period in the history of Portugal and I was made to feel proud - also. This period of our history - both Macau and Portugal’s - lasted too long for all actions undertaken by the Portuguese to be dismissed as purely shameful. Wendell Berry defines community as a “common experience and common effort on a common ground to which one willingly belongs”. I would say that the Portuguese and the Macaense of the diaspora are in a position to make such a community.



# The Royal Hong Kong Regiment (The Volunteers)

by Filomeno Baptista



The Regiment was formed in 1854 in response to an appeal by the Colonial Secretary. Ninety nine residents, mostly Portuguese, signed up becoming the first Volunteers. It was disbanded when threat to the Colony was over, reformed in 1862 disbanded and reformed again in 1866.

In 1917 owing to the recall of British forces from the Colony during World War I the Volunteers, being the only military unit, were engaged in guard and patrol duties but remained inactive during the 1920s until December 8<sup>th</sup> 1941.

## The War

Throughout November 1941 Japanese forces were active across the border. The political situation was grave when in early December the garrison including the Volunteers, were mobilized and by the night of the 6th all troops were in their battle positions.

Against an enemy force of over 30,000 men, the defenders stationed a Brigade in the mainland comprised of the 2<sup>nd</sup> Battalion Royal Scots, the 2/14 Punjabis and 5/7 Rajputs. There were also the Field Company Engineers of the HKVDC, who were responsible for the demolitions of road and railway from Fanling to Shatin, and their 7 armored cars, responsible for patrolling the Castle Peak Road area.

The Island defense were as follows, the Volunteers comprising of four artillery and one AA battery; three rifle companies (No 3 Company to achieve immortal glory), three machine gun companies, (Nos 5 and 6 Portuguese Companies), and one anti-aircraft company, the 1<sup>st</sup> Battalion Middlesex, the 1<sup>st</sup> Battalion Royal Rifles of Canada and the 1<sup>st</sup> Battalion Winnipeg Grenadiers.



Although vastly outnumbered and with no air cover, the defenders fought valiantly but by Christmas Eve it was apparent that further fighting would cause unnecessary death and suffering. On Christmas Day the defenders capitulated.

With the exception of the 2 Indian Regiments who were shipped back to India, the defenders were interned in Kowloon, officers in Argyle Street Camp and other ranks in Sham Shui Po.

Although conditions were harsh prisoners managed to maintain high morale by keeping active. A highlight were musical plays produced by a group of very talented men and in spite of their weakened state many participated in all forms of sports.

In 1943 large detachment of prisoners including many Portuguese were shipped to work the coal mines in Japan.

The life of prisoners was a mixture of sadness, fear, boredom and hunger. Although the Japanese guards were less brutal than in camps such as those in Burma never the less life was unpleasant in the extreme. This harsh situation lasted for 3 years and 8 months. In the morning of August 15<sup>th</sup> 1945 the prisoners woke to a strange silence. It took them some time to realize that, according to my Uncle Naneli," there were no Japs in sight". The camp guards had disappeared. Later they were informed by the camp commandant that the War was over. Until the arrival of the British Fleet on August 30<sup>th</sup>, the prisoners had to provide security of the Camp.

On September 16<sup>th</sup> to a 21 gun salute the Japanese signed the surrender paper at Governor House.

After the surrender, most of our boys travelled to Macau onboard a British warship to rejoin their loved ones, returning home after a few weeks to seek employment and places to stay. In May 1946 a Company of Volunteers were invited to participate in the Victory

Parade in England.

Although the War was over many of our veterans chose to



**Hong Kong Regiment "A" Co. 3 Platoon - 1955**

*Top L-R: Bernado Gomes, Carlos Noronha, Danny Osmund, Bobby Stewart, Bob Sequeira, Jojo Alonco  
Bottom L-R: Dennis Nunes, "Lichi" Azevedo, Gerry McDougall, "Boykee" Mauricio, Eddie Remedios*



**"Meno" Baptista**

re-enlist. Their sons and brothers also joined in large numbers.

