LUSITANO BULLETIN

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President's Message / 2017 Scholarship2	2
2017 CALENDAR OF EVENTS / DUES REMINDER	3
2017 Annual General Meeting & Election Nominees4	1
CHINESE NEW YEAR DINNER DANCE FLYER4	1
Sudoku	5
TRIBUTE TO LOURDES "LULU" OSORIO XAVIER by J. Xavier6	5
COOKING CLASS WITH DOROTHY/HALLOWEEN PARTY	3
ANNUAL CHRISTMAS PARTY by Sheila Jun10)
THE MACAU CULTURAL CENTER by Maria Roliz13	3
MACAU ENCONTRO 2016 by Nuno da Cruz16	5
RECIPE "SERRADURA" MACAU'S FAMOUS SAWDUST PUDDING18	8
BOOKS OF INTEREST	2
Editors & Directors Contact Info23	3

President's Message

Seasons greetings and best wishes to you and your family. We wish you all a healthy, joyous, prosperous, and blessed new year.

Thank you for all your support and also, thank you to Conselho das Comunidades Macaenses (CCM), International Institute of Macau (IIM), and Fundação Oriente Portugal for your sponsorship this past year. As we embark on a new year, we look forward to your continuous support and participation in our 2017 activities (see calendar of events next page).

Our next event will be our Annual General Meeting/Elections and the Chinese New Year Dinner Dance on Sunday, February 12th. Please remember to turn in your ballots before then. We look forward to welcoming in our new President Elect and Board of Directors and celebrating the Year of the Rooster together. (*Note: only members as of September 20, 2016 will receive a ballot and are qualified to vote.*)

2017 will also mark the 100th Anniversary of our Lady of Fatima Apparitions. To celebrate this milestone, our three USA Casas will visit Fatima and the South of Portugal under the auspices of the Macau Cultural Center with Braga Travel from September 1 - 10. We hope you can join us.

Sincerely, Maria C. Roliz, President

Contact us by email: lusitanoclubusa@gmail.com Text or call: 415-990-5534 Visit Website: www.lusitanousa.org

<u>Be Green! Go Lusitano e-Bulletin</u>

If you are not currently on our e-Bulletin list and would like to get your Bulletin a week earlier via email and help us in cutting costs, please contact us at lusitanoclubusa@gmail.com

2017 Lusitano Scholarship Grant

Lusitano offers two \$1,000 scholarship grants each year towards a trade school or college tuition for current Lusitano members ages 18 & over. Applications for the school year 2017-2018 are now available. Email lusitanoclubusa@gmail.com to apply. Deadline is July 31, 2017.

2017 Calendar of Events

LUSITANO

 Sun, Feb 12 2:30pm Annual General Meeting & Elections
 5 - 9pm Chinese New Year Dinner Dance Macau Cultural Center, 109 J Street, Fremont

Sat, March 11: Casino Trip to celebrate Portuguese Immigrant Week. Departure from Westlake Daly City and City of Richmond (please email the Club or call Tila at 415-661-3027 for details)
Sat, April 22 *: Annual Clambake, San Mateo Beresford Park
Fri, Jun 9: Portuguese Heritage Night SF Giants, AT&T Park (please email the Club or call Maria at 415-990-5534 for tickets in Section VR317 behind home plate. Cost: \$50)

Sat, Jun 10: Dia de Portugal, Kelley Park, San Jose Sat, July 22 *: Annual Picnic, San Mateo Beresford Park Aug 18-20: Russian River Camping/Canoe Trip Sat, Oct 28: Cooking Class/Halloween Party, "MCC", Fremont Sat, Dec 9: Annual Christmas Party, San Mateo Elks Lodge MACAU CULTURAL CENTER

Sat, Jun 24 *: Dia de Sao Joao Mass & Lunch, "MCC", Fremont Sun, Oct 15: Nossa Senhora de Fatima Mass & Lunch Sept 1-10: Trip to Fatima/South of Portugal with Braga Travel (see page 14)

Portuguese & Mandarin classes: Dates to be advised. Please email macauculturalcenter@gmail.com to pre-register.

* Tentative dates subject to confirmation

If you need a ride or can offer a ride to a fellow member to any of these events please let us know. It is very much appreciated.

