

LUSITANO BULLETIN

*The Publication of the
Lusitano Club of California*



VOLUME 29 ISSUE No.4

WINTER 2019



*The Lusitano Board of Directors & Officers
Wishes you a Very Merry Christmas and a Happy New Year*

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President's Message

Boas Festas e Feliz Ano Novo! May your Christmas sparkle with love and laughter, and may the New Year 2020 be full of contentment and joy.

Thank you for all your support throughout the year and our sincere gratitude to the Conselho das Comunidades Macaenses (CCM), International Institute of Macau (IIM), and Fundação Oriente Portugal for their sponsorship this past year.

2019 has been a great year for our Club with a variety of cultural and social events held, scholarships and educational summer camps awarded to our youths, and a most enjoyable trip to the Macau Encontro das Comunidades Macaenses where we were able to meet old and new friends from around the world. As this December 20th marked the 20th Anniversary of the Macau SAR, it is reassuring to see how the current Macau SAR has progressed with the one country two systems still with a lot of Portuguese influence present. To commemorate this momentous occasion, a photo exhibition and Macanese cooking demonstration are in the works this Spring with details to be announced.

Our calendar of events for 2020 promises to be another fun filled year as we celebrate and promote our unique Macanese heritage and culture. On January 22nd, we will be attending the 1st Portuguese Community Night with the Golden State Warriors at the Chase Center in San Francisco that we have initiated. Our special events ticket will now include a special give away T-shirt. Please contact us to purchase your ticket (*see details on page 4*). On February 1st, we will be holding our Annual General Meeting and Elections and our Chinese New Year Party. Please come and share your ideas with us at this annual meeting and celebrate the Lunar New Year of the Rat as we welcome in our 2020 new Board of Directors.

In closing, I would like to thank our dedicated and selfless Board of Directors and all our volunteers for their outstanding work which is greatly appreciated. It has been a real pleasure working with all of you. Muito Obrigado!

Sincerely, Maria C. Roliz, President

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2020 Calendar of Events

LUSITANO

** Tentative dates subject to confirmation*

Wed, Jan 22: Portuguese Community Night w/GS Warriors, Chase Center, San Francisco

Sat, Feb 1: AGM/Chinese New Year Dinner Dance, "MCC", Fremont

March *: Casino Trip (*location to be decided, call for input/details*)

April/May *: Annual Clambake, San Mateo Beresford Park

Sat, Jun 13: Dia de Portugal, San Jose (*Booth volunteers needed!*)

June *: Portuguese Heritage Night w/SF Giants, AT&T Park, SF

June 22-26: Luso-American Education Foundation Youth Cultural Summer Camp at California State University, Fresno (*Lusitano will once again sponsor 4 youths ages 12-17 based on availability to this 5-day Portuguese cultural camp. Please email us for further details. Deadline to register: January 31, 2020*)

July *: Annual Picnic, San Mateo Beresford Park

Aug 7-9: Russian River Camp/Canoe Trip, Forestville

Aug 29-Sep 9: Trip to Budapest, Vienna, Munich, Oberammergau for "The Passion Play", and Prague

Sept *: Portuguese Heritage Night w/Oakland A's, Oakland Coliseum

Oct 1-3: Luso-American Education Conference, Cal State Fresno

Sat, Dec 12: Annual Christmas Party, San Mateo Elks Lodge

MACAU CULTURAL CENTER

Saturdays in Jan/Feb *: Portuguese Language/Culture Classes (*Please register at macauculturalcenter@gmail.com \$30/5 classes*)

Mar/Apr *: 20th Anniversary of Macau SAR Exhibition/Celebration

Sat, June 20: Dia de São João Mass & Lunch, "MCC", Fremont

Sun, Oct 11: Nossa Senhora de Fátima Mass & Lunch, Rossmoor

2020 Membership Dues Reminder

All membership dues for 2020 are now due regardless when you joined except for new members approved September 1, 2019 and after who are exempt. Please mail your check payable to Lusitano Club c/o Dorothy Oliveira, 3714 Martin Dr, San Mateo, CA 94403.

Members (ages 19-61) \$20

Seniors (ages 62 & over) \$15

Youths (ages 12-18) \$10

Canada & overseas members \$25

**Be Green! Sign up for Lusitano e-Bulletin
at lusitanoclubusa@gmail.com**

Luso-American Education Foundation Youth Cultural Summer Camp June 22 - 26, 2019

The Luso-American Education Foundation (LAEF) will be holding their Annual Youth Cultural Summer Camp on June 22-26 this year at California State University, Fresno. This camp gives students an opportunity to learn about college life and the Portuguese culture. Lusitano will once again sponsor 4 youths ages 12-17 to this 5-day Portuguese cultural camp. Please email us for further details.