In 1949 the Regiment became part of the Hong Kong Defense Force. The combined force were granted the title "Royal" becoming The Royal Hong Kong Regiment and in 1957 was awarded the battle honor "Hong Kong"

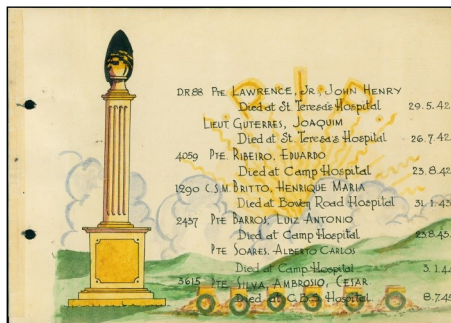
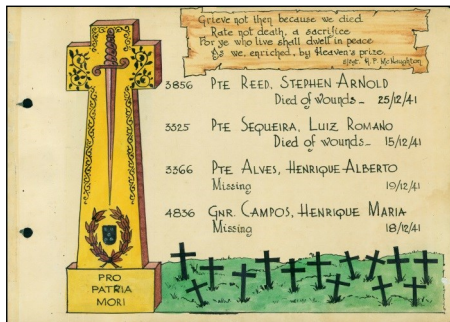
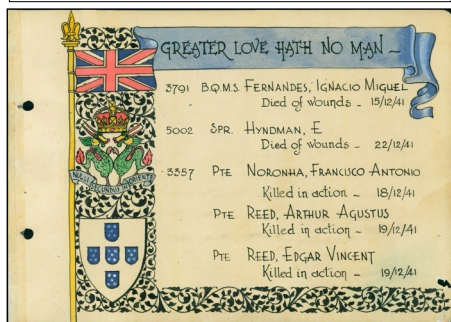
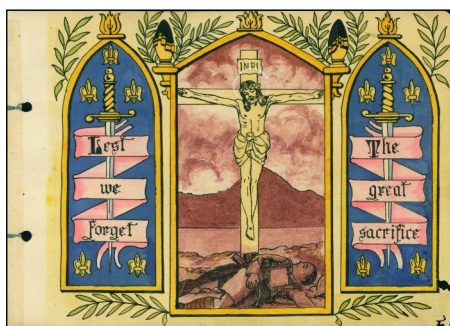
The Regiment continued to play an important role keeping order in the Colony, whether to guard against rioters or controlling illegal immigrants flooding into the safety of Hong Kong.

From its inception the Portuguese had supported the Regiment in large numbers, sons and grandsons of the original 99 signed up when they became eligible and continued to do so until the Regiment was disbanded in September 2<sup>nd</sup> 1995.

They fought bravely and many gave their life defending Hong Kong.

Nulli Secundus in Oriente  
1854-1995 (*Second to None in the Orient*).

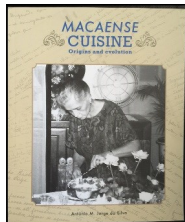
***The list of Portuguese Volunteers  
that gave up their life in the  
battle of Hong Kong***



## Books by Antonio Jorge M. da Silva

The Instituto Internacional Macau (IIM) recently launched a new cookbook “Macaense Cuisine - Origins and evolution” by António “Toneco” Jorge da Silva during the Macau Encontro. This marvelous cookbook is now available in California and the author himself will be present to launch and sign his latest book this April 8th 12pm at the Lusitano Clambake in San Mateo Beresford Park where he will also be cooking his famous “*Amêijoas na Cataplana a Algarvia*”.

The Lusitano Club and IIM invite you to join us at this special book presentation and signing.



### **MACAENSE CUISINE - Origins and evolution**

*Author: António M. Jorge da Silva*

*Published Nov. 2016 by IIM*

**Cost: \$30 USD**

Book reviews:

*This book describes the origins of the Macaense Cuisine and the story behind many of the dishes. What is Bebinga? Why it is called Capela? What is its history and how has the ingredients have changed and the recipes evolved outside Macau, Hong Kong and Shanghai following the diaspora of the Macaense people after World War II, as some of the basic ingredients were not available locally in North America?*

*In the 21st century many of the recipes were transported in the notebooks and memories by those who emigrated to the West after they left Macau behind.*

*Our youngsters, several generations now, born in the West far from the roots of their parents in Asia, can now enjoy Macaense cuisine.*

*A profusely illustrated and well written book with appetizing dishes that pamper the tables of the "Malta".*

### **Need Photographs for New Book**

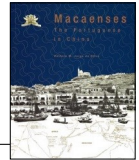
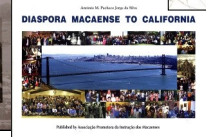
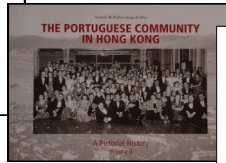
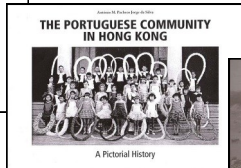
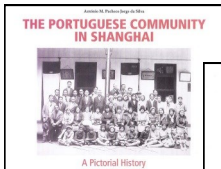
#### **The Portuguese Community in Macau – A Pictorial History**

“Toneco” has just been asked by IIM to write this new book to complete the set that was written about the families in Hong Kong and Shanghai. This book will include photos of those who were born in Macau and were living in Macau. Family photos can be up to the present day, but individual photo unless they are related to a special event in Macau, should be before 1950.