2017 Membership Dues Reminder

All membership dues for 2017 are now due regardless when you joined except for new members approved Sept. 1, 2016 and after. Please mail your membership dues payable to Lusitano Club c/o Chris daRoza, 1120 Landing Lane, Millbrae, CA 94030

Members (ages 19-61) \$20 Seniors (ages 62 & over) \$10 Seniors (new members as of 2017) \$15 Youths (ages 12-18) \$10 Canada & overseas members \$25

LUSITANO ANNUAL GENERAL MEETING (AGM) & ELECTIONS OF DIRECTORS & OFFICERS SUNDAY, FEBRUARY 12TH, 2017 2:30PM MACAU CULTURAL CENTER

109 J St. (corner of Niles Blvd), Fremont, CA 94536

Our AGM is held once a year where a new Board will be elected for a 1-yr term with a maximum of 5 consecutive terms. Please join us and contribute your ideas. If you are unable to come, please mail in your proxy to be received by Feb. 11th as we need at least 20% of our membership to vote by ballot or proxy at the meeting to elect your new Board regardless of an uncontested slate. Only members as of Sept. 20, 2016 and over age 18 are eligible to vote and will receive a ballot/proxy to vote. If you have not received your form, please contact one of us.

The nominees for the 2017 Lusitano Board are as follows: Director & President: Chris daRoza Director & Vice-President: Maria Roliz Director & Secretary: Annie Puska Director & Treasurer: Dorothy Oliveira Directors: Michael Carion, Maria Joao da Cruz, Nuno da Cruz, Ken Harper, Kirk Harper & Jessica Xavier

LUSITANO CHINESE NEW YEAR DINNER DANCE

SUNDAY, FEBRUARY 12TH, 2017 5:00 - 9:00PM MACAU CULTURAL CENTER, 109 J St, Fremont

Come join us for Dinner & Dancing to the Sounds of DJ Colin Dickie as we welcome in

> The Year of the Rooster and our 2017 Board of Directors



Members \$15.00/ Non-members \$20.00

RSVP to Tila at 415-661-3027 or Tiladanenberg@comcast.net and mail check payable to Lusitano by February 4th to Chris daRoza, 1120 Landing Lane, Millbrae, CA 94030

SUDOKU

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WEBSITE OF INTEREST

Visit and register at **www.macanesefamilies.com** to learn more about your Macanese geneology.

TRIBUTE TO A VERY SPECIAL WOMAN LOURDES ("LULU") OSÓRIO XAVIER December 21, 1952 - December 3, 2016

by Jessica Joy Xavier



On December 3, 2016, my dear mother Maria Lourdes ("Lulu") de Assunção Osório Xavier passed away in her hometown of Macau. She was born in Macau on December 21, 1952 and was number 15 of 17 children of the Osório family. My mother met the love of her life, my father Jojo Xavier at the age of 14 and they were married on August 14, 1971. My parents moved to Hong Kong and shortly thereafter, Leonardo was born. In 1975, my parents and Leonardo immigrated to San Francisco where I was born followed by my sister,

Melissa. Of her 17 brothers and sisters, my mother was the only one to immigrate to America.

My mother was an incredible, outgoing, generous and funny woman. She was a loving and caring wife and mother who would do anything for her family and was very proud of my siblings and me. My mother was known for her "bling" and dazzling, outgoing nature. She loved to dance and my parents were often found on the dance floor every Friday night and at Lusitano events. She loved being a grandmother to Isabella and Joseph and would often share pictures of them and their accomplishments. She was also very proud of her Macanese heritage and would constantly talk about the Osório family, including her brothers and sisters: Reinaldo, Natalia, Carlos, Terezinha, Luis and David, and her many, many nieces, nephews, grand-nieces and grand-nephews. My mother was an active member of the Macanese community for 25+ years, including the Lusitano Club, the Macau Cultural Center, UMA and Casa de Macau USA. My mother was always on hand to help out at any of the Lusitano Club functions. She was a wonderful cook and passed on her traditional Macanese, Portuguese and Chinese dishes to me and my siblings. My mother also taught us to be proud of our Macanese heritage and the importance of keeping it alive. It is because of her that my siblings and I are so involved with the Lusitano Club and Macanese community.