Deadline to register: January 31, 2020.

LAEF awards scholarships/grants to high school seniors and college students of Portuguese descent. You can be a member! Annual Individual membership \$50. Family membership \$100.

2020 Lusitano Scholarship Grant

Lusitano offers two \$1000 scholarship grants each year towards a trade school or college tuition for current Lusitano members ages 18 & over. Applications for the school year 2020-2021 are now available. Email lusitanoclubusa@gmail.com to apply. Deadline is July 31, 2020.



**Portuguese Community
Night**
Golden State Warriors
vs. Utah Jazz



Wednesday, January 22, 2020 7pm Chase Center

Lusitano Club has taken the initiative to promote the 1st Portuguese Community Night with the Warriors at the new Chase Center in San Francisco. Teaming up with several Portuguese organizations, we have already sold over 330 tickets. First 10000 fans will receive the All Star Voting Nesting Dolls, and our special events ticket holders will receive a special T-shirt. We have also extended our ticket sales so spread the word and celebrate our Portuguese heritage.

Order your tickets now! Contact lusitanoclubusa@gmail.com or 415-990-5534 to purchase from our blocked seats in upper level sideline or corner baseline.

TICKET COST: \$80

**LUSITANO ANNUAL GENERAL MEETING (AGM)
& ELECTIONS OF DIRECTORS & OFFICERS
SATURDAY, FEBRUARY 1, 2020 3:00 PM
MACAU CULTURAL CENTER**

109 J Street (corner of Niles Blvd), Fremont, CA 94536

Our Annual General Meeting & Elections is held once a year where a new Board is elected for a one-year term with a maximum of five consecutive terms. As adopted by majority vote at our last annual general meeting, we are now able to vote in our new Board by acclamation where there is an uncontested slate in lieu of ballot or proxy voting on February 1st. Please join us to thank our outgoing Board, welcome our new Board, share your ideas, and celebrate the new year with us.

The nominees for the 2020 Lusitano Board are as follows:

Director & President: Chris daRoza

Director & Vice-President: Leonardo Xavier

Director & Secretary: Dominique Sullivan

Director & Treasurer: Annie Puska

Directors: Michael Carion, Nuno da Cruz, Suzie Ferras, Lucille Figueiredo, Ken Harper, Kirk Harper & Leonor Marquez

**LUSITANO CHINESE NEW YEAR
DINNER DANCE**

**SATURDAY, FEBRUARY 1, 2020 5:30-10:00PM
MACAU CULTURAL CENTER
109 J Street, Fremont, CA 94536**



Come and join us as we welcome in

The Year of the Rat

and our 2020 Board of Directors

Members \$18.00/ Non-members \$25.00

**RSVP to Tila at 415-661-3027 or
lusitanoclubusa@gmail.com**

**Mail check payable to Lusitano by January 15th to
Dorothy Oliveira, 3714 Martin Dr, San Mateo, CA 94403**

Annual Christmas Party

by Maria Roliz

What a magical evening as Lusitano celebrated its Annual Christmas party on December 14th at the San Mateo Elks Lodge filled with the spirit of Christmas, an abundance of food, wine, music, prizes, and entertainment. We were honored to have the presence of our San Francisco Consul General of Portugal Maria João Lopes-Cardoso, her husband Valery, and Santa with his short visit bringing gifts to the children who sparkled and grinned amongst the 250 members and friends in attendance. The band “Kopy-Katz” kept the dance floor filled with people dancing the night away whilst Magic Dan kept the children busy with his magic show. Thank you to our amazing vocalists Eric Ribeiro and Tracy Baker for singing the Portuguese and American National Anthems and all our volunteers and directors for putting together another fun and successful party. Merry Christmas!



Consul General
of Portugal



Volunteers







Make **PORTUGUESE** Count

“Write in “Portuguese” for Question #7 in your 2020 U.S. Census on April 1”

PALCUS (Portuguese American Leadership Council of the United States) is working with the U.S. Census Bureau to ensure that all U.S. residents of Portuguese ancestry are accurately counted in the 2020 Census by establishing the 1st national Complete Count Committee in the bureau's history. Every household will receive an invitation to participate in the 2020 Census from either a postal worker or a census worker, and you will have the option of responding online, by mail, or by phone. The 2020 Census on April 1 will help decide how billions of dollars will reach families and communities and the funding for dozens of vital programs. The proposed Question #7: Race/Origins will give a clear option to identify our numbers and our voice. **We urge all Portuguese to write in the word “Portuguese” on the Race/Origin Question #7.** You can mark more than one ethnicity if you are only part Portuguese, but please do not forget to write in “Portuguese” also. Help us spread the word.

