

LUSITANO BULLETIN

*The Publication of the
Lusitano Club of California*



VOLUME 32 ISSUE No.1

SPRING 2022



Happy New Year ! Kung Hei Fat Choi!

*Wishing you and yours a very Happy New Year
blessed with the Best of Health, Happiness, Peace and Prosperity*

PRESIDENT’S MESSAGE.....	2
CALENDAR OF EVENTS.....	3
LUSITANO SCHOLARSHIP GRANT.....	3
ANNUAL GENERAL MEETING & ELECTIONS.....	3
WEBSITES OF INTEREST.....	3
MACAU CULTURAL CENTER / WORD SCRAMBLE	5
CHINESE NEW YEAR - YEAR OF THE TIGER.....	6
GS WARRIORS PORTUGUESE HERITAGE NIGHT.....	7
PORTUGUESE IMMIGRANT WEEK by Maria Roliz.....	8
LUSITANO COOKING CLASS WITH DOROTHY.....	8
RECIPE “PASTÉIS DE NATA” by Dorothy Oliveira.....	10
FABIA BRAGA CELEBRATES 100 YEARS by Bonnie Braga.....	12
OUTSTANDING “FILHOMAC” LAWN BOWLERS.....	13
2021 ANNUAL REPORT.....	14
CONTACT FOR LUSITANO DIRECTORS & OFFICERS.....	15

President's Message

Dear Members,

First, I would like to welcome you to the Spring of 2022 and look forward to an exciting year ahead and seeing you at our upcoming functions.

As your President for 2022, I look forward to serving you once again. We have a variety of events planned for the next few months so we all can enjoy each other's company outdoors. Please refer to our Calendar of Events on page 3.

I would like to take this opportunity to thank our outgoing directors Annie Puska, Kirk and Ken Harper who have termed out, and welcome back Jessica Xavier who was elected as Treasurer for 2022. I would also like to thank our dedicated and selfless Board of Directors and all our volunteers throughout the year for contributing their time and effort in providing all these enjoyable events for our members; and to our bulletin contributors, editor, webmaster, photographers and Fundação Oriente Portugal in enabling us to provide the Bulletin to our membership every quarter.

The Portuguese Heritage Night with the Warriors which was held on February 16th was a great success. The kids had a great time going down on the court level to give high fives to all the Warrior players as they came out on the court at the beginning of the game. The adults equally had fun as the game was so close till the final end where the Warriors lost at the buzzer.

We also recently celebrated Portuguese Immigrant week with a cooking class making Pastéis de Nata at the Macau Cultural Center on March 13th taught by Dorothy Oliveira. It was lots of fun as the participants learned how to make these delicious Portuguese egg tarts.

Lastly, I would like to encourage our younger members to get more involved so perhaps we can start back some sports or other youth events. If there is something of interest you like to put forward and host or share your suggestions, please let me know so I can present it to our Board for consideration.

Have a Happy Easter! Feliz Páscoa!

Yours truly, Chris daRoza, President

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Instagram: @lusitanoclubofcalifornia

Editor: Maria Roliz **Webmaster:** Linda da Silva

Photographers: Hunter Choi, Cecilia Naval, Jojo Xavier

2022 Calendar of Events

Sat, April 9: San Joaquin Valley Portuguese Festival, Turlock
Sat, April 30: Annual Clambake, Beresford Park, San Mateo
Sat, June 11: Lusitano Food Booth, Dia de Portugal Festival, San Jose
June 16-28: Eastern Europe/Oberammergau Trip w/Braga Travel
Sat, July 30: Annual Picnic, Beresford Park, San Mateo
Sun, July 31: Application deadline for Lusitano Scholarship grant
Fri, Sept 2: Portuguese Heritage Night with SF Giants vs Phillies
Sun, Oct 16: Our Lady of Fatima Mass/Lunch (MCC), Rossmoor
Sat, Dec 17 6pm: Annual Christmas Party, San Mateo Elks Lodge
*Volunteers needed! If you would like to volunteer at any of our events
or would like more information on any of the above events,
please email us at lusitanoclubusa@gmail.com*

Lusitano Scholarship Grant

Lusitano offers two \$1000 scholarship grants each year towards a trade school or college tuition for current Lusitano members ages 18 & over. Applications for the school year 2022-2023 are now available. Email lusitanoclubusa@gmail.com to apply. Deadline is July 31, 2022.

