

LUSITANO BULLETIN

*The Publication of the
Lusitano Club of California*



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FALL 2018



*4th Annual Portuguese Heritage Night with the Oakland Athletics
September 21, 2018
Oakland Coliseum, Oakland, California, USA*

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President's Message

Dear Members and Friends,

I hope everyone had a fun summer and enjoyed our summer activities. I hope you all enjoyed the annual picnic while I was in Macau learning Portuguese (please read my article on page 16 to learn about my experience). Club members also enjoyed fun on the river with the Russian River camping and canoeing trip. The Club participated in its first Portuguese Heritage Night with the Oakland A's where we witnessed a 10-inning win by the Oakland A's against the Minnesota Twins! Please join us next year to enjoy the fun and celebrate our Portuguese heritage and baseball.

For this quarter's activities, we have the upcoming trip to Northern Portugal and Spain, the Macau Youth Encontro, and then we have our popular Annual Christmas Party to be held on December 8th (see page 5 for event flyer). Remember to RSVP as soon as possible as this event books up fast. The Macau Cultural Center is also having their Annual Nossa Senhora de Fátima mass and luncheon on October 14th, and PALCUS will be having a casino bus trip to Black Oak Casino on November 17th (see page 4 for details).

We have been receiving many inquiries regarding the 2019 Macau Encontro. Please note at this time we do not have any details on it yet, but if you have any friends or relatives interested in going (should there be one), the individual will have to be an active member in 2018 and 2019 in order to receive any subsidy from Macau. So please make sure they sign up to be a member in 2018. Membership applications may be requested via email to lusitanoclubusa@gmail.com or downloaded from our Lusitano Club website www.lusitanousa.org

Yours truly, Jessica Xavier, President

2018 Calendar of Events

LUSITANO

Oct 1 - 10: Trip to Northern Portugal & Spain

Oct 23 - Nov 2: Youth Encontro in Macau

Sat, Dec 8: Annual Christmas Party, San Mateo Elks Lodge (see p.5)

MACAU CULTURAL CENTER (MCC)

Saturdays in October (tba): Portuguese language and culture classes

Sundays in November (tba): Conversational Mandarin classes

Sun, Oct 14: Nossa Senhora de Fátima Mass & Lunch (see p.4)

PALCUS

Sat, Nov 17: Bus Trip to Black Oak Casino (see p.4)

Notice of Annual General Meeting of Members & Elections 2019 February 9, 2019

Dear Members,

An Annual General Meeting of Members of the Lusitano Club of California, a California non-profit mutual benefit corporation (the "Lusitano Club"), will be held at 3pm on Saturday, February 9, 2019, at Macau Cultural Center, 109 J Street, Fremont, CA 94536, for the following purposes:

1. To elect a board of up to eleven (11) directors, including four (4) directors who will also serve as President, Vice-President, Treasurer or Secretary, to serve for the ensuing year and until their successors are elected; and

2. To consider and act upon such other matters as may properly come before the meeting or any adjournment thereof.

Only Members of record at the close of business on September 28, 2018 are entitled to notice of and to vote at the meeting or any adjournment thereof. For eligible Members who will not attend the meeting in person, absentee ballots and proxies will be mailed out by the Club by December 31, 2018. Absentee ballots and proxies must be signed, dated, and received by mail to the Lusitano Election Committee, 1527 46th Ave, San Francisco, CA 94122 by February 8, 2019 or by hand delivery before the call for votes at the meeting on February 9, 2019.

Nominations for directors and officers in writing stating the name of the Member nominated and, if applicable, the officer position for which such Member is nominated, must be submitted to the Lusitano Nominating Committee, 582 Market Street # 2001, San Francisco, CA 94104, by mail or via fax to 415.3970835 to be received no later than December 18, 2018. All voting Members 18 years of age and over on record at the close of business on September 28, 2018 are qualified to be a director. List of nominees will be available after December 18, 2018.