We are Portuguese and we count!

7. What is this person's race?

Mark ☒ one or more boxes **AND** print origins.

☒ White – Print, for example, German, Irish, English, Italian, Lebanese, Egyptian, etc.

Portuguese

☐ Black or African Am. – Print, for example, African American, Jamaican, Haitian, Nigerian, Ethiopian, Somali, etc.

☐ American Indian or Alaska Native – Print name of enrolled or principal tribe(s), for example, Navajo Nation, Blackfeet Tribe, Mayan, Aztec, Native Village of Barrow Inupiat Traditional Government, Nome Eskimo Community, etc.

☐ Chinese

☐ Filipino

☐ Asian Indian

☐ Other Asian – Print, for example, Pakistani, Cambodian, Hmong, etc.

☐ Vietnamese

☐ Korean

☐ Japanese

☐ Native Hawaiian

☐ Samoan

☐ Chamorro

☐ Other Pacific Islander – Print, for example, Tongan, Fijian, Marshallese, etc.

☐ Some other race – Print race or origin

Websites of Interest

NEW!

Consulate General of Portugal in San Francisco

<https://www.saofrancisco.consuladoporugal.mne.pt/en/>

Macanese Families

(A website dedicated to preserving and disseminating our Macanese culture, history, and genealogy)

<http://www.macaneselibrary.org>

Instituto Internacional Macau (IIM)

(You can find videos and latest info on their published books which may be purchased from Lusitano Club)

<https://www.iimacau.org.mo/>

Our Lusitano Trip to Taiwan, Macau & Hong Kong

by Joe Machado

Taiwan

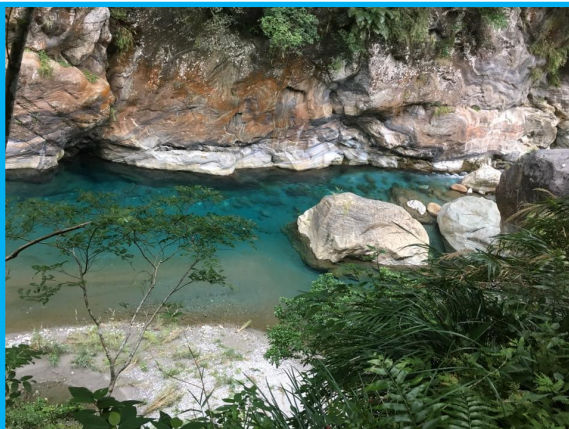
Our Far East trip in conjunction with the 2019 Macau Encontro sponsored by the Lusitano Club of California was a wonderful success. The trip was well organized by Braga Travel and well led by our group leaders Maria Roliz and Dorothy Oliveira. The airline EVA Air was great, the hotel accommodations were all top notch, our two buses were all modern, comfortable, and clean, everything was on time, the food was sumptuous, and of course the sightseeing was fabulous.

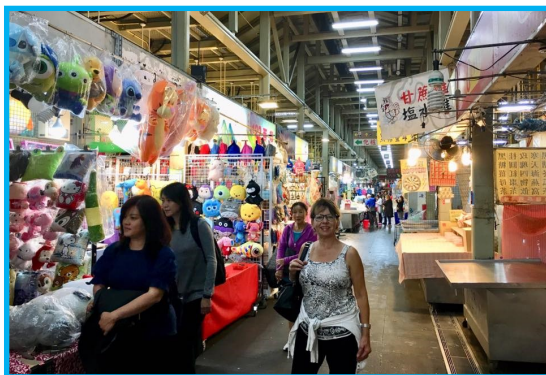
The trip was very full. Immediately upon arrival November 18th in Taipei we were whisked away to see Lung Shan Temple, Presidential Square, Chang Kai-shek Memorial Hall and Taipei 101 Observatory. We had lunch at the world-famous Din Tai Fung restaurant and finally settled in at the comfortable Riviera Hotel. Unfortunately, the weather did not allow us the spectacular view that the Taipei 101 Observatory would have allowed, but the fabulous food from Din Tai Fung more



than made up for our disappointment. We were able to get the historical perspective of the post-World War II history of Taiwan.