We need the help of the community worldwide to contribute photos with the names of as many in the photos as possible. The photos should be sent in before the end of 2017. Please send the photos to the author's personal email: [tony@dsiarch.com](mailto:tony@dsiarch.com)

Here are some of Toneco's earlier books that are available for sale.  
Please contact Maria Roliz at 415-9905534 if interested.

***The Portuguese Community in Shanghai* \$55.00 USD**  
***The Portuguese Community in Hong Kong - A Pictorial History***  
**Vol. 1 - US\$60.00 Vol. 2 - \$55.00 USD**  
***Diaspora Macaense to California* - \$40.00 USD**  
***Macaenses* - \$25.00**



## A Recipe from Macaense Cuisine

### Prawns Piri-Piri (Hot Chili Prawns)

#### ***Ingredients:***

18 large prawns (6 inches in length)  
1 cup chili peppers (red cayenne peppers)  
1/2 cup garlic cloves  
1/2 cup butter  
5 bay leaves  
1/4 cup brandy  
1/2 cup vegetable oil  
Paprika to taste  
Salt to taste



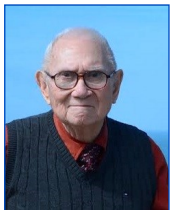
#### ***Method:***

1. Cut off legs from the prawns, split the back of the shells without cutting them in half.
2. Chop the chilies, garlic and bay leaves, mixing them with the oil and butter. When the butter dissolves and the ingredients well infused, transfer the mixture to a grinder [use a blender today] and grind for a few minutes until it is puréed to a smooth paste.
3. [Stuff and marinate the prawns with the chili puree, leave for an hour or so, then fry them in a pan and serve hot.]

# A TRIBUTE TO FREDERICK BROWN

March 27, 1929 - January 13, 2017

*by Fred Brown*



Frederick Brown, 87, passed away on January 13, 2017, in San Mateo, California. Son of Frederick John Brown and Camilla Vitaliana Colaço, Freddy, as he was better known, was born in the former British colony of Hong Kong in 1929, and spent his youth growing up in the 1930's with siblings Anthony (Jock), Dorothy (Dolly), Jacqueline (Jackie), and Bernard (Bunny).

The invasion of Hong Kong by Japanese forces in December 1941 sent the family to the former Portuguese colony of Macau as refugees, where they remained until the end of the war in 1945, with the family returning to Hong Kong the following year.

In the early 1950's, Freddy began a career with the Hong Kong Marine Department, posted at various times in outlying locations like Castle Peak, Chueng Chau, Shaukeiwan and Tai O.

During this decade, Freddy met the love of his life, Vivienne Ma, while commuting on the train from Kowloon to Fan Ling, a town near the border with a closed-off Communist China. They were married at St. Anthony's Church in Pokfulam, Hong Kong, on November 18, 1954, and soon began a family with the birth of four children - Kathy, David, Carolyn, and Frederic - over the following nine years.

Throughout the 1960's and 70's, Freddy was an active member in the Portuguese communities of Hong Kong and Kowloon, where people congregated at places like Club Lusitano, the Little Flower Club, and Club de Recreio.

In 1978, Freddy, Vivienne, and their two younger children, Carolyn and Fred, joined all of his siblings with immigration to the United States, where the family settled in San Francisco, and Freddy joined Delta Line Shipping until retirement in the 1980's.

The following years saw marriages for his children and the welcoming of sons- and daughters-in-law with Dave, Priscilla, John, and Liqing; and the arrival of grandchildren, beginning with Timothy, followed by Luke, Ian, Matthew, Kaitlin, Aidan and Marley.

