

LUSITANO BULLETIN

*The Publication of the
Lusitano Club of California*



VOLUME 26 ISSUE NO. 3

FALL 2016



Lusitano Annual Picnic San Mateo Beresford Park - July 24, 2016

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President's Message

Hope everyone had a great and fun summer and are ready to join us for more upcoming activities and events. We have a full schedule in October including Portuguese and Mandarin language classes at the Macau Cultural Center. A mass and lunch celebrating the feast of Our Lady of Fatima will be held on October 16th in Rossmoor. On October 23rd, the Macau Cultural Center will host a luncheon to welcome Joaquim Magalhães de Castro, a Portuguese researcher who is visiting the San Francisco Bay Area to do research on the Macanese Diaspora. He will be here from October 21-30 and hopes to meet and interview as many fellow-Macanese as possible during this time. To continue our Macanese cooking traditions, the next class will be on October 29th. Please register now and suggest a favorite dish that you would like to learn to cook. The number of write-ins will determine which dish or dishes will be taught that day. And, be prepared to join us after in your costume as our Halloween party follows with lots of fun for kids and adults alike.

In November, many of us will be attending the 2016 Macau Encontro. There are 200 registered Lusitano participants and we expect there will be closer to 800 or more total participants from all the Casas de Macau worldwide. We have also received an invitation for a Cha Gordo at Lusitano, 16 Ice House Street, Central, Hong Kong on December 3rd 1-5pm following the week-long Encontro in Macau. Please email us at lusitanoclubusa@gmail.com by October 10th if you plan to attend. We wish all a safe and enjoyable trip.

To end the year, our ever-popular and most-attended family event is our annual Christmas party that will be held on December 10th. As usual, Santa will make an appearance bearing gifts for our little ones. And, we expect our grownups will, once again, be drawn onto the dance floor by the music of D-Major's 10-piece band. Please see the event flyers in this bulletin for full details.

Best regards to all.

Sincerely, Maria C. Roliz

BE GREEN!

Send us your email address if you are not receiving Club news by email now or would like to switch to our e-Bulletin to get your news sooner!

2016 Calendar of Events

LUSITANO

Sat, Oct 29: Cooking Class/Halloween Party, MCC, Fremont

Nov 26-Dec 2: 2016 Macau Encontro (plus optional side trips)

Sat, Dec 10: Annual Christmas Party, San Mateo Elks Lodge

MACAU CULTURAL CENTER

Sun, Oct 16: Nossa Senhora de Fátima Mass/Lunch, Rossmoor

Sun, Oct 23: Welcome lunch for Joaquim Magalhães de Castro/
Research on the Macanese Diaspora, MCC, Fremont

Sundays Sept 11, 25, Oct 9, 23, Nov 6, 20 1:30-3:30pm:

Portuguese bi-weekly classes, MCC, Fremont

If you need a ride or can offer a ride to a fellow member to any of these events please let us know. It is very much appreciated.

Lusitano Club of California

Date: Saturday, October 29, 2016

Location: Macau Cultural Center

109 "J" Street (at Niles Blvd), Fremont



Macanese Cooking Class

Time: 1:30 — 3:30 pm

Cost \$5.00

Let us know what dish you would like to learn to cook in advance when you register!

HALLOWEEN PARTY

Time: 4:30 — 9:00 pm

Cost \$10.00 (Kids 5 & under free)

Dress in your favorite costume!

Games, prizes & dinner provided



RSVP by October 16, 2016

to Tila at 415.6613027 or lusitanoclubusa@gmail.com

Mail check payable to Lusitano c/o Chris daRoza,

1120 Landing Lane, Millbrae, CA 94030

LUSITANO CLUB

proudly presents its

ANNUAL CHRISTMAS HOLIDAY DINNER DANCE

Saturday, December 10, 2016
6 - 11pm

San Mateo Elks Lodge
233 W. 20th Avenue, San Mateo, CA 94401
(Enter from right side of building/parking lot)