By Order of the Lusitano Club Board of Directors

Mailing Address: 582 Market Street #2001, San Francisco, CA 94104
Tel: 415-3970767 **Fax:** 415-3970835 **Email:** lusitanoclubusa@gmail.com

Website: www.lusitanousa.org

Editors: Maria Roliz, Melissa Xavier **Webmaster:** Linda da Silva

Photographers: Huitier Choi, Cecilia Naval, Jojo Xavier



NOSSA SENHORA DE FÁTIMA

Sponsored by
Macau Cultural Center, USA
& Fundação Oriente, Portugal

SUNDAY, OCTOBER 14, 2018

11:15 AM MASS

ST. ANNE'S CATHOLIC CHURCH

1600 ROSSMOOR PARKWAY, WALNUT CREEK, CA 94595

12:30 PM LUNCH

CLUB ROOM, CREEKSIDE CLUBHOUSE ROSSMOOR

Directions: Tell Security you are going to Creekside Clubhouse.

After clearing Security, go straight on Rossmoor Parkway.

After the 3rd STOP Sign, turn Right into Parking lot.

Club Room is 1st room on the right when entering the Clubhouse.

COST:

\$12.00 (Members of Casa de Macau, Lusitano or UMA)

\$20.00 (Non-members)

No refunds for no shows

Please RSVP by October 4 with names of attendees to Flavia Greubel at 925-285-2051 or macauculturalcenter@gmail.com with check payable to Macau Cultural Center, 582 Market Street # 2001, San Francisco, CA 94104



**Join PALCUS for a fun trip to Black Oak Casino! Nov. 17, 2018
6:30am - 6:30pm**

Departure from Newark Pavilion

6430 Thornton Ave, Newark, CA 94560

Pastries, coffee, sandwiches, snacks and other drinks provided! Raffle and games on the way up! Prizes include \$50 gift

certificates to Fry's Electronics and UMA CASA Restaurant.

Cost: \$35

(\$20 credit in vouchers for food and games given at casino).

*All proceeds go to support the work that PALCUS does to support the national Portuguese Community. Visit www.palcus.org to learn more about their programs such as internships, scholarships, US Census Campaign - Make Portuguese Count, ... and so much more! **RSVP by Nov. 1 to Maria Roliz at macauculturalcenter@gmail.com***

LUSITANO CLUB

proudly presents its

ANNUAL CHRISTMAS HOLIDAY DINNER DANCE Saturday, December 8 2018 6 - 11pm

San Mateo Elks Lodge
233 W. 20th Avenue, San Mateo, CA 94401
(Enter from right side of building/parking lot)

Come celebrate with us

6pm Visit from Santa/Childrens' Gifts/
No Host Cocktails/Hors d'oeuvres

7:15pm Dinner Buffet

8:30pm Visit in the lodge room from
Magician & Balloon Artist Perry Yan

8:30 - 11pm Live Music/Dancing in main room
to the sounds of D-Major

10pm Raffle/Prizes



COST

\$32.00 Lusitano members (ages 19-61)

\$18.00 Lusitano senior & youth members,
& children (ages 5-12) of current members

\$22.00 Children of non-members (ages 5-12)

All Children under 5 years of age no charge

\$42.00 Non-members

*Please remember to advise names/ages of children 12 & under
when you RSVP so Santa can bring a gift from the North Pole and
be present with your kids at 6pm to welcome Santa*

RSVP BY NOVEMBER 20, 2018

to Tila at 415.6613027 or lusitanoclubusa@gmail.com

Mail check payable to Lusitano

c/o Dorothy Oliveira, 3714 Martin Dr, San Mateo, CA 94403

Annual Picnic

Perfect weather and great time as we enjoyed our annual picnic on July 28th at Beresford Park in San Mateo with plenty of food, fun, games, and prizes. Thank you to our chefs and helpers Hunter Choi, Maria Joao da Cruz, Chris daRoza, Clem Esmail, Ken Harper, Sheila Jun, Dorothy Oliveira, and Maria Roliz for making this another fun picnic. Muito Obrigado!





Visit www.lusitanousa.org and click on an event for more photos

Russian River Camp Canoe Trip

by Maria Roliz

This year we camped onsite at Burke's Canoe Campgrounds in Forestville where we were to embark on our Russian River canoe trip the next day August 11, 2018. Slowly by slowly, our campers showed up and tents popped up all in anticipation of our Club annual camp and river outing.