Annual General Meeting & Elections

On February 6, 2022, the Lusitano Club held its Annual General Meeting and Elections at the Macau Cultural Center. Congratulations to the newly elected 2022 Lusitano Board of Directors.

Director & President: Chris daRoza
Director & Vice-President: Leonardo Xavier
Director & Secretary: Dominique Troost
Director & Treasurer: Jessica Xavier
Directors: Emma Casey, Suzie Ferras,
Lucille Figueiredo, Jackie Gutierrez
Liaison: Maria Roliz

Thank you to all our past and current directors and volunteers for their dedication and time in preserving our Macanese heritage and keeping the Club vibrant.

WEBSITES OF INTEREST

Consulate General of Portugal in San Francisco
<https://www.saofrancisco.consuladoporugal.mne.gov.pt/en/>
Macanese Families
<http://www.macaneselibrary.org>
Instituto Internacional Macau (IIM)
<https://www.iimacau.org.mo/>



Be Green!
 Help us cut down on
 paper and stamps.
 Sign up for a Lusitano
 e-Bulletin today if you are
 receiving this hard copy
 in the mail and would like
 to switch to an e-Bulletin

BOOKS for Sale!

*We carry a lot
 of interesting
 books instock
 on Macanese
 Cuisine and
 History.
 Drop us a line
 if there is a
 particular
 book you like
 to purchase.*

**The Portuguese Museum
Celebrates its 25th Year!**

**New exhibit featuring:
600 years of Madeira Discovery**

Enjoy a day of delicious food, dance, music,
and fun!
There will be our traditional parade, art and
book expositions, children's activities,
wine garden, and more!

**The Portuguese Historical
Museum Presents**

*Dia de
Portugal*

PROGRAM: 10:00 am - 6:00pm

10:30 am - 11:30 am	Mass w/Bishop Myron Cotta (MUSEUM PLAZA)
11:45 am - 12:45 pm	Parade (Main Stage)
12:45 pm - 1:15 pm	Open Ceremonies (Main Stage)
1:15 pm - 1:45 pm	Emily Rocha - Singer
1:50 pm - 2:20 pm	Folklore - Tempos de Outrora
2:30 pm - 3:10 pm	Marisa Silva Rocha - Singer
3:15 pm - 3:45 pm	Folklore Dance
3:50 pm - 6:00 pm	Chico Avila
5:00 pm	Raffle

**HISTORY SAN JOSE PARK
635 Phelan Ave, San Jose**

**Saturday
June 11,
2022
10am - 6pm
FREE
ADMISSION!**

Lusitano Annual Clambake Saturday, April 30, 2022

12 - 4 pm

Beresford Park "Shelter Area"

2720 Alameda de las Pulgas, San Mateo, CA



Cost per member \$25.00

Cost per non-member \$30.00

*Come and enjoy a delicious lunch with us featuring our
 specialty clams "Amêijoas na Cataplana a Algarvia"
 Soft drinks & wine provided*

Please RSVP by April 15, 2022

to Maria at 415.990.5534 or lusitanoclubusa@gmail.com

Please make check payable to "Lusitano" and mail by April 15th
 to 7222 Cutting Blvd, El Cerrito, CA 94530

Macau Cultural Center “MCC”

We are now fully operational at the Macau Cultural Center in Fremont and hope to restart our Portuguese and Mandarin language classes once everyone is comfortable to attend in person again. Please drop us a line if you are ready to learn a new language or brush up on your Portuguese or Mandarin.

We are a volunteer-based organization and can always use extra help. If you have extra time and would like to help out at the building please email us at macauculturalcenter@gmail.com

Word Scramble

With Easter around the corner, find the following associated words below scrambled upwards, downwards, across, backwards, or diagonally.