6pm Visit from Santa/Childrens' Gifts
No Host Cocktails/Hors d'oeuvres

7:15pm Dinner Buffet

8:30pm Magician Act with Magical Nathaniel

8:30-11pm Music/Dancing to D-Major 's 10pc Band

10pm Raffle/Prizes

COST

\$30.00 Lusitano members (ages 19-61)

**\$15.00 Lusitano senior & youth members,
& children (ages 5-12) of current members**

\$20.00 Children of non-members (ages 5-12)

All Children under 5 years of age no charge

\$40.00 Non-members

*Please remember to advise names/ages of children 12 & under
when you RSVP so Santa can bring a gift from the North Pole and
be present with your kids at 6pm to welcome Santa*

RSVP BY NOVEMBER 20, 2016

to Tila at 415.6613027 or lusitanoclubusa@gmail.com

Mail check payable to Lusitano

582 Market St # 1905, San Francisco, CA 94104

Macau Encontro 2016

“Encontro das Comunidades Macaenses”

Preliminary Program (Nov 26 - Dec 2)

(Updated as of August 11, 2016 subject to further changes)

The 2016 Macau Encontro events are only opened to those that have registered and submitted their names and enrollment forms by the deadline date of June 30, 2016. Badges to attend the Macau events will be passed out on November 26th by our Lusitano volunteers at the Landmark Hotel/Escola Portuguesa (tba).

Nov 26 (Saturday) 6:00 pm Welcome reception “Chá Gordo” organized by CGM at Escola Portuguesa.

Nov 27 (Sunday) 10:00 am Visit to the Historic Centre (walking tour).

Please RSVP by Sept 30 to lusitanoclubusa@gmail.com for this tour.

a) Visit to the S. Joseph Museum

b) Visit to the Macau Museum and Mount Fortress

c) Visit to the Guia Lighthouse, Chapel of Our Lady of Guia and eventually to the military trenches

6:30 pm Welcome dinner at Sheraton Grand Macao Hotel.

Nov 28 (Monday) 3:30 pm “Encontro Family Photo” at S. Paul’s Ruins.

Nov 29 (Tuesday)

11:00 am Visit to the Monument in honor of the Macanese Diaspora.

2:30 pm Introduction to local and regional development projects which are relevant to Macau, such as the HK-Macau Delta Bridge, by Arq. Madeira de Carvalho; presentation of a research work on Macanese symbols and myths by Prof. Susana Barreto, PhD; exhibition of documentary on Comendador AO Sales by TDM and launching of their DVD *Ui di Saboroso*.

Venue: University of Macau at Hengqing Island.

Nov 30 (Wednesday)

10:30 am Cultural Session courtesy of IIM, venue tba

6:30 pm Event organized by the Macanese Youth Association.

Dec 1 (Thursday) 8:00 am Visit to Guangzhou, with the support of the Liaison Office of the Central Government, with overnight stay. Return to Macau early afternoon Dec 2. **Only open to those that have already booked in advance. Trip Cost US\$100 per person sharing room/US\$150 per single room to be paid in advance to Lusitano Club.**

December 2 (Friday)

6:00 pm Mass at Sé Catedral.

7:30 pm Closing dinner at Macau Tower.

December 3 (Saturday) 1-5pm Cha Gordo, Lusitano, 16 Ice House St, Hong Kong. **Please RSVP by Sept 30 to lusitanoclubusa@gmail.com if you will be in Hong Kong and plan to attend this event.**

Annual Picnic

by Sheila Jun

There are two highly popular events for certain in our club; the Christmas dinner dance and our fun filled summer picnic.

Congratulations and thank you once again to our president, all the cooks and busy helpers for another great picnic. Being held in the upper part of Beresford Park, the covered porch and multiple trees provided cool shelter for everyone to enjoy and mingle. 145 members, relatives and friends eagerly awaited the generous spread of food; hamburgers, hot dogs, pork chop on Portuguese buns, corn salad, macaroni salad, and green salad. The children are always a delight to watch. Leo Xavier led the games, and they were thrilled with all coming out winners, as they tore open their prizes.