Some took off for a swim in the river by the campsite while the cooks in the families got their outdoor kitchens or barbeques set up to prepare dinner and meals to come. The children could not wait to have the campfire ready as soon as dinner was over to toast their marshmallows to make s'mores.

The weather and river were just beautiful for our canoe trip the next morning. With our orange life jackets on and oars in hand after our group orientation from Burke's Canoe Trip, we got into our canoes and started our 10-mile 6 hours leisure trip down the Russian River from Forestville to Guerneville. The tranquility and beauty of the river was just amazing as we paddled down river with stops for a swim or two and lunch along the river.

At the end of the day, we were glad to arrive at our disembark point where we pulled ashore our canoes and boarded a shuttle bus back to our campsite. After a nice shower, everyone looked forward to the evening's potluck dinner. What a feast! Minchi, lamb chops, steaks, chicken, prawns, fish, pasta, etc. shared by all our excellent



cooks with the night sky and stars shining above.

Goodbye to the fun outdoor weekend as we packed up our tents and camping gears the next morning until our return next year at Burke's Canoe & Camp weekend of August 9-11, 2019. Save the date!





Word Scramble

Search for some of our Club activities scrambled upwards, downwards, across, backwards, or diagonally.

**CAMPING CANOE PICNIC COOKING SPORTS
LANGUAGE TRAVEL CULTURE PARTY**

C	A	R	N	C	I	P	G	A	U	G	N	A	L	A	T	E	P
A	N	T	R	A	V	E	L	E	V	A	C	A	R	C	R	O	A
M	O	E	A	C	U	L	I	N	A	R	N	Y	R	A	T	N	R
G	E	V	M	E	Y	G	A	E	R	G	S	T	R	A	N	A	T
N	E	A	B	V	C	O	N	K	U	T	Y	T	R	A	P	C	O
I	O	R	L	A	R	O	T	A	Y	R	A	P	R	K	R	O	B
P	N	R	U	R	A	M	O	L	L	I	O	F	V	O	K	O	N
M	A	T	R	T	V	E	C	K	O	Y	T	R	P	A	P	A	C
A	L	A	E	R	L	O	O	K	I	N	G	S	P	A	C	S	D
C	A	U	V	U	E	U	G	A	U	N	G	N	A	G	E	O	A
A	N	G	G	E	R	R	C	O	P	A	G	U	A	T	R	S	R
C	I	N	C	I	P	Y	T	R	A	E	G	A	U	G	N	A	L

PORTUGUESE HERITAGE NIGHT



Lusitano joins this year's non-profit community partner, the Portuguese Historical Museum, in celebrating our Portuguese Heritage at the Oakland A's game vs. Twins as we cheered on the A's with a 7-6 win on September 21st. Present were over 1600 Portuguese.

As a souvenir, all special event ticket holders received an exclusive A's Portuguese Heritage Stomper Bobblehead and a Sean Manaea No-Hitter Bobblehead to commemorate this special night.

Viva Portugal and the A's!



Macau Cultural Center “MCC”

by Maria Roliz, President “MCC”

This September we completed another series of Portuguese and Mandarin classes thanks to *Fundação Luso-Americana para o Desenvolvimento* and *Conselho das Comunidades Macaenses* respectively for subsidizing these classes so they could be offered at such an affordable cost of only \$30 per series to members of our Casas. We will be starting our next series of 5 classes in late October and November. Please email us at macauculturalcenter@gmail.com to register for the next series of classes.



*Conversational Mandarin classes
with Ms. Celine Lee*

*Portuguese language &
culture classes with
Professor Jose Luis da Silva*



Event/Ballroom rentals

Host your next event at MCC.

Cost:

**\$400 for Casa members
\$700 for for non-members**

**Please join us on October
14th to celebrate Our Lady
of Fatima Mass and lunch
in Rossmoor (see flyer pg 4)**

The Macau Cultural Center is a 501(C4) volunteer based organization and we thank all our directors and volunteers for their continuous selfless devotion and time in maintaining our center so we can offer classes and cultural events during the year to preserve and promote our unique Macanese heritage and culture. We are also thankful of the year round rentals in our building and donations that help pay for our building expenses. Please consider making a donation to the Macau Cultural Center. All donations can be mailed to 582 Market St # 2001, San Francisco, CA 94104.