The next day we were up early for the tour of the east coast of Taiwan. The spectacular Ching-Shui Cliffs, Taroko Gorge with the Eternal Spring Shrine took our breaths away. We became aware of the very mountainous aspect of Taiwan and how rugged the Island really was. We stopped for lunch at the Taroko Village and





learned about the indigenous people of Taiwan and their struggle for survival. That night we stayed at the beautiful Silks Place Taroko Hotel and after dinner heard some indigenous folk music.

Early the next day it was on the road again. The bus took us through the spectacular Taroko Gorge as we headed further down the Southeast Coast. After many stops viewing beautiful sites, we pulled into the Sheraton Taitung Hotel. That night was our first introduction to a Taiwan Night Market next to the hotel.



Next day up early again we headed for Kenting National park to view the many stunning coastal sites. The most fascinating was Cat Nose tip. That night we stayed in Kaohsiung, the second largest city in Taiwan and largest seaport in the country. We stayed at the Howard Plaza hotel.



Our fifth day in Taiwan was a long trip from Kaohsiung back to Taipei. The highlight of our return to Taipei was the incredible National Palace Museum and the Martyrs' Shrine. At the National Palace Museum, we were astounded by the fabulous collection of Chinese Art that the Chiang

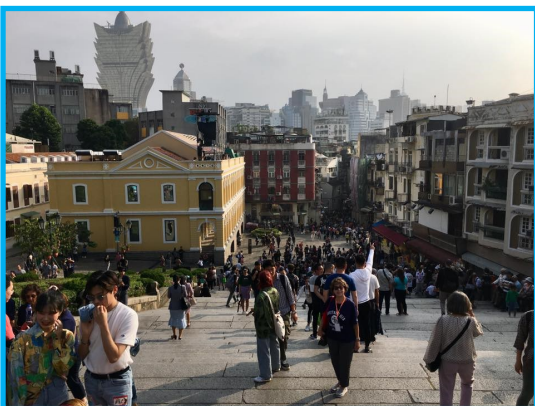


Kai-Shek government was able to save from the ravages of the Chinese



Civil war. Some of the items were indescribably beautiful. The visit to the Martyrs' Shrine allowed us to witness the moving changing of the ceremonial honor guards sworn to protect the memory of those lost in the war. We returned to spend our last night in Taipei at the Riviera Hotel.

Macau and the Encontro



The flight from Taipei to Macau on EVA Air was fast and smooth. Upon arrival in Macau it was immediately obvious that we had arrived in a totally different part of the Far East. The first discernable difference was the bilingual aspect of the city, the Portuguese and Chinese exhibited side by side. We were installed at the luxurious Grand Lapa

Hotel near the Macau Ferry Terminal and joined by more Lusitano members led by Jessica Xavier that just arrived from their San Francisco flight on Singapore Airlines via Turbojet to Macau. The first function that we attended as part of the Encontro das Comunidades Macaenses was the welcome reception at Jardim de Infancia D. Jose da Costa Nunes. Here we had our first introduction to the fusion Macaense cuisine.

The next day after a needed rest we began to explore Portuguese Macau while some attended the conference at the Macau Science Center. A walking tour pointed out the many important building of colonial Macau, St Lourenco Church, St Joseph Seminary, St Agostinho Church and Dom Pedro Theatre. We explored the heart of Old Macau, Senado Square, and the many interesting side streets and alleys that had their own stories to tell like Rua de Felicidade (Street of Happiness), the first stop of the men returning from their voyages! A

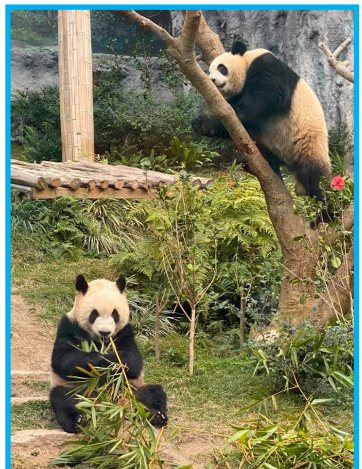
climb to the top of Guia fortress and Lighthouse gave us a wonderful view of the city.

We went back to the hotel to rest up for the Opening Ceremony of the Encontro held at the Kashgar Ballroom, Sheraton Grand Macao Hotel, Cotai Central that evening. The ballroom had ample space for the 1,500 plus people attending the Encontro. The speeches were short, but the food and drink were endless! We were bussed back to our hotel about 10:30pm.