The stream of dessert began with cool watermelon, sweet and quenching on a hot summer's day. Delicious birthday cake was served after a chorus of 'Happy Birthday' for the July babies. Almond jello with fruit cocktail...a refreshing favorite, followed by coconut pudding sprinkled with toasted coconut. Rounding out our guilty pleasures...came creamy sago...all so yummy!

Once we leisurely continued visiting and enjoying the picnic, it was time to announce the happy lucky winners of the raffle. Thank you everyone ... we were able to raise \$501 for the scholarship fund as per email sent out by our president the day after.

A big thank you! Gratitude never ceases for all the hours and hard work undertaken by the president, directors, cooks and many helpers. Every little bit helps....all this participation helps make this a success and truly....“our annual summer picnic”.





Russian River Camp Canoe Trip

by Maria Roliz



What a perfect weekend to camp and canoe on the Russian River! The weather was absolutely perfect as we pulled into our group campsite at Mirabel Park for 2 nights of tent-camping August 12 and 13. This annual Lusitano Russian River camping and canoe trip attracts all ages from as far as Brasil and Southern California as we all meet to enjoy the natural outdoor beauty and tranquility of the Russian River. In attendance were seasoned campers plus many first-timers ranging in age from 6 months to 72 years old. All enjoyed and all did well!

As tents popped up throughout the day, chattering filled the air as many reconnected in excitement for this popular annual event. By nightfall, the aroma of delicious meals being prepared wafted through the area. After dinner, many surrounded the campfire to roast marshmallows and enjoy the music and dancing.

The next morning, our group numbering 70-plus walked over to adjoining Burke's Canoe to meet with other Lusitano day participants to gather our canoes for the 10-mile, 6-hour journey down the breathtaking Russian River. The children were delighted

to swim and dive from the various beaches and bluffs along the river as we stopped for lunch or to re-group. As we rounded the last bend, you could see how relieved everyone was to be able to beach their canoes and board Burke's bus for a ride back to the base camp *in lieu* of having to paddle 10 miles back upstream.

With a full day on the river, everyone was ready to shower up and enjoy the much anticipated Saturday potluck dinner. There was such a variety of good food from the many good cooks at camp. In particular, many enjoyed Ken Harper's chicken with garbanzo bean dish "Galinha a Grão-de-bico". (*Ken has graciously shared his recipe as featured on page 17 of this Bulletin issue*).

Many new friends were made as we parted ways after such a fantastic and fun weekend on the Russian River.

See you all next year August 18 - 20, 2017 for our next Russian River trip!



Macau Cultural Center “MCC”

by Maria C. Roliz, President “MCC”

The Macau Cultural Center has been running smoothly thanks to the help of our volunteers checking periodically and making sure our building is well maintained. We just completed our 5-year fire and sprinkler system update and testing which cost us quite a sum. Fortunately, with our positive rental income we are able to take care of all our required maintenance work.

Our center and ballroom is a very popular venue for birthdays, baby showers, weddings, and other gatherings when not in use for our own Casa events and language classes. Consider hosting your next event at our Center!

Macau Cultural Center Hall Rental Rates

Casa members: \$400/day General public: \$700/7 hours

Contact Maria Roliz to book your event at 415.9905534
or email macauculturalcenter@gmail.com

Portuguese Language & Cultural Classes **Sponsored by Fundação Luso-Americana & MCC**



Beginners classes with professors Aurelio Dias-Ferreira & José Luís da Silva have started. Classes are every other Sunday 1:30-3:30pm and open to all that are interested. **Sundays Sept 11, Sept 25, Oct 9, Oct 23, Nov 6, Nov 20.** *Cost: Casa members \$30 (Non-members \$180).* **Intermediate**

classes start Oct 9. Contact Maria Roliz at 415.9905534 or macauculturalcenter@gmail.com to register.