On behalf of my family, I would like to express our heartfelt gratitude and appreciation to the Osório familia and the Macanese community who showed their support and love of my mother when she fell ill in Macau and especially when she eventually left this earth. It was my mother's destiny to return to the land where she was born and to be with her family for the last time. My mother will be forever remembered as the shining "bling-bling" star of our family and the Macanese community. Macau is where her heart is and a part of her will always be there.

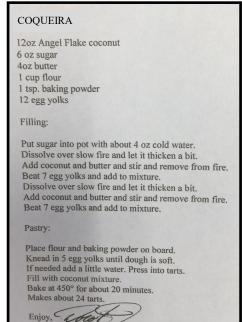


It is with a heavy heart that we say goodbye to an incredible, loving, and talented woman who has been forever a big part of the Lusitano family and a very dear friend. Our deepest condolences to her husband Jojo (Lusitano photographer), children Melissa (Lusitano Bulletin co-editor), Jessica and Leonardo (Lusitano directors), grandchildren Isabella and Joey, and son-in-law Kaua Young. Lulu will be dearly missed and always in our hearts; until we meet again. May you rest in eternal peace and may perpetual light shine upon you, our dearest Lulu ~ President Maria Roliz

Lusitano Cooking Class with Dorothy



On October 29th Lusitano hosted a hands on cooking class with Dorothy Oliveira at the Macau Cultural Center in Fremont. Members learned how to make a quick 5-minute vegetarian dish plus our Macanese traditional dessert "*Coqueira*".









Lusitano Halloween Party



Superheroes, ninjas, unicorns, goblins, zombies, pirates, and more; kids and adults all enjoyed another Lusitano Halloween event at the Macau Cultural Center on October 29th with games organized by Annie Puska, Jessica and Leonardo Xavier. Many thanks also to our chefs Eric Abbas, Maria Joao da Cruz, Geraldine da Luz, and Dorothy Oliveira who prepared a super dinner that evening.













Lusitano Annual Christmas Party

by Sheila Jun

******* T'was a few days before Christmas, when all through Elks Lodge, all the children were stirring, in hopes St. Nicholas would soon be there While members all mingled in their Christmas best. They snacked on hors d'oeurves, drinks, none the lest Where out in the parking lot, Out like a flash Came jolly St. Nick with Toys in his sack He whistled and shouted and called them By name... Michael, Mia, Jada and James As the children all giggled with laughter and glee The guests, all 300 lined for a banquet, such a feast With a wink of an eyelid And a tweek of the nose Taft Avenue Band played music To the dance floor Many arose Children were treated to a Special act by Magical Nathaniel Raffles were drawn, cash And surprise packs Leaving with good smiles, all were heard exclaiming with delight

"MERRY CHRISTMAS to all And to all a GOOD NIGHT"

Many thanks to all our volunteers that helped in making this Christmas party such a success and fun evening for the entire family. Special kudos to Dorothy Oliveira Abbas and Geraldine da Luz for their time and culinary skills in preparing the 1800 calikoks and chilicotes that were served that evening, adding a Macanese touch to the sumptuous catered buffet by California Catering. Muito Obrigada! ~ President Maria Roliz

Lusitano Christmas Party, December 10, 2016. Photos courtesy of Robert Roliz









St. Nick (aka Santa Alex Xavier) brings smiles and Christmas cheers to all.



Tracy Baker and Nuno da Cruz sing the American and Portuguese National Anthems followed by the Taft Avenue Band filling the dance floor with their incredible tunes.





In the spirit of Christmas, family and friends spanning four generations enjoy the blessings and magic at the Annual Lusitano Christmas













Macau Cultural Center "MCC"

by Maria C. Roliz, President "MCC"

2016 has been a great year at the Macau Cultural Center with a positive cash flow from our building rentals, joint Casa events, and continuation of our Portuguese and Mandarin language classes. We thank all our sponsors, volunteers and participants for their invaluable time and support making our Center such a desirable place in Historic Niles, Fremont where our Macanese culture is well displayed. If you are interested in our language classes or renting our ballroom, please email macauculturalcenter@gmail.com





Macanese Identity with Miguel de Senna Fernandes





Portuguese Glasses

Mandarin Tlasses

Macanese Diaspora Research by Joaquim M. de Castro



To celebrate the 100th Anniversary of our Lady of Fatima Apparitions, the Macau Cultural Center will be visiting Fatima in September 2017 with members of Casa de Macau, Lusitano, and UMA arranged by Braga Travel. Please contact Maria by Feb 15 at macauculturalcenter@gmail.com or 415-990-5534 if you have any questions or to book your trip.