SYMPOSIUM: Macau Update and Reflections on the Macaense Experience

by Sheila Jun



On August 29th, the Macau Cultural Center hosted an interesting program and luncheon co-sponsored by the International Institute of Macau for some 60 attendees.

Professor Ming K. Chan of Stanford University who has spoken at many different occasions about Macau introduced the two guest speakers: Mr. António M. Jorge Da Silva and Mr. Davis Hou Nam Ip. He then gave a brief overview of both speakers and how the Chinese book project “The Macau Portuguese” started and its importance.



António Jorge da Silva who has dedicated the last 20 years to documenting the history of the Macaense people, spoke about his book "Macaenses: the Portuguese in China (2015)" which was recently revised by him then translated into Chinese by Davis Ip to be published in 2019.

António da Silva commented that “many historians have written about the History of Macau, but little has been mentioned of its people. Our descendants now all over the world know little about our people, how our ancestors lived, and who we are genetically.”



His book discusses this subject and refers to class distinction in the society of the Portuguese people of Macau.

He stressed:

“We, last of the *Macaense* People, will be remembered! The majority Chinese residents of Macau, our “Hing-Tai” who endured hard times with the Macaenses over the centuries will be remembered with us. Our separate cultures and the language barrier kept us apart, yet we lived in harmony.”

He then went on to introduce his upcoming illustrated book "The Portuguese Community in Macau, A Pictorial History" illustrating the persona of this Portuguese city on Chinese soil and the Macaense community who lived there. This new book to be published in 2019 will complete the pictorial series on the Portuguese communities in China adding to the three volumes already published on Hong Kong and Shanghai. A real treasure for future generations of the Macaense people.

Mr. Davis Hou Nam Ip then took center stage to speak of his deepened appreciation of the Macaense in translating da Silva's book into Chinese, and gave us an UPDATE and his REFLECTIONS of MACAU today through his journalistic lens:

- To how Macau has developed, changed and grown.
- The incredible reversal of the "4-tier social ladder", in which now the Chinese count.
- The rise of a conglomerate of opulent casinos, patronized in majority by clients from interior of China.
- The completed erection of the bridge from Hong Kong to Macau.
- Referenced how China benefits from Macau.
- That the Portuguese are an intricate and important asset to Macau, and together they are looking to diversify economics by maintaining local culture and ways of increasing tourism.
- Drew our attention to China's involvement in many different countries regarding assisting with infrastructure, labor, and various developments.
- Leaving us to speculate where Economic leadership is headed.

25-year old Davis Ip comes with an impressive CV. Tracing from his schooling at Salesian Institute and University of Macau. Grad and post grad from Universities in Netherlands and London onto becoming a reporter for Macau Post Daily and TDM Chinese TV Channel. It was a privilege to have this young man share his experience with us during his short visit from Macau.

This followed with a panel of questions for all the speakers; after which we were treated to a delicious Macanese luncheon: our traditional MINCHI, Portuguese-African chicken, Napa cabbage, Mango pudding, and fresh fruits.

Thank you to our chef Dorothy Oliveira, President Maria Roliz, and her team for this most enjoyable event.

Luso-American Education Foundation Cultural Youth Summer Camp

by Marco Segovia (age 12)



This was my first year at the Portuguese Cultural Youth Summer Camp and I have to say, I did not expect it to be this good. I really enjoyed staying at Sacramento State University for those past five days June 25-29, 2018. It was a very fun and educational experience for me to be able to learn more about my culture and to get a feeling on how it is like to live in a dorm. Each day had a specific theme that we would focus on for our activities, for example:

Day 1: Orientation

Day 2: College Day

Day 3: Cultural Day

Day 4: Fun Day

Day 5: Awards Ceremony

We visited the Portuguese National Church. The people there were very nice and welcoming, especially to newcomers.



Each of the staff members had a positive attitude and could relate to college life. The kids there were all in the range of 12-17 years so it was pretty well organized. This year we focused on Brazilian culture. We also learned some Brazilian dances such as the famous Shamarita and had a cultural dinner that served delicious Brazilian food.

Everyday there would be someone new that the camp would invite and talk about Portugal, college, future planning, etc. There would be a professor and business people who wanted to share their job experiences and I even got to meet a singer known well in Portugal and he gave us a signed CD.