Most of the week we were on our own in Macau, absorbing the atmosphere. The most spectacular aspect of Macau is of course the Casinos! Macau is seven times larger than Las Vegas and spread across its three areas, Macau, Coloane and Taipa. We were extremely lucky to be in Macau at this time because all the Casinos were putting up there Christmas decorations, the spectacle of lights throughout the territory was amazing. The splendor of the world's largest Casino, the Venetian, and others were a sight to behold. Just taking a bus ride around Macau at night was like driving in a wonderland. It truly is a one of a kind place in the world.

One of our tours include the amazing Panda Pavilion on Coloane. The antics of the pandas on display for us were truly breathtaking! These cuddly guys captured our hearts! Other places of interest were St Francis Xavier Church where we learned of the exploits of the most famous missionary of the Far East.

We stopped at A-Ma Temple and learned how Macau got its name. We visited the new Fisherman's Wharf with its new shops and dramatic Christmas decorations. Finally, we visited the most important stop in Macau, The Ruins of St Paul's. This iconic landmark is the symbol



of Macau, attesting to Portuguese influence in the history of the city. The nearby Monte Fort and Macau museum further described the development of Macau. We attended the Portuguese Mass at Se Cathedral and enjoyed the Chinese Orchestra in celebrating 20 years of the Macau SAR.

Our visit to Macau was wrapped up in the Closing Ceremony and Dinner held at the Grand Hall, 4th floor of the Macau Tower. The food of course was impeccable, but the highlight of the evening was going out on the veranda and viewing Macau at night. From the illuminated bridges of Macau to the spectacular casinos we were given one last vista of Macau to remember forever.

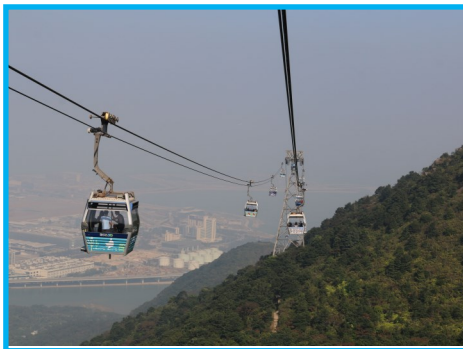




Hong Kong

We left Macau from the Macau Ferry Terminal on a smooth 45-minute turbojet ride which brought us to the most bustling city in the Far East, Hong Kong. We were invited to a Cha Gordo and given a tour of the impressive Club Lusitano. Started in 1866 this Club, the home and heart of the Portuguese community in Hong Kong, now occupies the remodeled





top 5 floors of its 27-story building in the middle of Hong Kong! We had another fabulous feast catered by Club Lusitano.

Our Hong Kong adventures included a visit to the big Buddha, a giant statue of the Buddha located in Lantau Island. To get to the Buddha we were treated to a dramatic cable car ride. We toured Hong Kong Island and Kowloon and stopped at Victoria Peak, Repulse Bay, and the Aberdeen Fishing village. At Aberdeen we passed by the floating restaurant famous for its seafood cuisine. At night since our

hotel, the YMCA Hotel, was so close to the waterfront, we enjoyed the festival of lights on display. This festival is a light show generated by the high-rise towers across the bay from Kowloon.

The next day some ventured to spend a day at the happiest place on earth, Disneyland. In the evening, many attended and enjoyed the delicious Chinese dinner and music invitation by Club de Recreio, a long time Portuguese sports club near our hotel in Kowloon.

Shopping always a thrill for many was a little different this time as some of the group unfortunately became part of history as one night they were caught up in the ongoing political struggles of Hong Kong. All escaped with no injuries and a story to tell.

The flight home was smooth and comfortable and we returned safely home on December 3rd after the end of an exceptional trip. Thank you!



Macau Encontro 2019

by Nuno da Cruz & Maria Roliz

On November 23rd, our Lusitano group of 240 members finally arrived in Macau for our long anticipated triennial weeklong event, Encontro das Comunidades Macaenses, the tenth Encontro since 1993. A fabulous welcome reception with an array of Macanese dishes was served at the Jardim de Infância D. José da Costa Nunes where we were able to meet many new and old friends from the thirteen Casas de Macau worldwide and taste all the delicious Macanese savories and sweets.

The next morning some of our club representatives and members were able to attend a very informative 3-hour conference hosted by the International Institute of Macau (IIM) at the Macau Science Center. Topics covered at the conference included many interesting subjects such as the Hong Kong Museum of History appeal, a digital project on Patuá, the Greater Bay Area of the Pearl River Delta, several new book launches, and finally the 2019 Identity Award to Architects Carlos and Victor Marreiros along with Certificates of Recognition to all the Casas for their collaboration. A Certificate of Merit was also awarded to Maria Roliz for her outstanding work on behalf of Macau and her most productive collaboration with the International Institute. An afternoon conference on Macanese Gastronomy followed after a lunch break filled with delicious Macanese eateries.