**ALLELUIA RESURRECTION SACRIFICE LENT
REBORN CRUCIFIXION REJOICE SAVIOR CHRIST
HOLY EASTER BUNNY EGG HUNT RABBIT**

E	A	S	T	C	R	E	J	O	C	E	N	E	L	O	H
A	T	A	R	R	H	U	N	T	R	R	E	N	T	N	H
S	G	V	E	U	V	R	A	S	E	E	C	I	N	O	N
R	E	B	O	R	N	D	I	C	J	O	Y	L	O	H	T
T	R	U	N	X	O	N	N	S	O	N	Y	E	I	C	I
E	G	N	O	I	I	R	S	A	I	C	T	N	X	U	B
R	U	N	Y	F	T	A	A	E	C	N	U	N	I	C	B
R	O	Y	N	I	C	B	L	B	E	H	U	N	F	R	A
E	O	R	N	R	E	B	U	L	B	A	R	T	I	E	R
B	R	I	I	W	R	B	Y	E	E	I	A	I	C	T	A
O	T	F	V	J	R	I	B	U	N	L	B	S	U	S	B
R	I	I	R	A	U	T	R	A	A	R	U	T	R	A	B
C	B	O	Y	L	S	S	A	C	R	I	F	I	C	E	T
H	A	L	Y	L	E	A	C	R	I	F	I	E	A	G	N
R	R	T	S	I	R	H	C	H	R	I	S	F	R	G	R
A	L	L	E	R	E	J	O	I	B	B	A	R	E	G	E

Chinese New Year - Year of the Tiger

Kung Hei Fat Choi! Happy New Year! The Lusitano Club wishes you and your family a healthy, joyous, and prosperous Year of the Tiger. Due to the spike of covid cases earlier this year and for our members' safety, we canceled our Chinese New Year Dinner Dance in February. We look forward to celebrating with you at our other upcoming events.



Year of the Tiger
February 1, 2022
- January 21, 2023

The Chinese use the lunar calendar for festive occasions including the New Year which falls somewhere between late January and early February. The cycle of twelve animal signs derives from Chinese folklore as a method for naming the years. The animals follow one another in an established order and are repeated every twelve years - rat, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog and pig. Each animal has particular characteristics and people born in a certain year are believed to take on these characteristics.

Tiger characteristics:

People born in the Year of the Tiger are born leaders, who walk and talk assertively and inspire respect. They are courageous and energetic, love a challenge or competition and are prepared to take risks. They are hungry for excitement and crave attention. They can also be rebellious, short-tempered and outspoken, preferring to give orders rather than take them, which often leads to conflict. Tiger people may appear calm but there is often a hidden aggressiveness, but they can also be sensitive, humorous and capable of great generosity and love. There is never a dull moment with a Tiger.

Tiger Years:

1902, 1914, 1926, 1938, 1950, 1962, 1974, 1986, 1998, 2010, 2022.

The tiger has different meanings to different cultures and religions throughout the world.

GS Warriors Portuguese Heritage Night

It was great to finally be able to host another Portuguese Heritage Night with the Golden State Warriors on February 16th at Chase Center since the onset of covid. Extra perks provided to our group included a T-shirt and courtside seating to watch the Warriors shoot around during practice. It was an awesome experience to see the players up close especially for all the kids that were able to give high fives to the players as they came out to the court. Many of our attending members were also able to meet our new SF Consul General of Portugal Pedro Pinto who joined us with his wife Catarina. It was a very exciting and close game down to the last second with the Warriors unfortunately losing to the Nuggets. Nonetheless, we all had a great time and another successful event in celebrating our heritage.

Força Portugal!



Portuguese Immigrant Week

March 5 - 12, 2022

by Maria Roliz



The 55th Annual Portuguese Immigrant Week kicked off on March 5th with a virtual event hosted by the Portuguese Fraternal Society of Portugal (PFSA), Luso-American Financial along with the Consul General of Portugal in San Francisco Pedro Pinto and Helder DeSousa of LUSO Media.

California is home to the largest population of Portuguese Americans across the nation. Since the inception of Portuguese Immigrant Week (2nd week in March) in 1967 by then Governor of California Ronald Reagan, the Portuguese American community has proudly attended a wreath ceremony annually to recognize and celebrate all the courageous Portuguese immigrants at Root Park in San Leandro.