Overall, this camp was a fun ride to be on and I would definitely recommend it to anyone who is looking to meet new people, learn more about their heritage, and to get a taste of college life.

I would also like to thank the Lusitano Club of California for sponsoring me and for giving me this wonderful opportunity.



*A Portuguese telha (tile)
I made during art class*

32nd Portuguese Language Summer Course in Macau

by Jessica J. Xavier



This summer I went to Macau for three weeks to learn Portuguese. When I told my friends and colleagues outside of the Macanese community that I was going to Macau to learn Portuguese, they were very confused and had lots of questions. They asked why? Isn't Macau in China? Why would you learn Portuguese in China? You see, many of them have never heard of Macau or didn't know about the Portuguese in Macau. This was my opportunity to teach them about Macau, its history and about my heritage.

The University of Macau (UM) held its 32nd Portuguese Language Summer Course from July 16 – August 3, which was a three-week intensive course attended by 460 students from more than 10 different countries and regions, including the U.S., Australia, United Kingdom, France, India, Japan, South Korea, Singapore, Taiwan, Hong Kong, Macau with the majority from mainland China. Six participants came from the U.S.: myself, Leonardo Xavier, Eduardo Collaco, Lola Lopes, Margaret Lopes, and Jerry Lopes. The students were mostly young adults in their early twenties in college or high school so it was a unique experience for us “older adults” to experience college dorm life.

The classes involved four hours of instruction and allowed me to be immersed in the language. Classes ranged from introduction level to translator level. I, along with Leonardo, Eduardo and Jerry, attended

the introductory class while Lola attended the basic class, and Margaret was in the intermediate class. Eduardo, although fluent in Portuguese, took the introductory class in order to brush up on his Portuguese basics and grammar. Being the oldest student of the course, Eduardo met many young friends who learned a lot from Mr. Collaco and appreciated his knowledge of Portuguese and stories of Macau.

UM has an expansive and beautiful campus with a multi-level fitness facility, tennis courts, basketball courts, huge swimming pool,



Museum Tour



Univ. of Macau



Library





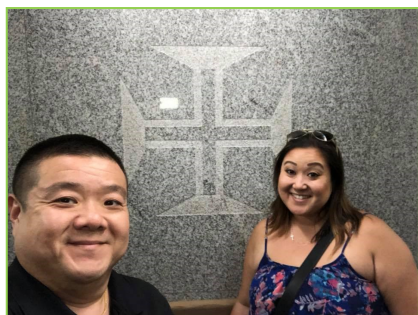
TOP PHOTO:
*Dinner with some classmates.
 From USA.*
*L front : Lola Lopes,
 Jessica Xavier*
*R front: Margaret Lopes,
 Leonardo Xavier*
End of table: Jerry Lopes

BOTTOM PHOTO:
*L-R: Leonardo Xavier,
 Professor Mario Nunes,
 Eduardo Collaco,
 Jessica Xavier*

grocery store, restaurants and much more. The course also had extracurricular activities such as Portuguese singing and dancing, fitness, creative writing and viewing Portuguese films. The University provided tours to the Maritime Museum, Science Museum and St. Paul Ruins.

The course allowed students to improve their Portuguese language skills and also a greater understanding of Portuguese cultures.

Although my parents spoke Portuguese to each other, it wasn't taught to me and my siblings as children and I've always wanted to learn. It was an interesting and fulfilling experience, and I'm glad I took the opportunity to attend. This course allowed me to focus fully on learning basic Portuguese phrases, grammar and pronunciation. The Portuguese language is important to maintain and preserve our Macanese heritage. It is an essential part of our Macanese heritage.



*A visit to Lusitano Hong Kong
 with my brother Leonardo*

Learning and continuing to speak Portuguese within the Macanese diaspora will ensure that this unique culture will survive for future generations. It was an enlightening experience and a positive beginning to my Portuguese language journey as I fully intend to keep learning. So after my summer in Macau, I can finally say: Sim, eu falo Português.



Armando da Luz receives Presidential Acknowledgement

by Nuno Prata da Cruz

Born in Hong Kong, a high school dropout, Lusitano club member Armando da Luz has received praises from the highest office in the land.