Following the death of his wife, Vivienne, in 2011, Freddy travelled twice to visit his daughter, Kathy, and her family in Australia, as well as numerous trips to Los Angeles to be with his son, Fred, and his family. In the Bay Area, he was often with his daughter, Carolyn, and her family, happy that he lived to see most of his grandchildren grow up. With them all, he loved nothing more than enjoying a good meal.

Dad, may your soul rest in peace and may you and Mom forever look after us all from your resting place in heaven. In his memory, we ask that you share a good meal with your loved ones, and strive to live your lives as our father did, with forgiveness and compassion.

# Annual Financial Report

## INCOME STATEMENT FOR YEAR ENDED 12/31/16

### REVENUES:

Change in value of investments (C. Schwab)	1.61
Grant (Bulletin assistance) - Fundação Oriente	1,318.48
Grant (Macau Encontro 2016) - CCM	50,359.65
Interest from Banks	2,106.30
LAEF Youth Cultural Summer Camp	400.00
Macau Encontro 2016	4,361.00
Membership Dues	8,705.00
Sales - Books general	1,792.50
Sales - "Dorothy's Cookbook"	158.00
Sales - T-shirts	240.00
Social & Cultural Functions	19,744.50

**TOTAL REVENUE:** **\$ 89,187.04**

### EXPENSES:

Bank Charges	51.00
Entertainment	753.57
Flowers (memorial)	165.00
Insurance	500.00
LAEF Youth Cultural Summer Camp	2,401.95
Macau Encontro 2016	52,594.88
Office Supplies	139.20
Printing (Bulletins)	3,170.00
Sales - Books general	317.50
Sales - T-shirts	315.73
Shipping & Postage	977.26
Social & Cultural Functions	21,026.65
Tax filing	20.00
Website	54.75

**TOTAL EXPENSES** **\$ 82,487.49**

**NET GAIN FOR 2016** **\$ 6,699.55**

## BALANCE SHEET AS OF 12/31/2016

### ASSETS

#### Checking:

Bank of the West	59,111.48
First Republic Bank	10,250.00

#### Certificate of Deposit:

Charles Schwab	26,993.89
First Republic Bank	35,441.93

#### Certificate of Deposit - Building Fund:

First Republic Bank	131,002.99
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**Total Assets (Cash in Banks)                      \$ 262,800.29**

### LIABILITIES

Outstanding checks	44,682.00
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**Total Liabilities    \$ 44,682.00**

**Total Net Worth    \$ 218,118.29**

## 2016 SOCIAL FUNCTIONS PROFIT & LOSS

EVENTS	INCOME	EXPENSES	GAIN/LOSS
Chinese New Year Party	1,968.00	1,680.74	287.26
Cache Creek Casino Trip	735.00	780.00	(45.00)
Annual Clambake	1,825.00	894.86	930.14
Dia De Portugal Food Fair	2,255.00	1,213.98	1,041.02
Portuguese Heritage Night	2,150.00	2,074.50	75.50
Annual Picnic	1,585.00	1,078.60	506.40
Russian River Camp/Canoe	1,266.50	1,270.00	(3.50)
Halloween Party	595.00	664.50	(69.50)
Annual Christmas Party	7,365.00	12,812.97	(5,447.97)
<b>Totals</b>	<b>\$ 19,744.50</b>	<b>\$ 22,470.15</b>	<b>\$ (2,725.65)</b>

### CERTIFICATION BY CORPORATE OFFICER

I, Christopher daRoza, certify that I am an officer of Lusitano Club of California authorized to make this certification and that the statement in the Annual Report were prepared from the Books and Records of the Club.

Dated: February 12, 2017

# LUSITANO BULLETIN

*A quarterly publication sponsored by Fundação Oriente & Lusitano Club of California (a non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately.*



## Lusitano Club Shirts for Sale

**Order your Lusitano Club shirt or jacket today.**

Available in small, medium, large, XL sizes.

All with embroidered logo as pictured.

Contact Chris daRoza if interested!

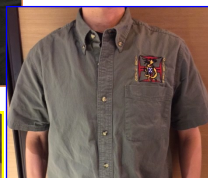
Black or White T-shirt \$15

Black or White Polo \$25

Olive short sleeve shirt \$42

Black Fleece full zip jacket \$25

GOT MINCHI T-shirt \$20



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LUSITANO CLUB OF CALIFORNIA  
582 MARKET STREET, #1905  
SAN FRANCISCO, CA 94104



*Lusitano members visiting the Macau Giant Panda Pavilion, Coloane, Macau, December 2016*