(A 161-minute long clip of this conference can be viewed on YouTube under “Macau Macaenses Encontro 24.11.2019”)

That evening marked the official Opening Ceremony of the Encontro where a fabulous banquet was served at the Sheraton Grand Macau Hotel in Cotai. It was a party enjoyed by the over 1500 attendees from around the world with exceptional local music entertainment.

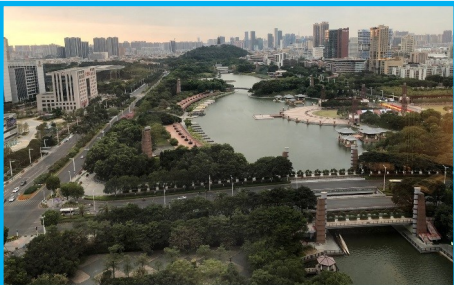
During the week, a guided visit of Macau was offered and a beautiful Portuguese mass officiated by the Bishop of Macau was held at the Sé Cathedral. A Macanese cooking contest was also held amongst the contestants of the worldwide Casas and we are so proud of Ken Harper and his assistant Marie Mennell for having won 3rd prize for Lusitano. *(Ken’s winning recipes are shared in the following pages)*. Our young artists from San Francisco also held a Macanese Inspired Art Exhibition entitled “MAE MACAU” organized by SF Arts Commissioner Suzie Ferras. Good job to all, it was a grand success!

Other events during the week included a meeting for club representatives, a reception at the residence of the Consul General of Portugal in Macau SAR, and a wreath laying ceremony attended by all Casa Presidents at the Monument to the Macanese Diaspora. As an added bonus (for the second Encontro in a row) a 2-day guided all meals included overnight trip to Foshan China at the 5-star Intercontinental Hotel was made by invitation of the China Macau Liaison Office.

The all-inclusive trip was offered at a subsidized cost of US\$100 per person, a minor fraction of the total cost.



Foshan (aka Fat San, a sister city to Oakland, California) is a prefecture level city in central Guangdong province. With an area encompassing approximately 1500 square miles, it currently has an urban population of around 7.5 million. With its 3000 plus electronical appliance factories, it is responsible for the production of over half of the world's air conditioners and refrigerators, and specializes in the production of furniture,



machinery and beverages. Foshan also holds the distinct honor of being the hometown of one of China's most universally recognized icons, the legendary late Bruce Lee! Kung fu runs deep in the heart of Foshan and the city is the birthplace of two other kung fu icons Ip Man (Bruce Lee's master) as well as Wong Fei Hung. The Wing Chun style of kung fu was developed here. Literally translated as 'Buddha Hill', the city of Foshan has a rich past and has been famous for thousands of years for its ceramics, Chinese opera, martial arts and lion dancing.

For the 5 full coach loads of us that took advantage of this side trip across the Macau border to mainland China, it was a most enjoyable and outstanding visit. Only accolades and praises were heard. The scenery was breathtaking and food was sumptuous! We hope these mainland China excursions during the Encontro week in Macau will continue to take place at future Encontros and it will be interesting to see the location selected for the next 2022 Macau Encontro.

To end the wonderful weeklong activities, on November 29th the Closing Ceremony of the Encontro was held at the Macau Tower. Another sumptuous banquet was served with great local music. A fabulous time was had by everyone and we bid farewell to our friends and adeus to our beloved Macau.

A big THANK YOU is owed to the Macau SAR government for the millions spent on this Encontro, the Conselho Comunidades Macaenses, and all those involved in hosting and organizing another very successful and memorable Encontro. Muitissimo obrigado querido Macau. Até a próxima!

(A 47-minute clip of the weeklong Encontro by TDM Macau can be viewed on YouTube under "O Sabor do Encontro")



RECIPES by Ken Harper

VACA ESTUFADA A MODA DE MACAU

Ingredients:

2-4 lb Boneless cross rib Beef roast
or similar stewing meat
2 tablespoon Thick soy sauce
Pepper and Salt
4 tablespoons Oil or Lard
1 large onion or 2 shallots minced
1 small can tomato paste
1 clove garlic minced
1 can tomatoes, or 4 med size fresh tomatoes
1 cup Wine (Red Wine, Port, Sherry or ½ cup Brandy)
2-3 cups broth or water or combination
3 bay leaves
3 cloves
1/8 teaspoon cinnamon
2 tablespoon soy sauce
2 tablespoon Lea & Perrins Worcestershire
1 lb carrots and 2 lbs potatoes peeled, cut in halves/thirds depending
on size