Interviewed over the telephone for this bulletin's article, Armando says "I believe I am the first FM (Filo Mac also referred to as Macaense) to have written a book 'HIGH SCHOOL DROPOUT' worthy of a Presidential Acknowledgement. That's news isn't it?". The book is an anthology of his years in the US. Armando is currently 88 years old.

At age 26 Armando, his wife and son with help of relatives left Hong Kong and immigrated to the US to make his dreams come true and "make good" under the "spacious sky" of America. He was sure he could attain his life's goals because he possessed a certitude of purpose for a greater expanse in life. In Hong Kong he was consigned to the lower stratum of the colonials where Armando says he was considered lacking in the social skills to benefit any long-term employment.

Armando is thoroughly convinced that with an average intelligence one can succeed in life, but that desire alone is not sufficient. One must put in the dedication to actively seek success.

For further reading or to get a hold of a copy of his book please contact the Club.

Congratulations Mr. da Luz on this recognition.

SILICON VALLEY PORTUGUESE EDUCATION & CULTURE FOUNDATION

1115 East Santa Clara Street, Suite 7, San Jose CA 96116

<https://www.svportugueseeducationfoundation.org>

A 501(c)3 non-profit foundation

The Lusitano Club of California is a proud community sponsor of SVPECF. You can now support the work of SVPECF if you are an Amazon shopper. Just visit www.smile.amazon.com instead of amazon.com and select [Silicon Valley Portuguese Education & Culture Foundation](#) as your charity of preference and Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases. Please tell your friends to help support Portuguese language classes.

Inaugural Portuguese-American National Conference

by Arthur Britto

Angela Costa Simoes, Chairperson of PALCUS Board of Director, welcomed the assembly at the Inaugural Portuguese-American National Conference, a momentous occasion for more than 270 Portuguese-Americans that gathered at the Marriott Hotel in Washington DC on June 23, 2018. The conference attracted Portuguese-Americans throughout the United States, Quebec and Puerto Rico and included politicians, scholars, educators, community and fraternal leaders to participate in the discussion and to establish plans of action on issues of concern to many Portuguese-Americans who had responded to PALCUS 2017 National Survey that wanted to know why so few Portuguese-Americans are not running for public office and why the Portuguese language being the sixth most spoken in the world is not being taught as a second language in U.S. schools.



This conference in Washington D.C. was organized by PALCUS in collaboration with the Embassy of Portugal with the support of Ministry of Foreign Affairs of Portugal and the Luso-American Development Foundation (FLAD). The presence of Dr. António Guterres, Secretary-General to the United Nation as the keynote

speaker at the luncheon was the highlight of the day.

Amongst the many attendees were San Francisco Consul General Maria Joao Lopes Cardoso, Dr. Manuel Bettencourt, Mary Alsheikh, Geraldine da Luz, and Arthur Britto. A dinner reception was held at Ambassador Domingos Fezas Vital's residence that evening. Vital had also served under H.E. Vasco Joaquim Rocha Vieira who was the last Portuguese governor of Macau.



*Left: Ambassador Domingo Vital, Arthur Britto, Dr. Manuel Bettencourt
Right: CPAC Pres. Diniz Borges with Consul General Maria Joao Lopes Cardoso*





Left: Mary Alsheikh, Arthur Britto, PALCUS Chair Angela Simoes

Right: Arthur Britto, Congressman Devon Nunes, Mary Alsheikh



Left: FLAD President Vasco Rato, UN Secretary General Antonio Guterres, Minister of Foreign Affairs of Portugal H.E. Augusto Santos Silva

It should be noted that PALCUS is launching a national campaign to “Make Portuguese Count” by ensuring that its own ethnicity option in the U.S. 2020 census. PALCUS is working with members of the “Portuguese-American Caucus” in the U.S. House of Representatives and with the “Friends of Portugal” in the U.S. Senate for revision and for approval on the said option.