Mandarin Classes Series 3 to start again soon! **Sponsored by Fundação Jorge Álvares & MCC**

Our teacher, Ms. Jiani Zhang, is on maternity leave and we are now interviewing for a new teacher to start back our Sunday morning classes. Please contact us at macauculturalcenter@gmail.com or 415.9905534 for the new class schedule if you are interested in learning Mandarin. *Cost: Casa members \$30 (Non-members \$180).*

Upcoming 2016 MCC Event

October 16th Mass & Lunch to celebrate Our Lady of Fatima

October 23rd Welcome Lunch for Joaquim Magalhães de Castro



NOSSA SENHORA DE FÁTIMA CELEBRATION

*Sponsored by Macau Cultural Center
and Fundação Oriente, Lisbon, Portugal*

SUNDAY, OCTOBER 16, 2016

11:15 AM MASS

ST. ANNE'S CATHOLIC CHURCH

1600 ROSSMOOR PARKWAY

WALNUT CREEK, CA 94595

12:30 PM LUNCH

**CLUB ROOM, CREEKSIDE CLUBHOUSE
ROSSMOOR**

*Directions: Tell Security you are going to Creekside
Clubhouse. After clearing Security, go straight on Rossmoor
Parkway. After the 3rd STOP Sign, turn Right into Parking lot.
Club Room is 1st room on the right when entering the Clubhouse.*

COST:

**\$12.00 FOR CASA DE MACAU,
LUSITANO & UMA MEMBERS**

\$20.00 FOR NON-MEMBERS

(No refunds for no shows)

Please RSVP by October 5 with names of attendees to

macauculturalcenter@gmail.com

or Flavia Greubel at (925) 930-8672

Mail check payable to:

MACAU CULTURAL CENTER

582 Market St # 1905, San Francisco, CA 94104

Become a "Friend of the Macau Cultural Center"

Donations are greatly appreciated to help maintain our Cultural Center owned jointly by our three USA Casas for the preservation and promotion of our Macanese Culture and Heritage. Become a "Friend of the Macau Cultural Center". Donations can be mailed to Macau Cultural Center, 582 Market St #1905, S. F., CA 94104.

THE MACAU CULTURAL CENTER

Cordially invite all fellow Macanese or “Filhos da Terra”
to join us on

Sunday, October 23, 2016 10:30am

at

MACAU CULTURAL CENTER

109 J Street, Fremont, CA 94536

for a Special Event welcoming

Joaquim Magalhães de Castro

**A Portuguese researcher and journalist commissioned
by the International Institute of Macau to
Research on the Macanese Diaspora in North America.**

Joaquim hopes to meet as many Macanese or “filhos da terra” during his visit for a personal interview and collect as many oral testimonies and video recordings to help with his research about the Macanese in the Diaspora, their identity, social effects, changes and their integration in the new reality. He is also very interested to meet and hear from the younger generation, the children and grandchildren of natives from Macau, and see how they identify with the territory of their ancestors. We hope you will be able to join us and share your stories with Joaquim on October 23rd or schedule a day to talk with him during his visit in the San Francisco Bay Area October 21 -30, 2016.

**A Macanese Lunch will be provided from
12 - 1pm**

Cost \$10 payable to Macau Cultural Center

**To be mailed to 582 Market St #1905, San Francisco, CA 94104
by October 13, 2016**

***RSVP to macauculturalcenter@gmail.com
or call Flavia at 925-930-8672***

This and That

RESEARCH ON THE MACANESE DIASPORA IN NORTH AMERICA

by Joaquim M. de Castro

The main objectives of my work:

1. Find, identify and recover the identity of Macau scattered throughout the world, assuming here special highlight the Macanese side of it. With this I mean: I want to give the most importance to the “real” Macanese people, the so called “filhos da terra”, although I also be interested in meeting other Macanese (Chinese or from other origins)
2. Discovering Macau uniqueness in the world. How the “filhos da terra” adapted to other realities; what they become after their fruitful sharing with people from other origins and cultures; etc.
3. Find out the points of convergence between the contacted people and the natives or descendants of Macau natives, always taking the territory as a reference point.
4. Collect all possible oral tradition, recording testimonies of people still living or family and friends of those who have died.
5. Give a special emphasis on young generation, the children and grandchildren of natives from Macau, and see how they identify with the territory of their ancestors.