Instructions:

1. Coat meat with thick soy, salt and pepper and let marinate for at least an hour. If meat is too moist, drain from marinade (which can be added in later) and blot dry before browning.
2. Brown meat on all sides in oil in large pan (a pan with high side is good for this to avoid splattering) remove from pan and set aside.
3. Sauté onions/shallots over medium heat in pan drippings (add additional oil if needed) until translucent, then add tomato paste and stir. When mixture is caramelized, add garlic and tomatoes and sautéed for another 10 minutes until the tomatoes break down a bit.
4. Place the tomato sauce base in slow cooker and place beef on top.
5. Rinse/deglaze the pan with a cup of wine/broth and pour over beef.
6. Add remaining seasonings to slow cooker and top off with water or broth until the meat is mostly submerged in liquid. Cook on high until mixture simmers and then continue on low for 2.5 hours.
7. Add carrots and potatoes. Cook for 1 more hour until everything is



tender. If meat or vegetables are cooked and tender, take them out accordingly.

8. Remove ingredients from pot and drain – let meat rest before slicing and arranging. Pour gravy over. For a more refined sauce use an immersion blender to homogenize the sauce. Reduce sauce if desired for a more concentrated sauce.

9. Serve with rice.

(Variations include using Daikon/ Lo-pak, and stuffing the meat with the vegetables and pieces of fat or bacon, or using allspice. You may also cook over the stove at a simmering low temperature.)

COQUEIRA (Macau Coconut Tartlets)

Ingredients:

Coconut Filling

21.5 oz Sugar + water to just cover in a small pot

2 Freshly shredded meat of 2 Coconuts

2 Tablespoons Butter

8 egg yolks, strained

Holder

5.5 oz flour sifted

2 tsp lard

4 egg yolks

A little water a tsp at a time to gather ingredients

Instructions:

For filling

Melt sugar in water till pearl stage. Mix in coconut and simmer a few minutes until softened. Take off fire, stir in egg yolks. Return to fire and continue stirring on low until mixture comes together. Take off fire and set aside to cool.

For holder

Mix flour and lard with fingers till it feels like wet sand. Add egg yolks and water and mix til the dough comes together in one mass. Knead a little to make it come together. Then wrap and place in a bowl to rest in refrigerator for an hour. Take 1/6 of dough at a time and roll out – then use a pasta roller to make sheets of dough (#6 on kitchen aid pasta roller) and cut out 78mm rounds. Place in metal tart shell and bake 15 minutes at 325 F, watch well – shells should be cooked but should remain unbrowned. When holders are cool, fill with filling and bake at 350 F for about 20 -30 minutes until golden brown.

MINCHI

Ingredients:

2 tablespoon lard

2 shallots, minced

1 lb beef

½ lb Pork

Pepper and salt to taste

1 tablespoon thick soy

2 tablespoon black soy and thin soy

1 tablespoon Lea and Perrins Worcestershire Sauce

1 potato, diced and fried



Instructions:

Saute shallots until translucent. Add meat and when broken up and starting to brown add seasonings. Top with potatoes.

WORD SCRAMBLE

Search for these Macau casinos below scrambled upwards, downwards, across, backwards, or diagonally.

**WYNN GALAXY SANDS LISBOA VENETIAN PARISIAN
MGM STARWORLD GRANDVIEW DIAMOND FORTUNA**

F	E	R	G	R	A	D	N	A	D	I	A	M	O	A	S
O	R	G	H	I	Y	I	N	T	A	N	M	S	G	T	A
R	D	A	I	O	X	A	Y	U	I	E	O	I	A	R	L
T	O	N	N	A	I	T	E	N	E	V	D	R	N	I	R
U	T	R	O	F	A	M	Y	A	V	A	W	A	U	U	O
N	G	V	I	M	G	O	W	N	E	O	Y	P	T	P	W
M	M	I	R	A	A	Y	Y	Y	R	Y	G	A	R	A	R
G	X	E	A	C	X	I	N	L	N	Y	A	R	O	R	A
N	A	W	P	A	I	W	D	N	E	N	L	B	F	I	T
N	L	Y	L	I	V	D	N	A	R	G	S	B	M	S	S
Y	A	A	O	N	D	S	N	R	T	I	T	D	G	I	X
O	G	S	T	I	N	D	Y	A	L	E	A	O	N	A	A
G	A	T	E	R	A	N	A	G	O	V	R	O	I	N	L
M	C	O	R	G	R	A	N	D	V	I	E	W	A	A	A
O	A	N	A	E	G	S	A	G	M	A	O	M	G	M	G

Macau Cultural Center “MCC”

by Maria Roliz, President “MCC”

The Macau Cultural Center continues to do well with our language classes, joint Casa cultural events, and our year round rentals covering all our building expenses.