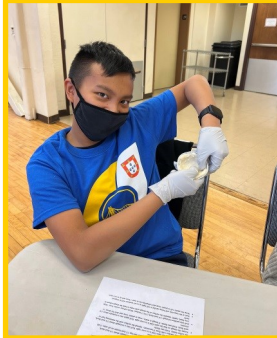
The symbolic statue at Root Park created by Azorean sculptor Numidico Bessone was offered to the City of San Leandro in 1964 by União Portuguesa do Estado da California, now part of PFSA. This statue symbolizes a person carrying a heavy burden - the difficulties and struggles of the emigrant; yet it also shows a man in front of a ship's prow symbolizing the strength, courage and sense of adventure of the Portuguese emigrant.

Lusitano Cooking Class with Dorothy



In celebration of Portuguese Immigrant week, a cooking class was held at the Macau Cultural Center on March 13th, taught by Dorothy Oliveira. The participants had a lot of fun learning how to make the delicious Portuguese egg tarts "Pastéis de Nata" (*recipe on page 10*) which they savored after class. It was inspiring to see our youth members engaged and enthusiastic in the class.

If there is a special dish you would like to learn how to make, please submit your request for our next cooking class!



RECIPE
“PASTÉIS DE NATA”
(Portuguese Custard Tart)
by Dorothy Oliveira



Pastry Ingredients:

350 grams all-purpose flour

200 grams room temperature water

1 1/2 tsp fine sea salt

226 grams unsalted high fat butter softened to room temperature divided into two portions

26 grams unsalted high fat butter softened to room temperature (this will be mixed into the dough)

Directions:

In the bowl of a standup mixer combine the flour & salt. Using your hands mix in the 26 grams of butter forming fine little balls.

With a dough hook add in water and mix on low speed (2) until a dough forms.

Increase the speed to medium (4) for 5 minutes. Dough should be smooth and very elastic. Test and see if you can pull dough to almost see through like a window pane.

Cover with plastic wrap and allow to rest for at least 10 minutes.

Dust work surface with flour and roll the dough into a rectangle about 1/4 inch thick.

Spread the dough with half of the soften butter leaving 1/2 inch border on all sides. Fold dough into thirds like a business letter.

Rotate dough so that the open fold is to your right. Roll into a rectangle about 2/4 inch thick, dusting your surface with flour if necessary. Spread the surface with the remaining half of the soften butter. Fold into thirds.

Rotate the dough so that the open fold is to your right. Roll again into a rectangle about 1/4 inch thick. Fold into thirds. If dough is warm, wrap in plastic wrap and chill for about 10 minutes.

Roll into another rectangle 1/4 inch thick (10 x 13 inches). Brush off any excess flour. With your hand, lightly dampen the surface of the dough with water to help the dough adhere to itself.

Start at the long end, roll being careful to roll tight so no air pockets will be trapped.

Wrap the pastry roll in plastic wrap and refrigerate for at least 1 hour and up to two days.

Cream Filling:

773 grams Half & Half

1 cinnamon stick

2 strips of lemon peel

375 grams sugar

35 grams all-purpose flour

35 grams cornstarch

1/4 tsp fine sea salt

168 grams egg yolks (8-12 large eggs)

Directions:

Place milk, cinnamon stick and lemon peel in a large saucepan. Heat on medium heat stirring occasionally until simmering.

While milk is heating whisk sugar, flour & salt together in a medium bowl.

When milk is simmering, gradually whisk in the sugar mixture. Continue to cook whisking constantly until barely thickened. It is done when you can just begin to see faint trails left by the whisk. Do not allow to thicken too much. Control the heat so that it does not come to a simmer.

Cool to room temperature.

Once cooled add your egg yolks. Never add yolks if the mixture is too hot.

Assembly:

Roll and stretch the dough log so its diameter matches the base of your tins.

Using a serrated bread knife cut discs that are 3/4 inches thick. About 36 discs.

Place each disk into each tin. Press the center of the dough to create a thin base. Then push and stretch the pastry up the sides of your tin so that it comes over the edge. Top should be a little thicker so that the layers can puff while baking. Chill the lined tins until ready to bake. They can be chilled or frozen until ready to bake. If frozen allow to defrost in the refrigerator before filling.