In conclusion the issues that were commonly discussed at the conference were proposed in the Portuguese-American National agenda are as follow:

(1) PALCUS is creating the first national "Complete Count Committee" with the U.S. Census Bureau to establish a national campaign to ensure that all Portuguese are counted as its own ethnicity in the 2020 U. S. Census under the hash tag *#MakePortugueseCount*

(2) Following a suggestion by Hon. Phillip Rapoza, Chief Justice of MA Appeals Court (Ret.) during his presentation on the integration of Portuguese-Americans in the U.S. judiciary, a group of young Portuguese-American attorneys announced that they were launching The Portuguese-American Bar Association of the U.S. to support and mentor attorneys in their career paths

(3) Dr. Dan E. Davidson, President Emeritus, American Councils for International Education and Director, American Councils Research Center, who attended the conference announced that the U.S. Dept. of State has recently included Portuguese as one of 15 critical languages of instruction in the United States and that there are scholarships available through the U.S. Dept. of Education.

The **Portuguese-American Leadership Council of the United States (PALCUS)** will compile a final report that will include action items to be published in the coming months for distribution.

Macau ... Our Unique Connection Can You Save My Life?

by Peter McCleave (residing in UK)

My name is Peter McCleave. 40 years old. Husband to Jenny and dad to two boys; Max 8 and Seb 5. (I'm the bald one in the middle!) My father's family, the Costa family, are of Macanese descent.



I have been given 7 years to live having been diagnosed with an incurable blood cancer; Myeloma. As you can imagine, this news has shaken my family and I.

But there is hope and you have the power to change this; to give me, and people like me, more time.

Myeloma has left my immune system compromised. Stem cells (we all have millions of these in our blood. They grow into new healthy cells in our bodies) can be used to fix this. Mine don't work but yours might.

I need someone who is a match to donate some of his or her stem cells, which can be transplanted into my blood.

Why I am asking for the help of all Macanese people?

There are currently 30 million people on the stem cell register globally. Unfortunately none are a match for me. Genetically, I am aligned to my Macanese ancestry and as such, someone in our community has a significantly greater likelihood of being a match.

What can you do?



I do not want your money. You have earned that. Keep it and spend it on what makes you happy. What I would like to ask of you is that you take 3 minutes of your time to see if you are a stem cell match for me. This is none invasive and painless. I promise.

How do you do it?



1. US donors - <https://www.dkms.org/en/register>
2. Canadian donors - <https://blood.ca/en/stem-cell/onematch-information-new-registrants>
3. They will send the pack in the post to you. Take 3 minutes to swab your cheeks and return them in the pre paid envelope.
4. THAT'S IT!!

What happens next?

You will be added to the register and the next time you hear anything will be if you are a match for someone like me.

Thank you for taking the time to read this. You are all busy people but if it is within you to register, know that even if I am not the life saving beneficiary, someone else's might be.

My blog: www.petermccleave.co.uk

My website: www.10000donors.com.

Donor FAQ: <https://www.dkms.org.uk/en/frequently-asked-questions>

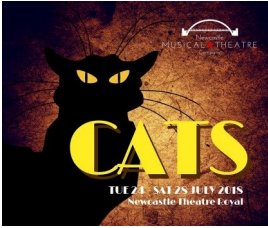
Hong Kong Portuguese Community Artefact Collection Campaign



As published in our last Bulletin issue, the Hong Kong Museum of History is proceeding with the Research Project and the Artefact Collection Campaign for the construction of an exhibition of the history of the Portuguese community of Hong Kong. Your help is needed to complete this 4-year project with oral histories and artefacts for display to preserve and to pass on our heritage and culture.

Please contact Francisco da Roza via Facebook, email hollydr@biznetvigator.net or cell: +852 9099 2998.

Bryony Souza-Hawkins performs as Demeter in CATS

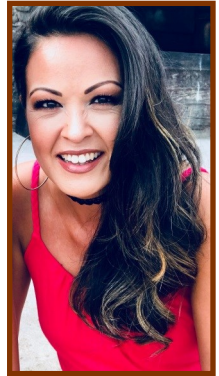


For the first time in its history, Andrew Lloyd Webber's famous and beloved musical CATS graced the stage at Newcastle Theatre Royal in UK July 24 – 28, 2018.

We congratulate Lusitano member, Bryony Souza-Hawkins, daughter of Mike & Lynn de Souza for being picked to play Demeter.

Bryony currently works as an HR Case Manager for the Met Police but has always had a huge passion for performing arts, having performed in professional shows and TV productions since the age of nine and trained in dance, singing and drama since the age of two.