THE BEST OF PORTUGAL "FATIMA AND SOUTH OF PORTUGAL" September 1 - 10, 2017

Price per person (excludes airfare): USD1968.00 sharing double/twin room USD2595.00 single room

Price includes:

Bus service 49-seater with driver and English speaking guide; Daily guided tour and lunch (L) at a local restaurant;

Hotels with daily breakfast (B) and dinner (D):

2 nights Hotel Lux Fatima 4*, 1 night at Alentejo Marmoris Hotel and Spa 5*, 1 night at Vila Galé Evora 4*, 4 nights at Hotel Vila Galé Cerro Alagoa 4*, 1 night at Hotel Vila Galé Palácio dos Arcos 5*

Add Airfare : SFO/Lisbon/SFO USD989.00 (subject to change at actual time of ticketing)

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ITINERARY:

Sept 1 – Lisbon/ Fatima (D)

Arrive Lisbon, transfer directly to Fatima. Dinner and overnight at Hotel Lux Fatima 4*.

Sept 2 - Fátima (B, L, D)

Breakfast at hotel. Free morning. Lunch at a local restaurant. Afternoon visit Tomar and Gruta na Serra de Mira D'Aire. Dinner and overnight at Hotel Lux Fatima 4*.

Sept 3 – Fatima / Vila Viçosa (B, L, D)

Breakfast at hotel. Depart Fatima towards Castelo de Vide (visit). Lunch at a local restaurant. Visit Marvão. Dinner and overnight at Vila Viçosa Alentejo Marmoris Hotel and Spa 5*

Sept 4 - Vila Viçosa / Évora (B, L, D)

Breakfast at hotel. Morning visit to Vila Viçosa. Lunch at a local restaurant. After lunch depart towards Estremoz. Dinner and overnight at Hotel Vila Galé Evora 4*.

Sept 5 – Evora / Albufeira (B, L, D)

Breakfast at hotel. Morning visit Evora. Lunch at a local restaurant. Afternoon drive to Albufeira. Dinner and overnight at Hotel Vila Galé Cerro Alagoa 4*.

Sept 6 – Albufeira / Algarve (B, L, D)

Breakfast at hotel. Visit Faro, Olhão, Tavira. Lunch at local restaurant. Dinner and overnight at

Hotel Vila Galé Cerro Alagoa 4*.

Sept 7 – Albufeira / Algarve (B, L, D)

Breakfast at hotel. Visit Serra de Monchique, Silves, Portimão.

Lunch at a local restaurant. Dinner and overnight at Hotel Vila Galé Cerro Alagoa 4*.

Sept 8 – Albufeira / Algarve (B, L, D)

Breakfast at hotel. Visit Lagos, Sagres, Cabo de São Vicente. Lunch at a local restaurant. Dinner and overnight at Hotel Vila Galé Cerro Alagoa 4*.

Sept 9 – Albufeira / Setubal / Paço de Arcos (B, L, D)

Breakfast at hotel. Depart Albufeira for Setubal. Visit Setubal,

Serra da Arrábida, Azeitão. Lunch at a local restaurant. Dinner and overnight at Hotel Vila Galé Palacio dos Arcos 5* at Paço dos

Arcos, close to beach and 11.5 miles from Lisbon.

Sept 10 – Paço dos Arcos / Lisbon Airport / Return

Breakfast at hotel. Transfer to Lisbon Airport for return flight. End of trip.

Macau Encontro 2016

By Nuno da Cruz



First held in 1993, the Encontro das Comunidades Macaenses took place this year in Macau from November 26 to December 2, 2016.

At this year's event (the 9th since its inception), there were approximately 850 participants from the Macanese Diaspora with the largest contingency of 199 members from the Lusitano Club of California along with approximately 700 locals.

Sponsored by the Macau SAR (Special Administrative Region) the event's purpose is to bring together the Macanese people from around the world in a week filled with festivities. Apart from the customary opening and closing banquet ceremonies, this year's event included several very informative seminars and an overnight bus trip to Guangzhou (formerly Canton).