We thank *Fundação Luso-Americana para o Desenvolvimento* and *Conselho das Comunidades Macaenses* respectively for subsidizing our Portuguese and Mandarin classes so that they could be offered at such affordable pricing of \$30 per series (5 classes) to members of our 3 USA Casas.

Our next series of Portuguese classes for all levels/ages will resume in January 2020 on Saturdays from 9:30am-12pm. Don't miss this great opportunity in learning or refreshing your Portuguese. Early Start Music Mandarin classes for kids 1-6 years old are also available on Sundays. Email us at macauculturalcenter@gmail.com to inquire about our classes.

Our library houses many interesting books including the latest edition of Jorge Forjaz's “Familias Macaenses”. Please email or call us at 415-990-5534 for library viewing appointments.



2019 Events

Our 2020 calendar includes the celebrations of the Macau SAR 20th Anniversary in March, Dia de São João in June, and Nossa Senhora de Fátima in October. Hope to see you there!

Greetings from our 2019-2020 Board of Directors

A very Merry Christmas and a Joyous and Healthy 2020!

President: Maria Roliz Vice-President: Sandy Souza.

Secretary: Flavia Greubel Treasurer: Nuno Prata da Cruz

*Directors: Alice da Luz, Albertino da Rosa,
Henrique Manhao, Dorothy Oliveira, Peter Souza*

Event/Ballroom rentals

Host your next event at Macau Cultural Center, Fremont, CA

Cost: \$400 for Casa members; \$800 for non-members

Emma Casey recognized as a National Merit Scholar



Emma Casey, a senior at Las Lomas High School in Walnut Creek, and the granddaughter of Robert and Margaret DeGraca, has been recognized as a National Merit Scholar. This recognition is given to less than one percent of high school seniors and reflects on her almost perfect SAT score and commitment to her high school. Emma has been Class President all four years of high school. She also works tirelessly for many charities. Emma has applied to ten Universities but she would like to attend Stanford or Notre Dame in Indiana. Notre Dame invited her for a 2-week, fully paid introduction to the School this summer. We are proud of her success but it was her diligence and love of learning that allowed her to accomplish this. Congratulations Emma!

Hong Kong Museum of History, An Appeal

The Hong Kong Museum of History continues to seek our community's help with the full-scale renovation of the permanent exhibition "The Hong Kong Story", which will feature the Portuguese community. The Museum is seeking suitable objects, photos and stories for the thematic gallery with details as published in our previous bulletin issues. Please contact the Museum or Francisco da Roza, the principal project coordinator, on Facebook or via email at hollydr@biznetvigator.net **if you can help.**

LUSITANO BULLETIN



A quarterly publication sponsored by Fundação Oriente and Lusitano Club of California (a non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately.

Lusitano Club Apparel for Sale

Order your Lusitano Club apparel today available in all sizes

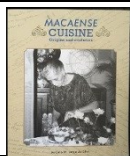
Black/White Polo \$25

Black/White Ts \$15

MINCHI Ts \$20



Books for Sale



Macaense Cuisine - Origins and evolution \$30 USD

The Portuguese Community in Shanghai \$55 USD

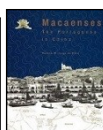
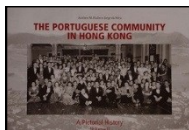
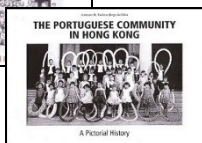
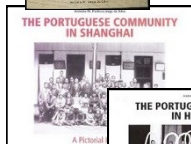
The Portuguese Community in Hong Kong

Vol. 1 \$60 USD *Vol. 2* \$55 USD

Diaspora Macaense to California \$40 USD

Macaenses \$25.00 USD

Author: António M. Jorge da Silva



Five Hundred Years of Macau \$25.00 USD

Author: Stuart Braga

The Western Pioneers and their Discovery of Macao \$32.00 USD

Author: J. M. Braga

**MANY ADDITIONAL BOOKS AVAILABLE.
EMAIL US FOR COMPLETE LIST!**



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SAN FRANCISCO, CA 94104

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