Her previous roles have included; Lucy in Sweeney Todd; Sandy in Grease; Mrs Johnstone in Blood Brothers and Anita in West Side Story. She has also performed in the West End touring production of Joseph and the Amazing Technicolor Dream Coat, Sunday Night at the London Palladium and numerous professional pantomimes.



During an interview, Bryony (*dressed as Demeter in the middle*) stated: "If I were a cat, I'd probably be a rather large, loud, sociable cat, as I love my food, sing all the time and enjoy going out with family and friends. I'm most looking forward to performing on the Theatre Royal stage again and having lots of family and friends come up to see the show, as well as the dressing room antics during show week, of course!"

Macau African Chicken

Recipe by Dorothy Oliveira

Ingredients to prepare chicken:

6 lbs chicken pieces
2 tsp Chili powder
2 tsp minced garlic
2 tsp paprika
4 tsp five spice powder
1 tbl salt
1 tsp black pepper

Instructions:

Mix altogether and marinate chicken for about 3 hours.
Broil in oven and brown all sides.



Ingredients to prepare sauce:

Oil for frying
2 cups shallots minced
1 cup minced garlic
1/2 cup paprika
1/2 cup sugar
1 cup coconut milk
4 tbls peanut butter
2 cups chicken broth
3 bay leaves

Instructions:

Heat oil over medium heat.
Add shallots and garlic and cook until softened (careful not to burn).
Add all other ingredients and simmer for another 15 minutes over low heat.
Drizzle a little sauce over each piece of chicken and bake at 350 deg. for 30 minutes. Extra sauce can be served on the side.

Serve with rice.

Pudim Molotov **(Portuguese Meringue Pudding)** *Recipe by Dorothy Oliveira*

Ingredients:

12 egg whites
2 cups sugar

Ingredients for caramel sauce:

2 cups sugar
1 tbsp water



Instructions:

Grease a large bunt pan and set aside. Meanwhile, in a large heavy skillet, cook sugar and water on med heat until it turns into a smooth golden caramel.

Put the caramel into the bunt pan. Rotate the bottom of pan and sides to coat with caramel. Set aside.

Beat egg whites until stiff. Add sugar and beat to incorporate. Place egg whites in bunt pan. Tap pan lightly on counter to take out air bubbles.

Cook the Pudim in (bain marie) for 12 minutes at 375. *Do not open oven for at least 10 minutes* Let the Pudim cool.

Take out of the oven, let completely cool and refrigerate until ready to serve. When ready to serve place a large serving platter on top of pan and flip over

Spread the caramel glaze over the pudim! Enjoy!

Websites of Interest

Consulate General of Portugal in San Francisco

<http://www.portugalinsf.com/>

Macanese Families

(A website dedicated to preserving and disseminating our Macanese culture, history, and genealogy)

<http://www.macaneseibrary.org>

Instituto Internacional Macau (IIM)

(You can find videos and latest info on their published books which may be purchased from Lusitano Club)

<https://www.iimacau.org.mo/>

LUSITANO BULLETIN



A quarterly publication sponsored by Fundação Oriente and Lusitano Club of California (a non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately.

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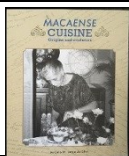
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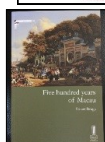
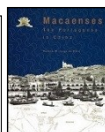
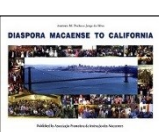
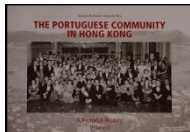
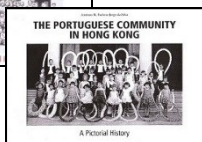
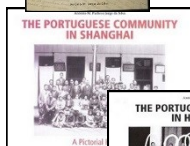
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Macaenses \$25.00 USD

Author: António M. Jorge da Silva



Five Hundred Years of Macau \$25.00 USD

Author: Stuart Braga

The Western Pioneers and their Discovery of Macao \$32.00 USD

Author: J. M. Braga

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Portuguese Heritage Night with Oakland A's as they win in the 10th inning 7 - 6 vs. Minnesota Twins, September 21, 2018