Following the events in Macau, over 100 Lusitano members made the Pearl River Delta crossing to Hong Kong for an extended stay at the YMCA Tsim Sha Tsui, and also to attend a Cha Gordo at Clube Lusitano Hong Kong.

Prior to leaving Macau it was announced the next Encontro will be held during the last week of November 2019. It is projected that by the 2019 Encontro, participants will be able to drive from the Hong Kong International Airport directly to Macau over the new Hong Kong - Macau bridge. They will also be able to ride on the elevated metro subway systems in Macau scheduled for completion by then. As they say in Portuguese "ATE A VISTA".



Recipe

Serradura (Macau's famous Sawdust Pudding) By FAT RICE shared by Geraldine da Luz.



The exotic-sounding name belies the accessibility of this dessert. Found on many street corners and dessert shops in Macau, this relatively modern dessert is simply sweetened cream, either topped or layered with cookie crumbs. The cookie crumbs are the reason for the dish's name: Serradura is the Portuguese word for "sawdust." We've built from these humble beginnings by making a pastry cream to fold into the whipped cream/condensed milk combo, bolstered by the addition of cream cheese and contrasted by a tangy and floral guava sauce.

Serves 6

Ingredients:

2 1/2 cups heavy cream
4 ounces cream cheese, at room temperature
1/2 cup Pastry Cream
1/2 (14-ounce) can sweetened condensed milk
5 ounces guava paste
1/4 cup water
7 ounces (1 sleeve) Maria cookies
3 ounces palm sugar, grated (about 1/3 cup)

Method:

Chill the bowl of a standing mixer and whisk attachment in the refrigerator for at least an hour. Pour the heavy cream into the chilled bowl. Whip on medium speed until firm peaks form. Be careful to not overwhip. If cream gets overwhipped, it will start to turn into chunks of butter. (If this happens, congratulations, now you have homemade butter - but you're going to have to start the Serradura over.) Transfer to a different bowl and reserve in the refrigerator. Clean the mixer bowl and attach the paddle to the mixer. Beat the cream cheese on high speed until very smooth, scraping down the bowl with a rubber spatula as needed. Add the Pastry Cream and continue to mix on medium speed until incorporated and very smooth, again scraping down as needed. Add the sweetened condensed milk and continue to mix on medium speed until very smooth, again scraping down as needed. The name of the game here is smooth and it's essential that the mixture be lump free. Fold half of the reserved whipped cream into the cream cheese mixture. When fully incorporated, fold the other half in. When the pudding is nice and smooth, set aside in the refrigerator. Puree the guava paste and water in a blender until smooth and set aside. Put the cookies in a food processer and pulse until slightly broken down. Add the palm sugar and process until you have a uniform, sandy texture with no large chunks. Set aside. To serve, fill 6 small bowls or teacups with the pudding, then top each with a couple spoonfuls of guava sauce and a hearty sprinkling of cookie crumbs. Serve immediately, and save any leftover ingredients separately in clean, odorless, airtight containers.

Pastry Cream (Makes 2 cups) Ingredients:

cups milk
 cup sugar
 egg yolks
 teaspoons high-quality vanilla extract
 Pinch of salt
 teaspoons cornstarch

Method:

Combine the milk and half of the sugar in a heavy pot over medium heat and warm gradually, stirring gently, until you see steam rising from the surface of the milk; remove from the heat. In a bowl, whisk together the egg yolks, remaining half of sugar, vanilla, salt, and cornstarch until smooth and lighter in color. Temper the yolks by slowly drizzling the hot milk mixture into the egg mixture while whisking. When you've added at least half of the milk mixture to the eggs, pour everything back into the pot and place over medium heat. Gently stir with a rubber spatula, scraping the sides and bottom of the pot from time to time to make sure nothing is sticking. When the mixture comes to a full boil and thickens, transfer to a heatproof container and lay plastic directly on the surface of the pastry cream to prevent a skin from forming. Cover and refrigerate until fully cooled. Store refrigerated and tightly wrapped for up to 3 days.

New Portuguese Restaurant Coming soon to San Francisco!



Modern Portuguese Cuisine By Chef Telmo Faria Coming soon in Noe Valley! 1555 Church St, San Francisco

Chef Telmo Faria, was born in the Bay Area, California to Portuguese immigrant parents, who moved back to the island of Faial in the Azores when he was only a year old. Chef Telmo's first restaurant experience came when his father opened "Adega Santa" in Horta, Faial. It was there that his love of cooking and hospitality was forged. He recalls daily shopping trips with his father to the small seasonal stalls of the local outdoor market, purchasing fresh fish directly from fishermen at the city's docks, and visiting butchers selling local, sustainably raised meats.