I take the liberty to quote the words written by Aurea Meyer, President of Casa de Macau no Canada, in order to convoke the fellow members of her community. I think her words say it all and, obviously, also apply to the Californian “filhos da terra”:

“As a community in diaspora, we know too well that our heritage is fading because the “water we swim in” is changing. I urge you not to let our “Macanese” existence become obscure. Leave a great legacy. Take full advantage of this golden chance to record your story. You have so much to be proud of. You come from a long line of courageous and adaptable people who were resourceful, adventuresome and caring; and who resettled far from home with great success. Some drawn by new places or better jobs. Others displaced by internal conflict or war. Your story will never fail to nourish, sustain and inspire others, especially your descendants. After all, it actually happened and it tells a lot about who you are, what you can do and have done”.

Joaquim M. de Castro will be visiting San Francisco Oct 21-30, 2016. A luncheon at the MCC will be hosted on Oct 23 to assist him in making contact and setting up interviews during his stay to complete his research. See details on flyer p.12.

CYNTHIA CARION TIES THE SAN FRANCISCO “ALL CITY FINALS” RECORD FOR LONG JUMP

by Michael Carion



We would like to send a note of recognition to our youth member, Cynthia Carion, who competed in the Long Jump event at the San Francisco All City Track and Field Finals.

The 2016 SFUSD Middle School All City Finals were held on April 25 - 29, 2016 at Kezar Stadium. It was five days of great competition and sportsmanship from all San Francisco middle schools.

Cynthia, at 5' and barely 100 lbs, was one of the smallest competitors on the field, but not only did she win first place in her event, but she tied the All City record with her jump of 15'.



She now shares the San Francisco Middle School record for the longest Long Jump that was previously set in 2012.

Congratulations,
Cynthia!



SUDOKU Solutions

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TRIBUTE TO A PAST LUSITANO PRESIDENT MERLINDE D'ASSUMPÇÃO BROWN October 2, 1936 - July 1, 2016

by Maria Roliz



On July 1, 2016, our community lost a very special woman and friend, our beloved Merlinde d'Assumpção Brown. Merlinde was born into the d'Assumpção family, a very traditional and prestigious Macau family and one that she was very proud of. Although she was well known to most as an accomplished school teacher for 30 years, Merlinde was a true Lusitano member, a past director and a past president of Lusitano.

During Merlinde's presidency at Lusitano, she was extremely hard working and very detailed oriented in any task she would undertake. Back in the mid-90s, Merlinde immersed herself in the preliminary fieldwork of obtaining a Lusitano clubhouse from the Fundação Oriente Portugal. Although never able to close a deal with them, she never gave up. Merlinde was also one of the pioneers at Lusitano in setting up Portuguese language classes. She loved to cook and would always try to bring a dish or two to our gatherings.

Since her move to Roseville, distance prevented Merlinde from being able to attend many of our Lusitano functions, however, miles never prevented her from attending her favorite ones because she would simply book that night at a nearby hotel. But always, Merlinde would keep in touch by dropping a note in the mail or a phone call. It was great seeing her and Ron at our 2014 Lusitano Christmas party at the San Mateo Elks Lodge despite her mobility problems, as they once again stayed overnight at a nearby hotel to attend.

It was truly a privilege to have worked on the Lusitano Board with Merlinde. Our hearts and prayers go out to her loving husband Ron, children Bridgette and Michael, and grand-children Sierra, Austin and Joshua, all of whom she all adored immensely.

May you rest in eternal peace and may perpetual light shine upon you, our dear Merlinde.



Notice of Annual General Meeting of Members & Elections 2017 February 12, 2017

Dear Members:

An Annual General Meeting of Members of the Lusitano Club of California, a California non-profit mutual benefit corporation (the “Lusitano Club”), will be held at 2:30pm on Sunday, February 12, 2017, at Macau Cultural Center, 109 J Street, Fremont, CA 94536, for the following purposes:

1. To elect a board of up to eleven (11) directors, including four (4) directors who will also serve as President, Vice-President, Treasurer or Secretary, to serve for the ensuing year and until their successors are elected; and

2. To consider and act upon such other matters as may properly come before the meeting or any adjournment thereof.

Only Members of record at the close of business on September 20, 2016 are entitled to notice of and to vote at the meeting or any adjournment thereof. For eligible Members who will not attend the meeting in person, absentee ballots and proxies will be mailed out by the Club by December 31, 2016. Absentee ballots and proxies must be signed, dated, and received by mail to the Lusitano Election Committee, 1527 46th Ave, San Francisco, CA 94122 by February 11, 2017 or by hand delivery before the call for votes at the meeting on February 12, 2017.