Pre heat oven to 500F. Use convection if you can.

Fill each tin almost to the top or at least level to your tin.

Bake in the center or upper third of your oven until pastry is golden and the custard is caramelized. This can take anywhere from 10-25 minutes depending on your tarts and your oven. Halfway through baking time, rotate the pan. If you bake longer, you may overcook or curdle the filling.

Cool for at least 15 minutes

Remove from the tins and cool on a wire rack.

Enjoy while still warm.

FABIA BRAGA *celebrates* 100 years

by *Bonnie Braga*

Fabia is a lesson of love during her entire life ...



Born at 5pm on the 15th day of January 1922, arrived Fabia Esperança Collaço Roliz, daughter of Joaquim Prudencio Gonçalves Roliz and Maria Emilia Collaço Roliz.

In September 1946 she married Edmundo Augusto Braga and had 4 children.

Fabia was always one of the top students in class so both she and dad always inspired us to read, study, the importance of family, unity, sportsmanship, and honesty.

After completing high school, Fabia went to business school and started to work at the age of 19, helping her father Joaquim Roliz at Agence Roliz – an established travel agency since 1933. She then worked at several other places with the most interesting one being in charge of the cotton production of Lincoln Weaving Company. In Brazil from 1951-1956 she worked for TEXACO, Pan Air do Brasil, and Pan American Airways.

Loves picnics since her young days, dinner dances, and used to go to the French Club with her brother Adalberto.

Loves sports. Played hockey and softball (pitcher) in several teams winning a few trophies since school days, and also played tennis and volleyball in Shanghai. Started ten pin bowling in Rio (3rd place in the 1960s) and won several trophies in the USA playing from 1991 – 2013 until she had an accident and fractured her CV3. Loves riding a bicycle including in the snow.

Loves to travel and participate in everything. An adventurous and world traveler. Visited 4 continents over 50 countries from Argentina to Tibet and Bhutan. Just China alone, she has visited over 50 times including her favorite native city Shanghai. She has also visited several cities in Brazil and all over the United States mainly to attend her bowling tournaments.

Loves music. Some of her favorite songs: Paper Moon, Smoke gets in your eyes, Maria Helena, Mona Lisa, Amapola, The Tennessee Waltz, Good night Irene, my foolish heart, Blue Moon ...

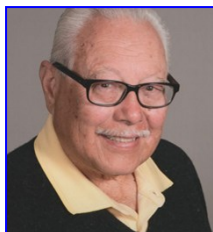
At age 100, she continues to travel and cannot wait to participate in everything. A wonderful celebration with family and friends was held in Rio.

"We grew up watching our mother handle any obstacle life threw at her.

I'm sure she cried herself to sleep many nights, but she still got up every morning and did an amazing job of raising us.

We could never be weak, we learned from the BEST."

Outstanding “Filhomac” Lawn Bowlers



OSCAR COLLACO

Oscar is not only the longest-serving Treasurer of the SFLBC, at 18 years, but also the winningest, with 10 Male Bowler of the Year crowns and 45 sanctioned tournaments. And, of course, widely loved and respected for his leadership on and off the green.

Born in Shanghai, China on March 21, 1938 he immigrated to the United States in April 1957. A long-time SF resident and 29-year club member (with siblings Larry and Marcy). Oscar is the father of three children and seven grandchildren.

A superb dancer and athlete (bowls, soccer, tennis, field hockey, swimming) and dedicated family man, Oscar was a widely-travelled member of the U.S. Naval Air Reserve (and recipient of the Vietnam Service Medal), a long-time banker who also served for 35 years as Treasurer of UMA, a Portuguese social and cultural club.

Introduced to lawn bowls in 1992 by past club presidents Al Diniz and Arnie Barros, Oscar immediately made his mark. Beyond his many championships, Oscar and brother Larry won the 2003 PIMD Men's Pairs tourney and, with Larry and Marcy, the 2015 and 2018 SF Centennial Cup.

Oscar has been instrumental in promoting lawn bowls in so many ways: legendary treasurer, bowls sales and supplies, coaching, games set up, and countless other aspects of our great sport.