Eventually returning to California, Chef Telmo enrolled at the California Culinary Academy in San Francisco. He has since spent the last decade honing his craft and refining his skills in the kitchens of LaSalette Restaurant (Sonoma, CA), Montrio Bistro (Monterey, CA), and most recently as the Executive Chef/Partner for the TMI restaurant group (Tacolicious, Mosto, Chino) in San Francisco.

With UMA CASA, Chef Telmo's goal is to use the inspirations of his childhood and heritage to bring to the Bay Area the flavors of Portugal, using the sensibilities and sourcing practices that have become synonymous with the San Francisco dining landscape.

Books of Interest

The following books were recently launched during the 2016 Macau Encontro. To place your order, please call Maria at 415-990-5534 or email macauculturalcenter@gmail.com



MACAENSE CUISINE Author: Antonio M. Jorge da Silva Cost: \$30 USD

This book not only contains some amazing Macaense recipes, but also its history and evolution.

FIVE HUNDRED YEARS OF MACAU Author: Stuart Braga Cost: \$15 USD

An amazing story of the small territory that was for several centuries the only gateway between China and Europe.





STORIES FROM THE WESTERN SEAS Author: Frederic "Jim" Silva Cost: \$12 USD

A random and light dipping into some aspects of our Portuguese past with old tales - some well known and some not so well known.

FAMILIAS MACAENSES II EDITION Author: Dr. Jorge Forjaz Cost: \$510 USD

The 2nd edition of the *Macanese Families* was presented with great success by the author Dr. Jorge Forjaz during the Macau Encontro who has spent decades in researching the Macanese geneology. This 6-volume 2nd Edition is a general review of the work of the 3-volume 1st Edition, updated in almost all the chapters and sub-chapters, adding 80 new chapters and illustrated with over 3,000 photographs. There will only be a special limited one time pre-order printing of this beautiful edition. Deadline to order: January 10, 2017. (*Actual cost of book \$450 USD plus \$60 USD cost of seamail to arrive USA April 2017.*)



More Books of Interest

The following books and a list of other books we carry are available for sale. To inquire or to place an order, please email lusitanoclubusa@gmail.com or call Maria at 415-990-5534. Partial proceeds benefit the Lusitano Scholarship fund or "MCC".

The Diaspora Encounter Memoir Author: Francisco A. Cruz (Published September 2015) Cost: Paperback \$15.99 USD or e-book \$2.99 USD

Francisco is now in the process of publishing his 2nd edition of this memoir. Quote: "This profound book is for anyone who is earnestly seeking answers about truth in the Judeo-Christian Ethics Encounter".



Traditional Macanese Recipes from my auntie Albertina By Cintia Conceição Serro (Published July 2012) \$20.00 USD

The Portuguese Community in Shanghai \$55.00 USD The Portuguese Community in Hong Kong - A Pictorial History Vol. 1 - US\$60.00 Vol. 2 - \$55.00 USD Diaspora Macaense to California - \$40.00 USD Macaenses - \$25.00 Author: António M. Pacheco Jorge da Silva

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LUSITANO BULLETIN

A quarterly publication sponsored by Fundação Oriente & Lusitano Club of California (a non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately.



Lusitano Club Shirts for Sale

Order your Lusitano Club shirt or jacket today.

Available in small, medium, large, XL sizes. All with embroidered logo as pictured. Contact Chris daRoza if interested! Black or White T-shirts \$15 Black or White Polos \$25 Black Fleece full zip jackets \$25 GOT MINCHI T-shirt (*as featured on front page*) \$20



Lusitano Bulletin Contact Info

Editors: Maria Roliz & Melissa Xavier Photographers: Hunter Choi, Cecilia Naval, Robert Roliz, Jojo Xavier Address: 582 Market Street #1905, San Francisco, CA 94104 Club Email: lusitanoclubusa@gmail.com Phone: (415) 397-0767 Fax: (415) 397-0835 Website: www.lusitanousa.org



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"Macau Encontro 2016" - November 26 to December 2, 2016