Nominations for directors and officers in writing stating the name of the Member nominated and, if applicable, the officer position for which such Member is nominated, must be submitted to the Lusitano Nominating Committee, 582 Market Street # 1905, San Francisco, CA 94104, by mail or via fax to 415.3970835 to be received no later than December 16, 2016. All voting Members 18 years of age and over on record at the close of business on September 20, 2016 are qualified to be a director. List of nominees will be available after December 18, 2016.

By Order of the Board of Directors
Lusitano Club of California

September 20, 2016

Recipes

Galinha a Grão-de-bico

by Ken Harper

Ingredients:

3 tablespoons olive oil
3-4 lbs of chicken, skin-on preferred or a whole chicken cut up,
rinsed and blotted dry with a paper towel
(personally I use skin-on deboned chicken thighs and a few breasts)
1 onion (or 2-3 shallots), minced
4 cloves of garlic, crushed
2 tablespoons tomato paste
2-3 fresh tomatoes, diced
1 link of Portuguese linguica, cut in strips
1 Bay leaf
1 tablespoon Aleppo pepper (or spicy paprika)
1-2 cans garbanzo beans (chickpeas), drained (hand-peeled if desired)
2-3 cups of water & 1 tsp salt, or chicken broth (with some dry white
wine if you prefer)
½ can black olives

Directions:

1. Heat Pan. Add oil. When oil is hot, using tongs add chicken pieces in batches and fry until lightly golden on all sides taking care not to crowd. Set aside chicken and reserve for later.
2. Pour off excess oil, leaving 3-4 tablespoons of drippings in pan.
3. Sauté onion in drippings till translucent and soft, stirring occasionally so they do not brown. Add garlic and sauté for a minute until fragrant. Add tomato paste, fresh tomatoes, and Aleppo pepper and stew until it turns to a paste and begins to caramelize (10 mins).
4. Add linguica and stir a few minutes until it starts to release its fat, then add the garbanzos. Stir, then re-introduce chicken. Add the bay leaf and the water (or chicken broth and wine), enough to cover the chicken and beans.
5. Heat everything until liquid reaches boiling point, then immediately reduce temperature and allow to simmer for 20 mins. Then add olives and simmer for another 20-30 mins until everything is cooked and tender and flavors are blended.
(You may also de-bone the cooked chicken prior to service).
Add any additional salt and pepper and serve over rice or with some dinner rolls.

SUDOKU

THE RULES OF SUDOKU

Fill a number in to every cell in the grid, using the numbers 1 to 9. You can only use each number once in each row, each column and in each of the 3x3 boxes

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*Solutions
on page 14*

LUSITANO BULLETIN

A quarterly publication sponsored by Fundação Oriente & Lusitano Club of California (a non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately.



Books for Sale

We carry a list of books for sale at Lusitano. To inquire please email lusitanoclubusa@gmail.com or call Maria Roliz at 415.9905534 for our latest list. Partial proceeds benefit the Lusitano Scholarship fund or "MCC"

Lusitano Club Shirts for Sale

Order your Lusitano Club shirt or jacket today.



Available in small, medium, or large sizes. All with embroidered logo as pictured.

Contact Club Treasurer
Chris daRoza if interested!
Black or White T-shirts \$15
Black or White Polos \$25



Lusitano Bulletin Contact Info

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Bulletin Photos: Courtesy of

Huitier Choi, Robert Roliz & Jojo Xavier

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LUSITANO CLUB OF CALIFORNIA
582 MARKET STREET, #1905
SAN FRANCISCO, CA 94104



Lusitano Russian River Canoe Trip - August 13, 2016