ANNE NUNES

Anne, an aerospace engineer at Boeing, inspired by her father Bob Nunes who was an avid bowler with many wins under his belt picked up bowling in 1997. By 1998, she was entering mixed tournaments with her father. Her skills caught the attention of the selection committee for Team U.S.A. which, for most competitions, picks just a half-dozen bowlers. Anne was one of the youngest players in her mid-20s ever selected to that team, and won bronze for the team tournament during her first competition in Australia. Like her father, Anne has taken on the world, lawn-bowling-wise, competing on 4 continents. She has won nationally and internationally. Anne will be representing Team USA on April 25-29, 2022 in Bristol, England at the Bristol Indoor Bowling Club. We wish her the Best of Luck.

2021 Annual Report

INCOME STATEMENT for year ended 12/31/2021

REVENUES:

Donations	50.00
Donations (Scholarship)	1,000.00
Grant (Bulletin) - Fundacao Oriente Portugal	1,086.88
Grant (Cultural Events) - CCM	4,333.65
Interest from Banks	690.58
Membership Dues	14,274.00
Sales - Books general	1,310.00
Social & Cultural Functions	9,346.00
Trip deposits - Braga Travel	2,000.00
TOTAL REVENUE:	\$ 34,091.11

EXPENSES:

Bank Charges	80.00
Books general	5,047.41
Bulletins	2,325.70
Insurance - General & Liquor liability	2,815.00
Memorials	218.13
Office - Website/Zoom	498.56
Scholarship Grants	1,000.00
Social & Cultural Functions	13,535.48
Sponsorship - Luso-American Education	250.00
Sponsorship - Macau Cultural Center	300.00
Sponsorship - PHSC (Consul Farewell)	100.00
Trip deposits - Braga Travel	2,000.00
TOTAL EXPENSES	\$ 28,170.28
NET GAIN FOR 2021	\$ 5,920.83

2021 SOCIAL/CULTURAL EVENTS PROFIT & LOSS

EVENT	INCOME	EXPENSES
Portuguese Heritage SF Giants	250.00	250.00
Annual Picnic	1,198.00	720.04
Christmas Treats	1,116.00	137.36
Christmas Party	6,782.00	12,428.08
Totals	\$ 9,346.00	\$ 13,535.48
NET LOSS:		\$ (4,189.48)

LUSITANO BULLETIN

A quarterly publication co-sponsored by Fundação Oriente and Lusitano Club of California (a 501c4 non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately. Club membership application can be downloaded from our website at www.lusitanoclubusa.org



BALANCE SHEET as of 12/31/2021

ASSETS

Checking	42,907.01
Certificates of Deposit	266,720.87
Total Assets (Cash in Banks)	\$ 309,627.88

LIABILITIES

Outstanding check	453.47
Total Liabilities	\$ 453.47
Total Net Worth	\$ 309,174.41

Statement of Change in Financial Position:

Beginning Balance 1/1/21	303,253.58
Ending Balance 12/31/21	309,174.41
Increase in Funds	\$ 5,920.83

CERTIFICATION BY CORPORATE OFFICER

I, Annie Puska, certify that I am an officer of Lusitano Club authorized to make this certification and that the statement in the Annual Report were prepared from the Books and Records of the Club. **Feb 6 2022**

Lusitano Directors & Officers

<i>President:</i>	<i>Tel:</i>	<i>Directors:</i>	<i>Tel:</i>
Chris daRoza	(415) 218-5504	Emma Casey	(925) 239-6200
<i>Vice-President:</i>		Suzie Ferras	(415) 680-0924
Leonardo Xavier	(925) 726-9543	Lucille Figueiredo	(650) 504-4947
<i>Secretary:</i>		Jackie Gutierrez	(650) 255-0243
Dominique Troost	(925) 354-7999		
<i>Treasurer:</i>			
Jessica Xavier	(925) 588-9041		
<i>Liaison/Editor:</i>			
Maria Roliz	(415) 990-5534		



LUSITANO CLUB OF CALIFORNIA
7222 CUTTING BLVD.
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Be Green!
Sign up for
Lusitano e-Bulletin

LUSITANO
Cooking Class
Macau
Cultural
Center
March 13, 2022

